

TOKYO 2020 SUMMER PARALYMPIC GAMES SCHOOL & BRANCH RESOURCE



**Scottish
Disability Sport**

*sport and physical activity in Scotland are welcoming and inclusive
for participants with disabilities*



SOMEITY TOKYO PARALYMPIC GAMES MASCOT

Someity is named after someiyoshino, a type of cherry blossom, and echoes the English phrase "so mighty"

Tokyo 2020 Summer Paralympic Games School & Branch Resource

This resource has been produced to provide you with information on the Tokyo Summer Paralympic Games being held between 24 August and 5 September 2021. The main focus of this resource is to raise awareness of the Paralympic Games and the Scottish para-athletes competing as part [ParalympicsGB](#) in Tokyo. Within this resource there are many links that you can follow to access more information on many different aspects of the Paralympic Games.

SDS has tried to anticipate questions you may wish to know the answer to such as:

- What are the Paralympic Games?
- What is the Paralympic Symbol?
- Who are the Scottish para-athletes and what sports are they competing in?
- How are Paralympians classified to make competition fair?
- Factfiles and videos about each of the sports that Scottish para-athletes are competing in (except target shooting).
- Where to go for further information.

In addition to the content listed above we have included the SDS Schools Boccia Resource and an Interactive Fact Sheet which learners can use to do their own research about the Scottish para-athletes.

We hope you enjoy using the information in this resource. If you require further information, please don't hesitate to get in touch. If you or anyone you know would like to engage in disability sport at any level please contact us, Scottish Disability Sport, by emailing admin@scottishdisabilitysport.com or phoning 0131 317 1130 and we will support you/them to get involved.



What are the Paralympic Games?

A Summer or Winter Paralympic Games is the highest level of competition available to the world's leading athletes with disabilities. Paralympic Games are of the same standard as the Olympic Games and available only to the world's leading athletes with disabilities. The process of qualification is rigorous and robust and representative athletes must meet strict performance and classification criteria. The four-yearly Paralympic Winter and Summer Games follow the Winter and Summer Olympic Games in the same city. Due to challenges with classification, events for Paralympic athletes with a learning disability were removed after the Sydney Games in 2000 and re-introduced in London 2012. The Paralympic Games now include events for athletes with a physical or visual impairment or learning disability. Athletes who are deaf compete in the Deaflympics.

The Paralympic Games were developed after Sir Ludwig Guttman organised a sports competition for British World War II veterans with spinal cord injuries in England in 1948. A follow-up competition took place in 1952, with athletes from the Netherlands joining the British competitors. In 1960 the first quadrennial Olympic-style Games for athletes with disabilities were held in Rome; the quadrennial Winter Games were added in 1976, in Sweden. Since the Seoul 1988 Olympic Games (and the 1992 Winter Olympics in Albertville, France), the Paralympic Games have been held at the Olympic venues and have used the same facilities. In 2001 the International Olympic Committee and the International Paralympic Committee agreed on the practice of "one bid, one city," in which every city that bids to host the Olympics also bids to hold the related Paralympic Games.

What is the Paralympic Symbol?

The Paralympic Symbol (three Agitos) consists of three elements in red, blue and green – the three colours that are most widely represented in national flags around the world. The three Agitos (from the Latin meaning "I move") encircling a central point symbolise motion and emphasise the role of the Paralympic Movement in bringing athletes together from all corners of the world to compete. The symbol also reflects the Paralympic Motto, "Spirit in Motion," representing the strong will of every Paralympian. The Paralympic Symbol also emphasises the fact that Paralympic athletes are constantly inspiring and exciting the world with their performances: always moving forward and never giving up.

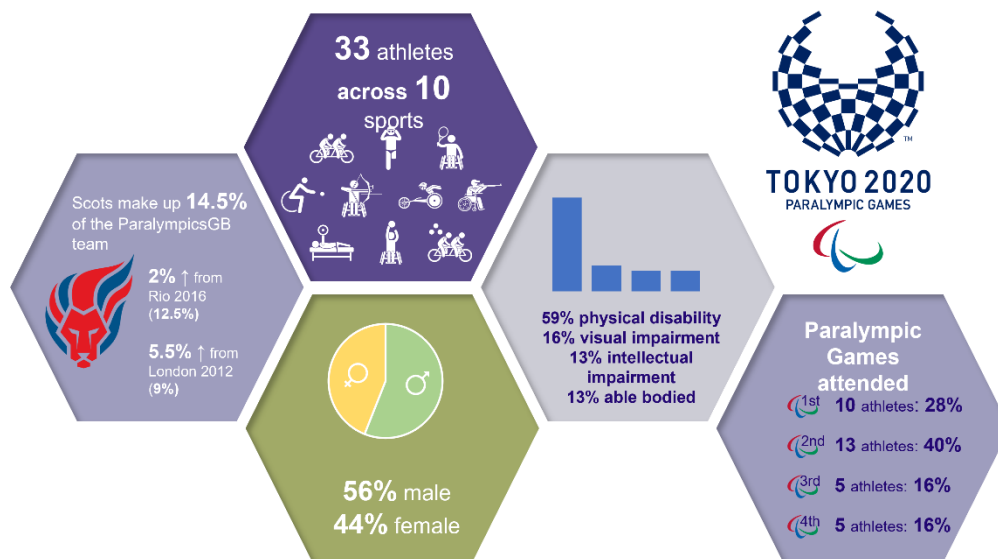
The current Paralympic symbol (below) was launched at the Closing Ceremony of the Athens 2004 Paralympic Games.



Tokyo 2020 Paralympic Games 24 August – 5 September 2021

The size and diversity of the Paralympic Games have increased greatly over the years. The Paralympic Games in 1960 hosted 400 athletes from 23 countries participating in eight sports. Just over 50 years later, at the 2012 Summer Paralympic Games in London, more than 4,200 athletes representing 164 countries participated in 20 sports. The Tokyo 2020 Summer Paralympic Games will welcome 4,400 para-athletes from 160 countries to compete in 22 sports for 537 medals.

A record number of female para-athletes will be competing in Tokyo. At least 40.5% of all the athletes will be women, which equates to 1,782 athletes, an increase on the 1,671 women who competed at Rio 2016 (38.6%). For the first time all the competing National Paralympic Committees will also be encouraged to have their flag carried by one female and one male athlete at the Opening Ceremony. [Click here](#) for more information.



Scottish Disability Sport (SDS) is immensely proud to see 33 Scottish para-athletes selected to represent ParalympicsGB at the upcoming Summer Paralympic Games in Tokyo. 14% of the ParalympicsGB Team are Scottish. This is the same number of Scots who were selected for the 2016 games in Rio, and testament to the continued success of Scottish athletes on the international stage.

This level of representation is testament to the hard work and inclusive approach of SDS's key partners and Scotland's Governing Bodies of Sport, and not least in part to the endeavours and determination of those athletes selected to represent ParalympicsGB in Tokyo.

We wish all 33 para-athletes, their coaches and support staff every success in Tokyo. We will be watching and supporting you every step of the way.

SDS is committed to supporting the full inclusion of participants and athletes within Scottish sport and supporting those with potential to progress. If you are inspired by the success of Scottish athletes during the Tokyo Games and want to get involved, then why not contact us at SDS and we can support you to find your sport.

Who are the Scottish para-athletes?

Introducing the Scottish para-athletes: 33 athletes (including ramp assistants, guides and pilots).
Click on their profile to find out more about them.

BOCCIA



[Scott McCowan, BC3
South Ayrshire](#)



[Linda McCowan, Ramp Assistant
South Ayrshire](#)



[Jamie McCowan, BC3
South Ayrshire](#)



[Stephen McGuire, BC4
South Lanarkshire](#)



[Gary McCowan, Ramp Assistant
South Ayrshire](#)

PARA ARCHERY



[Nathan Macqueen, Compound Open
West Lothian](#)

PARA ATHLETICS



[Ben Rowlings, T34
Falkirk](#)



[Libby Clegg MBE, T11
Scottish Borders](#)



[Owen Miller, T20
Fife](#)



[Derek Rae, T46
Fife](#)



[Maria Lyle, T35
East Lothian](#)



[Samantha Kinghorn, T45
Scottish Borders](#)



[Jo Butterfield MBE, F51
Doncaster](#)



[Melanie Woods, T54
Glasgow](#)



[Stefanie Reid MBE, T64
Loughborough](#)

PARA CYCLING



[Aileen McGlynn OBE
Glasgow](#)



[Jenny Holl
Stirling](#)



[Neil Fachie MBE
Aberdeen](#)



[Finlay Graham
Highland](#)



[Lewis Stewart
Stirling](#)

PARA SHOOTING



[Lesley Stewart](#)
[Perth & Kinross](#)

PARA SWIMMING



[Andrew Mullen](#)
[S5 SB4 SM5](#)
[Glasgow](#)



[Louis Lawlor](#)
[S14 SB14 SM14](#)
[Glasgow](#)



[Stephen Clegg](#)
[S12 SB12 SM12](#)
[Scottish Borders](#)



[Conner Morrison](#)
[S14 SB14 SM14](#)
[Aberdeenshire](#)



[Scott Quin](#)
[S14 SB14 SM14](#)
[Midlothian](#)



[Toni Shaw](#)
[S9](#)
[Aberdeen](#)

PARA TRIATHLON



[Alison Peasgood](#)
[Fife](#)



[Hazel Macleod](#)
[Edinburgh](#)

POWERLIFTING



[Micky Yule](#)
[Edinburgh](#)

WHEELCHAIR BASKETBALL



[Jude Hamer, 4.0](#)
[Devon](#)



[Robyn Love, 3.5](#)
[South Ayrshire](#)

WHEELCHAIR TENNIS



[Gordon Reid MBE](#)
[Argyll & Bute](#)

Where can I find more information about the Scottish para-athletes?

SDS has produced an [Interactive Fact Sheet](#) that can be used by learners to do their own research about the para-athletes in the following areas:

- Sport
- Gender
- Age
- Disability
- SDS Member Branch
- Which region they live in.

How are Paralympians classified to make competition fair?

All para-athletes go through a process called classification. This is a process by which Paralympic athletes are placed in the most appropriate group for competing following an assessment of their impairment. An [easy read guide](#) accompanies the [Classification Video](#) for people with a learning disability. This can be used alongside the video.

The [LEXI System](#) was developed by triple Paralympic gold medal winning swimmer Giles Long MBE to provide an overview of classifications in each sport in a language that the audience understands.

When are the Scottish para-athletes competing?

[This schedule will inform you of when the Scottish para-athletes are competing.](#)

What sports are the Scottish para-athletes competing in?

Although there are 22 sports on the Paralympic programme the Scottish para-athletes will compete in the 10 sports highlighted in the table below. We have provided videos and documents of each of the sports. Click on the links to find out more about the sports and their Scottish Governing Body.

BOCCIA	Scottish Disability Sport	Fact File	Video
PARA ARCHERY	Scottish Archery	Fact File	Video
PARA ATHLETICS	Scottish Athletics	Fact File	Video
PARA CYCLING	Scottish Cycling Association	Fact File	Video
PARA SHOOTING	Scottish Target Shooting		
PARA SWIMMING	Scottish Swimming	Fact File	Video
PARA TRIATHLON	Triathlon Scotland	Fact File	Video
POWERLIFTING	Scottish Powerlifting	Fact File	Video
WHEELCHAIR BASKETBALL	Basketball Scotland	Fact File	Video
WHEELCHAIR TENNIS	Tennis Scotland	Fact File	Video

Other Useful Links to Paralympic social media

<https://www.youtube.com/c/paralympics>

More information about the Paralympic Games can be found on the Paralympic website:

<https://www.paralympic.org/>

Like and follow the Paralympic Games:



SDS Boccia Schools Resource

Introduction to
Boccia Bonanza
a resource for teachers and leaders



As you will have noticed, boccia is one of the Paralympic sports featuring in Tokyo 2020.



SDS has produced the [Schools Boccia Resource](#) to support teachers, coaches and leaders to deliver an introduction to boccia as a fun activity. The resource can be used as independent sections or can be worked through to enable the user to gain a fuller understanding of the game. The resources can be downloaded and used with groups.



We hope you enjoy using this resource.

Further Information

We hope you have enjoyed using this resource. If you would like more information on the content in this resource or the schools boccia resource, please contact Scottish Disability Sport by emailing admin@scottishdisabilitysport.com or phoning 0131 317 1130.



**Scottish Disability
Sport**