

SUMMER CAMP 2021 SHETLAND



Ability Shetland Summer Newsletter

09/08/2021

12/08/2021



How do you make your summer holidays memorable? You come along to Ability Shetland's Summer Camp of course!

With everything from walking rugby to jumping off rocks into the North Sea this week had something for everyone. Over forty children, young people and adults came together to participate or volunteer to make this summer camp a success.

A huge thank you to Shetland Rugby Club, Pete Richardson, Shetland Islands Council's Outdoor Education & Activities Officer and all our volunteers for delivering our activities across the week.

Keep reading to find out more.

"It was fun, please can you do more stuff like this." *Dry Day and All Ability Rugby*

"Loved interacting with everyone." *All Ability Rugby*

"Its great for children with all abilities to attend sports" *All Ability Rugby*

"Service users had fun and there was no pressure to join in. Everyone participated as much as they felt able to... It was a great social event." *Walking Rugby*



Ability Shetland

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ALL ABILITY RUGBY

Following on from the success of the All Ability Rugby taster sessions earlier on this year, Shetland Rugby Club delivered two Primary School sessions. In dramatic Shetland style the heavens opened for one of the sessions, but don't worry, rain won't stop us. Children were able to learn how to pass and run with the ball. By the end of the sessions all children participated in a touch game of rugby. A highlight of the day was tug of war against the adults.



WET DAY

Our brave young people took the plunge and went coastering in the North Sea. Scrambling over rocks and then jumping off the end of them was one of many highlights from the day. Not only did they explore caves, but they spotted seals and amazing birds. Cold won't stop these hardy bunch.



DRY DAY

There are few places like Eshaness anywhere in Scotland. Our Dry Day saw our young people take in some of the most amazing views Shetland has to offer. Having the opportunity to be safely guided down some of the cliffs added to the day as young people were able to get even closer to the water and Puffins. This will be a day they won't forget.



WALKING RUGBY

Rugby is for everyone! This statement could not be more accurate on this day. Everyone was welcome to try their hands at walking rugby even if they had never played before. With the help of Shetland Rugby Club four teams of seven played in Shetland's first walking rugby competition. In the spirit of friendly competition all sides won. Watch this space for more walking rugby in the future.

