



**Scottish Disability  
Sport**

## **Scottish Disability Sport Annual General Meeting**

Online  
Sunday 27<sup>th</sup> September 2020

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**Leading inclusive sport in Scotland for  
participants and athletes with physical,  
sensory or learning disabilities**



# Welcome Remarks

**Catherine Goodfellow**

Scottish Disability Sport

Chair



# Scottish Disability Sport Annual General Meeting

Sunday 27<sup>th</sup> September 2020



## Branches

### Angus Disability Sport

Laura Smith OBE

### Ayrshire Sportsability

Dianne Campbell

Joan O'Sullivan

### Borders Disability Sport

Graham Cook

Ruth Hounam

Alan Oliver

### Dumfries & Galloway Disability Sport

David Denholm

Laura Vickers

### Dundee City Disability Sport

Kevin Rattray

### Disability Sport Fife

Richard Brickley OBE MBE

Paul Noble MBE

Gayle Sloan

Lucy Walkup

### Glasgow Disability Sport

Julie Cuzen

Denise Dunn

Irene Lochrin

Gordon McCormack OBE

### Highland Disability Sport

Josie Aitken

Lesley Jones

### Forth Valley Disability Sport

Eva Finlayson

Graham Harvey

Heather Ross

Angus Whyte

### Lothian Disability Sport

Jack Brodie

Helen Bruce

Kevin Ferguson

Lynda Gilroy

Richard Vallis

### Perth & Kinross Disability Sport

Calum Wood

### South Lanarkshire Disability Sport

Peter McGuire

## Athletes

Garry Brown

Meggan Dawson Farrell

Sarah Jane Ewing

Samantha Gough

Dominic Iannotti

Michael Kear

Maria Lyle

Peter McGuire

Stephen McGuire

Barbara McMillan

Eric McMillan

Aileen Neilson

Toni Shaw

## Coaches

Jamie Bowie

Bob Dick

Willie Pettigrew

Michaela Řiháčková

Anna Tizzard

## **Governing Bodies**

Kate Caithness  
Roger Holmes  
Shona Malcolm OBE  
Eilidh Paterson  
Willie Pettigrew  
Pamela Robson  
Jane Russell  
**sportscotland**  
Fiona Lilley

## **Additional Invitees**

Stephanie Bain  
Jeremy Balfour MSP  
Ross Christie  
John D'Ambrosio  
Ian Dunn  
Louise Gough  
Waiyin Hatton  
Carolyn Macfarlane  
Lisa Male  
Paul Marshall  
David McCrae  
Donna Murray  
Jackie Perez  
Iain Smith  
Lori Ure  
Robin Walker

## **Scottish Disability Sport**

Lynn Allison  
Jamie Arthur  
Jennifer Barsby  
Graeme Doig  
Kirsty Ewen  
Gary Fraser  
Mark Gaffney  
Louise Gillespie  
Lynne Glen  
Neal Herbert  
Cheryl Lappin  
Caroline Lyon  
Heather Lowden  
Gavin Macleod  
Andrew MacKenzie  
Sharon McDowell  
Ailien Pallot  
Alison Shaw

## **Management Board**

Catherine Goodfellow  
Claire Morrison  
Oliver Barsby  
Theresa Campbell  
Colette Martin  
Paul Queen  
David Rhoney  
Jay Runga  
Robert Wilson  
Bryan Winning

## **Young Persons Sports Panel**

Ross Foley  
Samantha Gough  
Lewis McConnell  
Fiona Rogers  
Caitlyn Ross  
Callum Sloan

**Patron**

Craig Brown CBE

**Branches**

Nancy Peters  
Shaun Powell

**Athletes**

Robert Barr  
Melanie Inness

**Governing Bodies**

Kim Atkinson  
Colin Hutchison  
Margaret Ann Fleming  
Stew Fowlie  
Tina Gordon  
Roddy Mackenzie  
Alan McMillan  
Nicola Scott  
Lyndon Williams

**sportscotland**

Stewart Harris  
John Lunn

**Additional Invitees**

Suzanne Hargreaves  
Heather Lockhart  
Claire MacDonald  
Craig McIntyre

# **Adoption of the Minutes of the AGM held**

**Sunday 15th September 2019**



# Presentation of Audited Accounts

## 2019-2020





## Chair



**Catherine Goodfellow**

## Finance Director



Paul Queen

# Election for Directors (Management Board) of SDS



**Colette Martin**



**Lori Ure**

# Re-appointment of Honorary Auditors

## 2020-2021



# Membership Subscriptions

## 2020-2021



# Company Matters

2020



# Scottish Disability Sport Annual General Meeting

Sunday 27<sup>th</sup> September 2020



# Scottish Disability Sport Annual General Meeting

Review of the Year & New Strategic Plan

Gavin Macleod

CEO





## Impact Areas 2017-2021

Scottish Disability Sport passionately believes in leading and developing inclusive opportunities and improving performance. This will ensure that any child, young person or adult with a disability can participate in sport and physical activity – no matter ability, geography or age. SDS will consolidate, develop and work in partnership to transform lives through the power of sport, focusing on the key areas:

### IMPACT AREA FOCUS: INCLUSIVE OPPORTUNITIES

- ensure equal opportunities for people with disabilities, young people and older people.
- ensure opportunities to participate are available for people with a range of disabilities, ages, genders, ethnicities, religions, sexual orientations and cultures.
- ensure opportunities to participate are available for people with a range of disabilities, ages, genders, ethnicities, religions, sexual orientations and cultures.

### IMPACT AREA FOCUS: IMPROVING PERFORMANCE

- support athletes to achieve their potential in competitive sport.
- work closely with clubs and sporting organisations to support people with disabilities to participate in competitive sport.
- support people with disabilities to participate in competitive sport.
- support people with disabilities to participate in competitive sport.

### IMPACT AREA FOCUS: CONSOLIDATING, DEVELOPING AND WORKING IN PARTNERSHIP

- ensure opportunities to participate are available for people with a range of disabilities, ages, genders, ethnicities, religions, sexual orientations and cultures.
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### IMPACT AREA FOCUS: SUPPORTING ATHLETES TO ACHIEVE THEIR POTENTIAL

- support athletes to achieve their potential in competitive sport.
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### IMPACT AREA FOCUS: COMMUNICATION

- ensure opportunities to participate are available for people with a range of disabilities, ages, genders, ethnicities, religions, sexual orientations and cultures.
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 @scottishdisabilitysport



Scottish Disability Sport  
 Inspiring Through Inclusion:  
 2017-2021  
 Leading inclusive sport in Scotland for participants and athletes with physical, sensory or learning disabilities.

## Building On Our Success

Scottish Disability Sport (SDS) passionately believes in the power of sport to transform lives and bring lifelong social, physical and psychological benefits for participants and athletes with a disability. The current profile of equality and inclusion is high, however there is still a need to adopt an explicit approach

to the development of strategy, policy and operational practice. For inclusion to become a reality, SDS with its member branches and key partners must build on progress already made and continue to lead the development of inclusive sport in Scotland. Inclusive sport initiatives in the last two years include:

**13 SDS BRANCHES**

**40% OF PARALYMPICSGGB** at the world para-olympic games were Scottish, with the remainder coming from other nations.

**66 SDS ACADEMY ATHLETES** signed up to SDS, with 25 taking part in the 2016 Rio Paralympics.

**32 SCOTTISH GOVERNING BODIES AND LOCAL CLUBS** supported to set up SDS.

**50% OF PARALYMPICSGGB** events were Scottish.

**1,848 YOUNG PEOPLE** were in regular contact and engaged with SDS.

**33 ATHLETES** (10% of ParalympicSGGB team) won medals at the Rio 2016 Paralympic Games.

**5 SPORTS, 22 EVENTS, 21 ATHLETES, 7 MEDALS** for the most successful ParalympicSGGB team at the Rio 2016 Paralympic Games.

**500+ INCLUSIVE TRAINING OPPORTUNITIES** and **7,000+ PARTICIPANTS**.

## Sports Inclusion Model

The Sports Inclusion Model (SIM) drives inclusion within physical education, physical activity and sport. The SIM provides open, modified, parallel and specific activity options appropriate to individual needs, abilities and settings.



THE SIM DRIVES INCLUSION WITHIN PHYSICAL EDUCATION, PHYSICAL ACTIVITY AND SPORT. THE SIM PROVIDES OPEN, MODIFIED, PARALLEL AND SPECIFIC ACTIVITY OPTIONS APPROPRIATE TO INDIVIDUAL NEEDS, ABILITIES AND SETTINGS.

## Strategic Pathway



Leading inclusive sport in Scotland for participants and performers with physical, sensory or learning disabilities.

## 1 Vision

- **Leading** inclusive sport in Scotland for participants and athletes with physical, sensory or learning disabilities

## 2 Overall Aims

- Develop opportunities
- Improve performance

## 3 Golden Threads

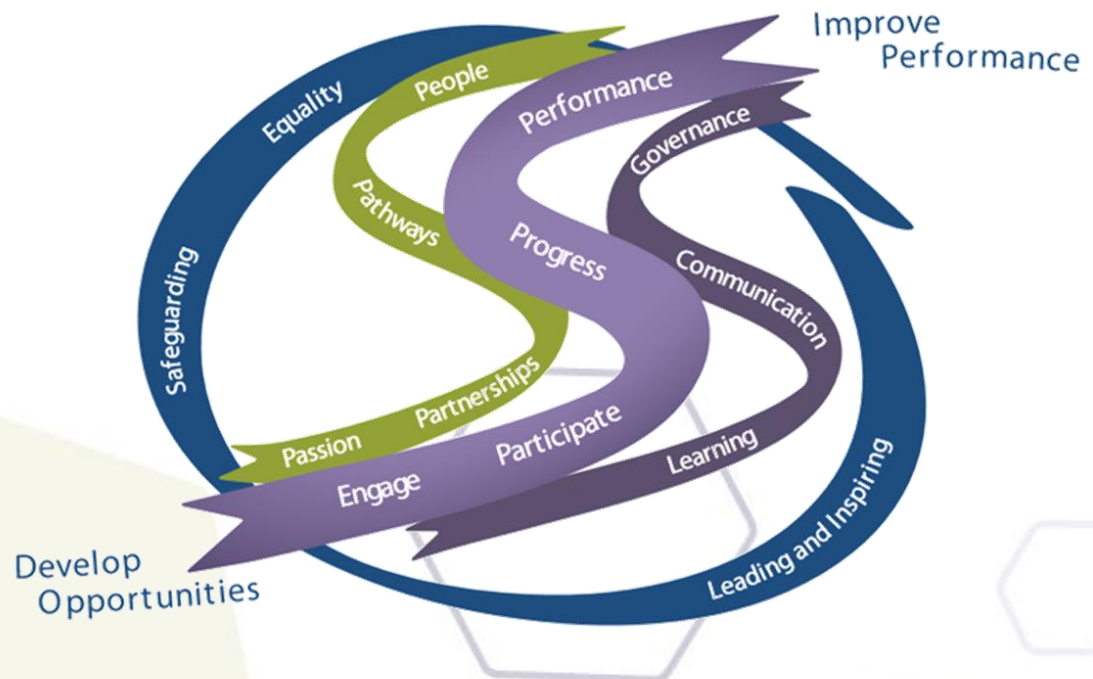
- Equality
- Safeguarding
- Leading & Inspiring

## 4 Underpinning Principles

- People
- Partnerships
- Pathways
- Passion

## 5 Impact areas

- Engage and participate
- Progress and Perform
- Coaching, Education and Learning
- Governance
- Communication





**Branch Communications** - A comprehensive regular update during lockdown has been distributed to all 13 member Branches to share information and provide guidance in an ever-changing environment.



**Regional Athlete Support** - SDS Regional Managers have reached out to athletes involved at a regional level to encourage engagement in group discussions and quizzes.



**Refreshed Website** - The SDS website was refreshed to make it more user friendly to access COVID-19 updates, resources and guidance over the period of lockdown.



**Tuesday Night Live** – Athlete Journeys 45-minute opportunities to hear about the personal journeys of Paralympians across a variety of sports.



**Young Start Programme** - A comprehensive and varied programme of daily activity: yoga, leadership workshops, making videos, sign language, online mentoring sessions and everything in between.



**Online Coach Workshops** - A varied programme of coach development workshops including classification, courageous conversations, self-reflection, coaching philosophy and much more.



**Be Active Be Well** - Supporting the development and online activity for volunteers, coaches, participants and athletes in response to feedback from individuals requesting additional support.



**National Bocce Squad Workshops** - The National Bocce Squad, coaches and volunteers were supported with a series of workshop some of which have been delivered in conjunction with Bocce UK.



**Virtual Parasport Days** - Designed to engage children, young people, adults and their families in activities including warm ups, physical activity, support for mental wellbeing and a Paralympic Quiz to round up the day.



**#GiveItAGo** - Established to encourage individuals and their families to get active and have fun by taking part in an inclusive activity card challenge programme.



**Boccia Bonanza Lockdown League** - Created to provide an opportunity to stay active within the sport during lockdown. The resource was adapted for home use and engagement through social media.

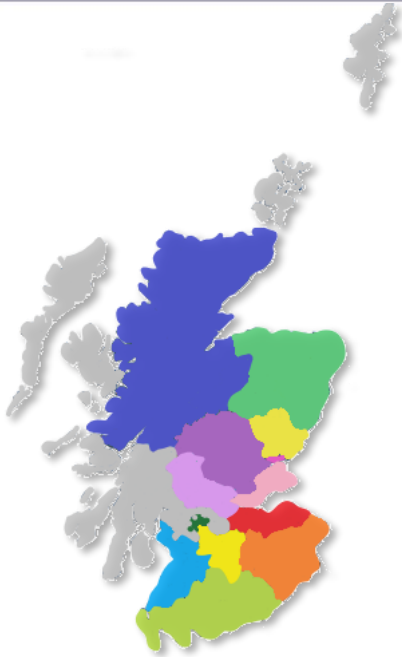


**Challenge a Paralympian** - Scottish Paralympians provided short videos containing advice and inspirational messages.



**Party Boccia** - Home based boccia activity, adapting popular party games with a boccia specific twist.













## Branch/Local and Regional Opportunities:

- ✦ All 13 branches maintain Minimum Operating Requirements
- ✦ 466 Branch sessions and 245 events delivered
- ✦ Virtual Networking Day
- ✦ Branch Conference
- ✦ SDS Branch Steering Group created in 2019
- ✦ Over 2,000 people engaged in National Events Calendar
- ✦ Residential Summer Camp with 36 participants
- ✦ 4 regional parasport festivals and 1 engagement day
- ✦ 2 national virtual parasport festivals
- ✦ 15 new mainstream clubs across 12 sports supported to ensure inclusion
- ✦ 25 new athletes progressed in athletics, boccia and swimming
- ✦ 9 swimmers, 5 boccia players and 9 athletes progressed from regional to national programmes

## Progress & Perform:

-  44 Scots funded through UK Sport World Class Programmes across 12 sports
-  4 Scots won medals at the 2019 World Para Swimming Championships
-  5 Scots won medals at the 2019 World Para Athletics Championships
-  Neil Fachie MBE won gold at the 2020 UCI Para Cycling Track World Championships
-  Gordon Reid MBE won the US Open Men's Doubles, Australian Open Men's Doubles, and was runner-up in the Australian Open Men's Singles
-  3 Scots competed for GB at the 2019 INAS Global Games and returned with 1 silver and 6 gold medals
-  George Bates was part of the GB Wheelchair Basketball team winning gold at the 2019 IWBF Wheelchair Basketball European Championships
-  Martin Perry won gold in the Para Table Tennis Team event at the ITTF European Championships



## Coaching, Education & Learning:



128 learning opportunities, the most training in any one year



Disability Inclusion Training blended learning delivered online



7 in-person and online coaching seminars with 103 participants



Working with Scottish Student Sport and 15 universities and colleges to embed inclusion across tertiary education



Activity Inclusion Model and STEP framework part of the HNC and HND in Sport Coaching



8 coach bursaries awarded to support developing coaches



Observatory for Sport in Scotland producing a Disability Sport Research Review focused on community level sport



Young Start Programme supported by the National Lottery Community Fund has supported 15 young people to transition into coaching



SDS is part of a Quality Design Team and the Beyond 2020 steering group to develop new coaching qualifications



Worked with CIMPSA and sister organisations to develop specific standards for inclusion



## Governance:



Comprehensive consultation undertaken on production of new strategic plan



Online programme of programmes to meet identified needs of volunteers, coaches, participants, athletes and partners



£979,475 generated with key funders including sportscotland, Celtic FC Foundation, Spirit of 2012, London Marathon Charitable Trust, Big Lottery Fund, Sainsburys, Toyota GB and NorDan



Continued progression towards Advanced Level of Equality Standard for Sport Framework



100% compliance maintained in Children 1<sup>st</sup> Standard for Child Wellbeing and Protection in Sport

**sportscotland**  
the national agency for sport



**LONDON MARATHON**  
CHARITABLE TRUST  
INSPIRING ACTIVITY

**Sainsbury's**

**TOYOTA**  
**Parasport**  
FUND

**NorDan**

## Communication:



sportscotland Coaching, Officiating & Volunteering Awards

Transforming Coaching: SDS Young Start Programme  
Lifetime Achievement in Volunteering: Janice Eaglesham MBE  
Lifetime Achievement in Coaching: Jack Calder  
High Performance Coach of the Year: Sheila Swan  
Janice Eaglesham Disability Coach of the Year: Majella Kerr



Team Scotland Scottish Sports Awards

Para-Sport Athlete of the Year: Neil Fachie MBE & Matt Rotherham  
Community Hub, Club or School of the Year: Dundee Dragons



Scottish Wheelchair Curling Team: Disability Sport Award, Sunday Mail sportscotland Scottish Sports Awards



New Young Persons Sport Panel recruited



Presentation to sportscotland Board



Briefing paper distributed to all MSPs to support parliamentary debate on disability sport



Presentation to Scottish Parliament Cross Party Groups on Deafness, Disability and Sport



## Boccia:



9 new weekly opportunities and 7 sustained in 5 regions



4 Scots won 5 medals at the 2019 BISFed European Boccia Championships



Stephen McGuire won BC4 Individual Bronze at the 2019 BISFed World Open



Research into boccia in Scotland is being carried out through support from sportscotland



Boccia Leaders courses delivered from Shetland to Dumfries & Galloway



12 new UKCC Level 1 coaches and 18 new Level 1 officials



4 Scottish coaches participated in the inaugural UK Coach Advanced Award



New school boccia resources produced to roll out in Autumn 2020

# SDS Strategic Plan Draft Infrastructure

2021-2029





September 2019 –  
August 2020



Impact of COVID-19



Face to Face/Online



All 13 SDS Branches



All 32 Local Authorities



21 Scottish Governing  
Bodies



130 organisations/groups



53 online responses



Over 320 individuals



# Key Messages from Consultation

## LEADERSHIP ROLE

*Sector lead for advice, guidance and support*

## INCLUSION JOURNEY

*Being explicit about inclusion and important for messaging and delivery*

## CONSISTENCY

*During this transition period, consistency is key (don't change too much – support is valued across all partners)*

## PARTNERSHIP WORKING

*Fundamental to the implementation of the plan*

## AIM MODEL

*Key to supporting inclusion at a strategic and operational level*

## GRASSROOTS ENGAGEMENT

*Enabling local, regional and Branch development and delivery*

## PERFORMANCE PROGRESSION

*Supporting athletes, coaches and officials through the pathway to allow them to achieve their potential*

## ROLE OF SDS

*Changing culture through education*

## TITLE

*Inspiring through Inclusion 2021-2029*

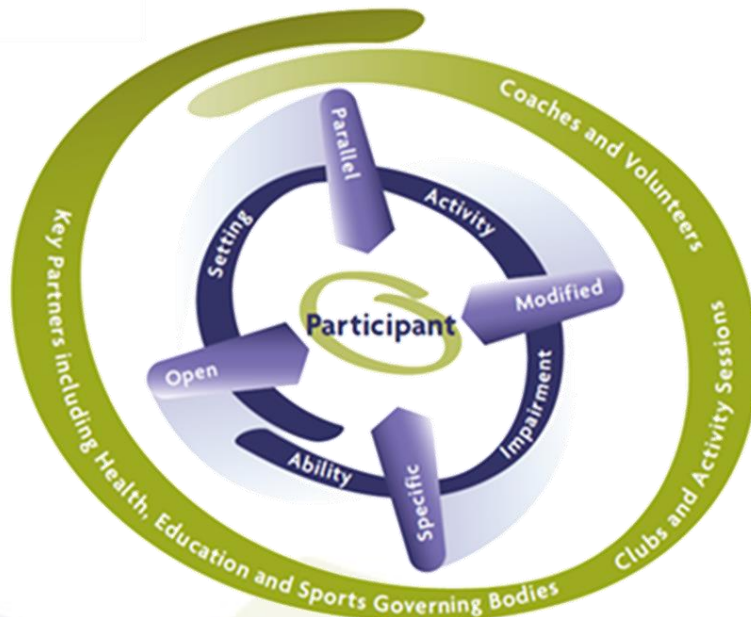
## VISION

*Sport and physical activity in Scotland is welcoming and inclusive for participants with a disability*

## MISSION

*Through strong leadership and effective partnerships, SDS will engage and sustain participants, support athlete progression and influence change*





**INCLUSION WHEEL**





## Values

Of equal importance to the why and what we do, is the **how** we do

### RESPECT

Considering different opinions and rights of all individuals – participant centred

### INCLUSION

Addressing the needs and aspirations of all individuals

### INTEGRITY

Underpinning all actions by what is morally right and honest

### AMBITION

Finding innovative and creative solutions

## ENGAGE & PARTICIPATE

*Identify, enable and sustain participation*



Address inequalities experienced by participants with disability



Identify and enable participants with a disability to become more active more often



Quality, needs-led opportunities provided in partnership with SDS Branches and clubs at local, regional and national level

## PROGRESS & PERFORM

*Support athletes to achieve their potential*



Ensure inclusive pathways are in place to enable athletes, coaches and officials to progress



Drive the development of inclusive performance programmes across Scottish sport



Progression of Scottish Boccia players to the World Class Programme

## EDUCATION & LEARNING

*Influence an inclusive culture through coaching, learning and development*



Enable branches and partners to influence inclusive practice



Influence communities to use the Activity Inclusion Model to ensure inclusive practice for participants with a disability



Educate and develop Scotland's coaching and volunteering workforce

## LEADERSHIP & GOVERNANCE

*A well led organisation, driving inclusive sport and physical activity at all levels*



Lead the Scottish sports sector through strong partnerships to ensure inclusive policy and practice for individuals with a disability



Ensure financial security for SDS and deliver good governance from branch to board



Lead and govern the sport of boccia

## COMMUNICATION & PARTNERSHIP

*Working in partnership to embed inclusion and deliver the right information to the right people, at the right time using the right format*



Effectively communicate and advocate SDS key messages



Promote best practice and celebrate success



Build and maintain successful partnerships

**27<sup>th</sup> September 2020**

Present draft structure to AGM

**October 2020**

Work up annual plans/budgets and design of plan

**9<sup>th</sup> December 2020**

Final draft of plan agreed by Board

**January 2021**

Plan available for circulation to key partner organisations including funding partners

**April 2021**

National and regional launch and communication of plan

**November 2021**

Present plan to **sportscotland**

# Thanks





# Boccia Coach Advance Award



Jennifer  
Barsby



Peter  
McGuire



Lewis  
McConnell



Andrinne  
Craig

# SDS Minimum Operating Requirements Reaccreditation

SDS Management Board considers the following  
Branches continue to meet the SDS MOR

**Dumfries & Galloway Disability Sport**

**Perth & Kinross Disability Sport**

**South Lanarkshire Disability Sport**



Perth & Kinross  
Disability Sport



# Russell Hogg Bursary



Samantha Gough



Gemma Lumsdaine



Michael Kear

# Special Recognition Award

Dr Elizabeth Ferris



# Special Olympics Trophy

Special Olympics Grampian National  
Winter Games Organising Committee





# Dedication to Football Award

Willie Pettigrew



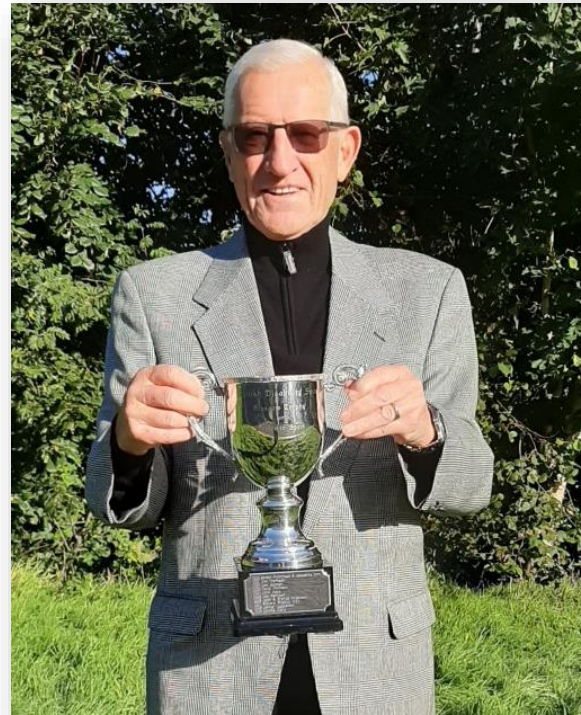
# John de Courcy Trophy

Meggan Dawson-Farrell



# Glasgow Trophy

Ian Dunn





# Elsbeth Watson Trophy

Robin Walker



# Russell Hogg Trophy

John D'Ambrosio



# Fife Trophy

Jamie Bowie



# Janice Eaglesham Trophy

Fife Athletic Club





# Findlay Calder Trophy

Maria Lyle



# Brian Dolan Memorial Trophy

Toni Shaw



# Angus Trophy

Gordon Reid MBE



# Gordon Brown Memorial Trophy

Dominic Iannotti





# Scottish Disability Sport Annual General Meeting



**Closing Remarks**

**David McCrae**

**Paralympian**

# Final Thanks



**See you all next year**

