

# COME AND TRY CURLING FOR **FREE** THIS NOVEMBER AT KINROSS CURLING



## CURLABILITY 2023

A free **TryCurling** session for people with any form of disability, lead by experienced coaches followed by a free social lunch for all taking part.



Thursday

**November 9th**



**Kinross Curling**



**11.45am-3:00pm**

- Learn the basics with a qualified coach
- Get on the ice and give it a go yourself
- Enjoy a **FREE** lunch with tea, coffee and chat about your experience
- Receive information about how to keep playing or join a club

**To sign up please visit:**

[scottishcurling.org/curlability](https://scottishcurling.org/curlability) or scan the QR code to the right and complete the sign-up form. Numbers are limited so sign up as soon as possible to guarantee your space.

For any further information please email [development@scottishcurling.org](mailto:development@scottishcurling.org)



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