



Boccia Bonanza

The Rules of Boccia

HOW TO PLAY THE GAME OF BOCCIA

GETTING STARTED

You can watch a 75 second video to get the gist of the game [here](#) or visit boccia.scottishdisabilitysport.com

GETTING ORGANISED

Boccia is a seated game, so you make sure you have chairs or benches for the players. If you do not have chairs or benches then the game can be played standing but only if all players can play from a standing position. If one of the players is seated then all players in the game should also be seated.

The game involves 2 sides playing against each other and can be played as a:

- **Singles game:** 1 against 1, each player has 6 balls and 4 ends are played
- **Pairs game:** 2 against 2, each player has 3 balls and 2 ends are played
- **Team game:** 3 against 3, each player has 2 balls and 6 ends are played

An **END** is where all the balls have been thrown. The score should be noted for each end.

The game is played using a set of **BOCCIA BALLS** and this set contains 13 balls: 6 red balls for one side, 6 blue balls for the other side and one jack ball which is white.

If you do not have a set of boccia balls, gather together 13 balls, beanbags or other suitable objects. Make sure that you can tell the difference between the jack ball, and both sets of 6 balls. This will make it easier to tell which side each ball belongs to.

Mark out a **COURT** to play the game. The competition court is 12.5m by 6m which is roughly the size of a badminton court. You will have to adjust the size of your court/s depending on how much space you have.

It should be a smooth flat court marked with 6 boxes at one end. The boxes are for the players in the game and each player stays in the same box for the whole game. There is no changing of positions in the boxes between ends.

SINGLES

Each player positions themselves in their box.

- Red player in box 3
- Blue player in box 4

PAIRS

- Red players in boxes 2 and 4
- Blue players in boxes 3 and 5

TEAMS

- Red players in boxes 1, 3 and 5
- Blue players in boxes 2, 4 and 6





Boccia Bonanza Court Layout

