



Basketball for Disabled People in Scotland

This fact sheet provides an overview of basketball for participants with disabilities in Scotland, while also providing an overview of clubs and opportunities across the country.



Overview of Basketball

Basketball is a fun, exciting and inclusive sport which can be played by all people of any age, gender or ability.

The game can be played in different formats - running, walking or wheelchair basketball - and can be played full court 5v5 or half court at one basket 3x3.

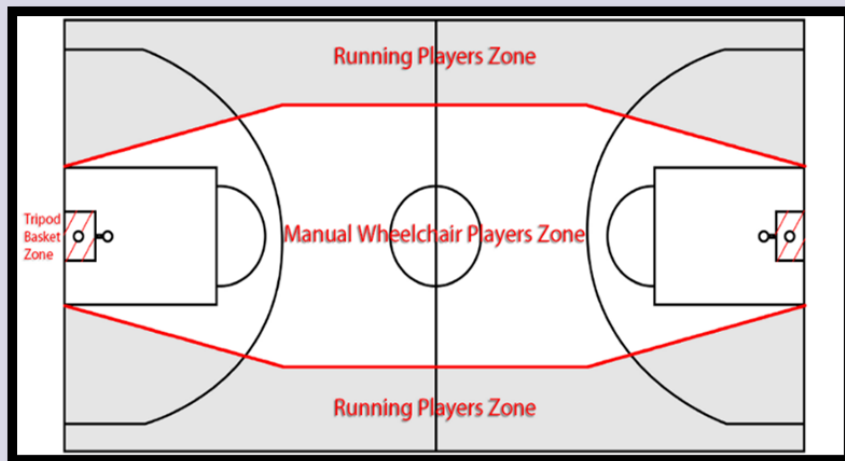


In Scotland there are clubs which provide opportunities for athletes to train and play recreationally right through to more competitive opportunities.

Inclusive Zone Basketball

Inclusive Zone Basketball (IZB) is a 4-a-side game, developed to enable running and wheelchair basketball athletes to play together on the same court.

The zones used enable both running and wheelchair basketball athletes to be matched in their abilities within these zones.



Classification

Recreationally, basketball is a great sport for anyone to play, however to be considered for higher level competition athletes are required to go through an official classification process.



You can find further information on wheelchair basketball classification here:
[British Wheelchair Basketball Guide to Classification](#)

Coach Education

basketballscotland have a number of inclusive courses to support people interested in developing their coaching knowledge and experience:

Make It Happen

Practically based course for anyone wishing to gain a fundamental understanding of leading and officiating basketball

Level 1 Coach Award

Fun and interactive course which is the first formal level of the basketball coaching qualification pathway

Level 2 Coach Award

For coaches looking to progress their coaching knowledge to be able to design, deliver and lead training sessions and competitive game coaching

Level 2 Wheelchair Basketball Coach Award

Delivered through British Wheelchair Basketball, this course is for coaches wishing to develop their knowledge and understanding of coaching wheelchair basketball training sessions and competitive game coaching





Caledonia House
Edinburgh EH12 9DQ

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Disability Talent & Pathways Manager

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Lothian Phoenix Wheelchair Basketball Club

Tues/Thurs - 7-9m (seniors), 7-8pm (juniors)
Armadale Academy, West Main Street
Armadale EH48 3LY

Leeanne Darrien

TBC

TBC



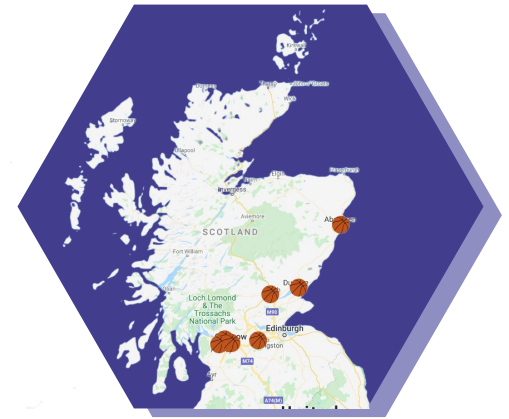
West of Scotland Wheelchair Sports Club (Glasgow Rolling Rocks)

Details TBC

Gary Davidson

07539 172 319

garydavidson1a@gmail.com



Grampian Flyers Wheelchair Basketball Club

Monday 6-7pm (juniors), 7-10pm (seniors)
Beach Leisure Centre
Aberdeen AB24 5NR

Kirsty Smith

kirsty@flyerswheelchairbasketball.co.uk



Dundee Dragons Wheelchair Sports Club

Wed 6-8pm, Sat 10am-12pm
Dundee & Angus College Gardyne Campus
Dundee DD5 1NY

Gemma Lumsdaine

gemma.lumsdaine@dundeedragons.net

07702 490 710



Perth Eagles Wheelchair Sports & Boccia Club

Friday 6-7pm, Letham Community Hub
Tweedsmuir Road, Perth PH1 2HJ

Graeme Doig

graeme@pkds.org.uk

07999 544 549



Scottish Women Warriors Wheelchair Basketball Club

Thursday 7-9pm, St Thomas Aquinas School
Mitre Road, Glasgow G14 9PP

Karen Carruth

karencarruth01@gmail.com

07764 299 773



Glasgow City Basketball Club (inclusive session)

TBC

William Cameron

williamcameron919@btinternet.com

07785 764 938



Glasgow Eagles Sports Club (Special Olympics)

Thurs 3-5.30pm (juniors), Sat 12-2 (seniors)
Glasgow Club Donald Dewar
220 Garscadden Rosd, Glasgow G15 8SX

Alex Watt

alecglasgoweagles@hotmail.co.uk

07801 559 175



basketballpaisley (inclusive club)

Wed 3-4pm, Lagoon LC, Paisley PA1 1NB &
Riverbrae School, 2 Middleton Road,
Linwood, Paisley PA3 3DP

Liam Stevenson

development@basketballpaisley.club

07846 946 453



The Advisory Group (learning disabilities)

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