

Ethics Policy

Reviewed by Board – January 2023

Sport and physical activity are important. They can have a huge impact on participants with disabilities lives, bringing them together and providing physical, social and psychological benefits. They can build communities.

Sport and physical activity at the local level can help to establish a community's values, create harmony and even improve an area's economy. It is important that sport and physical activity are played, officiated and governed fairly. All of us who participate in sport and physical activity, whether as athletes, administrators, officials, coaches or supporters – must take personal responsibility for ensuring that sport and physical activity is fun, inclusive and fair for all. If we fail to do so, we will all suffer, and so will our sport and physical activity. It is therefore essential that we maintain high ethical standards.

But what does that mean? There is no simple answer to this question, but it's clear that ethics is not just about shaking someone's hand at the end of a game. Instead, having high ethical standards is an ongoing process of learning and improvement. One workable definition is that ethics in sport and physical activity is the systematic application of moral rules, principles, values and norms. Creating a culture which is inclusive and welcoming.

The golden threads of inclusion and equality are fundamental to everything we do at Scottish Disability Sport and physical activity and the values that we have embedded within our strategic plan underpins everything that we do, these values are:

INCLUSION

Addressing the needs and aspirations of all individuals

RESPECT

Considering different opinions and rights of all individuals – participant centred

INTEGRITY

Underpinning all actions by what is morally right and honest

AMBITION

Finding innovative and creative solutions

At Scottish Disability Sport, we take ethics very seriously and we actively promote ethical participation in sport and physical activity and physical activity through a wide range of policies and programmes including:

- Equality Policy and the Equality Standard
- Wellbeing and Protection Policy
- Code of Conduct
- Anti-Doping Policy
- Classification Policy
- Valuing People
- Data Protection Policy

Establishing, living and embodying ethical values is imperative to the successful running of sport and physical activity for participants with disabilities.