



Scottish Disability Sport

Leading inclusive sport in Scotland for participants and athletes with physical, sensory or learning disabilities.



Annual Report

2018-2019

www.scottishdisabilitysport.com

Scottish Disability Sport

Scottish Disability Sport would like to acknowledge with sincere thanks the generous financial support received from the following Local Authorities and Leisure Trusts to assist with the hosting of the AGM and the production of this Annual Report:



Shetland
Islands
Council



Welcome Message 2019

A very warm welcome, from everyone at Scottish Disability Sport (SDS), to the 56th Annual General Meeting of the Association. This annual report outlines the progress and successes over the last year and we take this opportunity to recognise the commitment and dedication of athletes, players, coaches and volunteers who have driven the development of disability sport in Scotland during 2018/2019.

Our focus in the last 12 months has been on the support and development of our member Branches across Scotland. Our Branches remain the lifeblood of the Association and the first point of contact with sport and physical activity for many disabled people. All member Branches continue to fully maintain the SDS Minimum Operating Requirements and we thank the volunteers and paid staff who lead the development of grassroots and participation opportunities for athletes and players with a disability across Scotland. We also recognise the invaluable support of Scottish local authorities and Leisure Trusts in terms of officer time and resources at a local level.

SDS is currently working in partnership with 38 Scottish Governing Bodies of Sport to embed inclusion throughout sport specific structures and programmes. We thank all those within Scottish sport who continue to ensure that the needs of disabled athletes and players are considered within their individual sports. We also recognise the commitment to the inclusion agenda of key staff within **sportscotland** and we thank them sincerely for their ongoing support and guidance.

The SDS Board continues to provide strategic leadership to the Association and support the staff in the delivery of the annual operational plan. We thank Board Directors Janice Eaglesham MBE, Dave Rhoney, Paul Queen, Colette Martin, Iain Smith, Oliver Barsby, Jay Runga, Brian Winning and Theresa Campbell for their hard work and dedication.

We thank most sincerely the SDS staff team for their commitment and endeavour during 2018/2019. SDS is delighted to have appointed two new Regional Managers, Graeme Doig and Andrew Mackenzie. Graeme joins us with a dual role as Regional Manager in Tayside and Branch Co-ordinator with Perth and Kinross Disability Sport. Andrew's previous role was Regional Manager with Badminton Scotland. He replaces Lori Ure as Regional Manager in the West of Scotland, who we were sad to see moving on to pastures new but wish her every success in her new role. We also welcome Madison Garland to the SDS staff team, from her previous post as National Disability Development Officer and the East Female Development Officer at Cricket Scotland, to the exciting new position of Boccia Development Officer. Ron McArthur and Lewis McConnell, whose contracts as Inclusive Bowls Performance Development Manager and Coaching Futures Boccia Apprentice Coach came to an end, have left SDS and we thank them for their contributions.

SDS is indebted to those funding bodies who have supported the work of the Association at every level. Our thanks go to **sportscotland**, Spirit of 2012, Sainsbury's, the Celtic FC Foundation, BP Coast 2 Coast, Better Breaks, Sports Aid Scotland, Co-op Funeralcare, Allan McDougall Solicitors and the Big Lottery Fund, along with all those who fundraised and donated to support our work.

As always, Scottish athletes and players with a disability have competed and achieved across the globe and a selection of these successes are featured within this Annual Report. We take this opportunity to congratulate all those who have tasted success at a Scottish, UK and international level and recognise the contribution and sacrifice of the staff, coaches, parents, carers and volunteers who have given freely of their time to play an instrumental role in these successes.

In conclusion, we thank you all for your attendance at this year's AGM and for your ongoing support and commitment to the work of SDS.



Gavin Macleod
Chief Executive Officer



Claire Morrison
Acting Chair

Janice Eaglesham MBE

Scottish Disability Sport (SDS) would like to pay tribute to Janice Eaglesham MBE who passed away suddenly on the 21st July 2019.

Janice was appointed SDS Chair in 2014 and her leadership at the Board was exemplary, as was her support for athletes, coaches, volunteers and staff. Janice's commitment, passion and enthusiasm were at the forefront of all that she did and her leadership, experience, knowledge and friendship will be greatly missed by all. We take this opportunity to recognise and celebrate Janice's contribution to disability sport in Scotland, the UK and internationally.



Athletes' Impact Survey

Scottish Disability Sport (SDS) commissioned a survey on the impact of participation in sport for people with disabilities. The responses were from participants at all levels who are currently taking part in sport (plus some who had not recently taken part) through involvement with SDS and its member Branches.



72%

of respondents felt they were fully included in PE at school

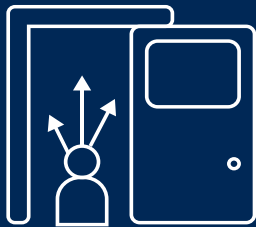


63%

felt they were fully included in other school sport and physical activities

42%

felt that access to more opportunities would make it easier to get involved in sport or other physical activity



74%

of respondents cited fun as the main reason for taking part in sport and other physical activity



60%



of respondents felt a lot more able to cope with life thanks to their sport

38%

of respondents cited their mother as the most significant support in getting involved in sport



83%

of respondents felt a lot better about their lives through involvement in sport



32%

of respondents had not taken part in any sport before engaging with SDS

53%



of respondents felt a lot more involved with friends and other people due to their sport

67%



of respondents felt that sport helped them to get out a lot more

Key Achievements During the Past Year

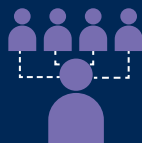
Engage and Participate

Branches

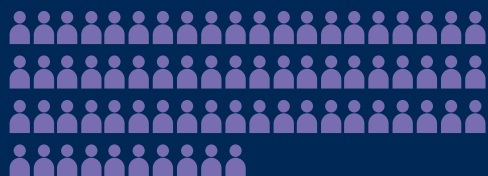


All 13 SDS member Branches achieved Minimum Operating Requirements to complete 100% coverage

19 delegates from 11 Branches attended the first SDS Networking Day



SDS organised a Branch Conference



with 70 attendees

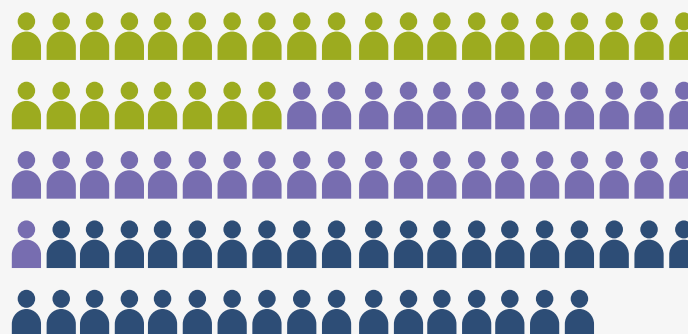


from 8 branches

Pathways

Overall 97 individuals

from under-represented groups have been supported to transition into weekly sessions and clubs with the bespoke support that SDS regional manager provide



28 individuals supported to transition into mainstream clubs

33 individuals supported to transition into discrete clubs

36 individuals supported to transition into weekly participation sessions



17 new mainstream supported clubs to provide effective inclusion of disabled athletes to transition to club level in 12 sports



12 new athletes have progressed to regional squads or individual support programme to further their development and provide the stepping-stone into national programmes and beyond



9 swimmers, **3** boccia players and **2** athletes have progressed to National Programmes

Events



5 regional para sport festivals have taken place with **324** individuals from **194** mainstream schools in **26** local authorities

50%

of participants were new in the last year, hence evidencing the need for the festivals continuing to be offered

Big Lottery Fund Engage Project



Key Achievements During the Past Year... continued

Progress and Perform

World Championships



Robyn Love won a silver medal as part of the Great Britain Women's Wheelchair Basketball team at the 2018 IWBF World Championships in Hamburg, Germany



George Bates won a gold medal as part of the Great Britain Men's Wheelchair Basketball team at the 2018 IWBF World Championships in Hamburg, Germany



Allan Ritchie won PT1 individual silver and team gold at the World Shooting Para Trap Championships 2018



Aileen Neilson (Skip), David Melrose, Robert McPherson, Hugh Nibloe and Gary Logan won silver at the WCF World Wheelchair Curling Championships 2019



Neil Fachie MBE won Tandem B Sprint gold and 1km Time Trial silver at the UCI Para-cycling Track World Championships 2019



Derek Rae won T45/46 silver at the 2019 IPC World Marathon Championships in London



Bobby Laing BWF 2019 world Para, Badminton Championship ss6 mix doubles silver medal



European Championships



Seven Scots competed at the 2018 WPA European Athletics Championships in Berlin, returning home with seven medals. **RaceRunning** made its debut at the Championships and three Scots, **Gavin Drysdale, Hannah Dines and Kayleigh Haggo** were selected and returned with two golds and a silver in the RR3 100m



Gavin Drysdale broke the World Record in this event



Fiona Christie won a WH2 individual silver medal at the BWF European Para Badminton Championships 2018. **Colin Leslie & Bobby Laing** each won a bronze medal in the SL3/4 men's doubles and SS6 mixed doubles respectively.



Robyn Love won a silver medal as part of the Great Britain Women's Wheelchair Basketball team at the 2019 IWBF European Championships in Rotterdam, Netherlands



Key Achievements During the Past Year... continued

Coaching, Education & Learning



54
of these learning opportunities were UK Disability Inclusion Training delivered to **1,106** candidates.

47
sports specific courses were delivered to **502** candidates.



An external review of UK DIT reported that 99% of respondents reported a positive impact



SDS is working in partnership with Scottish Student Sport on the **7 point plan**.



15 young people are being supported through a **Leadership and Mentoring programme** to transition into coaching. This programme has been made possible through a grant by Big Lottery Young Start.



8 Coach bursaries supported developing coaches, and there is continuing support on an informal network to share opportunities for female coaches working with international athletes.



Currently working with 15 universities and colleges to work towards embedding inclusion across tertiary education.

Key Achievements During the Past Year... continued

Governance and Communication

Building a robust and accountable organisation with sound planning, policy and procedures

SDS was awarded the top level rating following the mid-term sportscotland development audit conducted by KPMG



Safeguarding

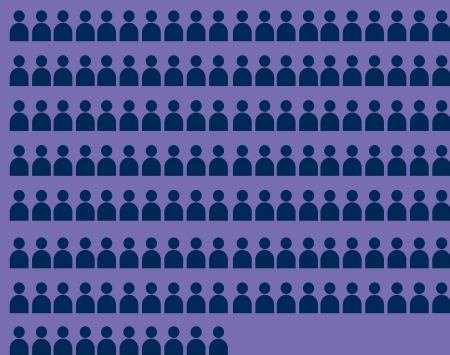
SDS achieved 100%

in the Children 1st Standard for Child Wellbeing and Protection in Sport

The Spirit of 2012 funded **Get Out and Get Active** programme has supported **1,400 inactive people** to become active in Fife, Forth Valley and Grampian.



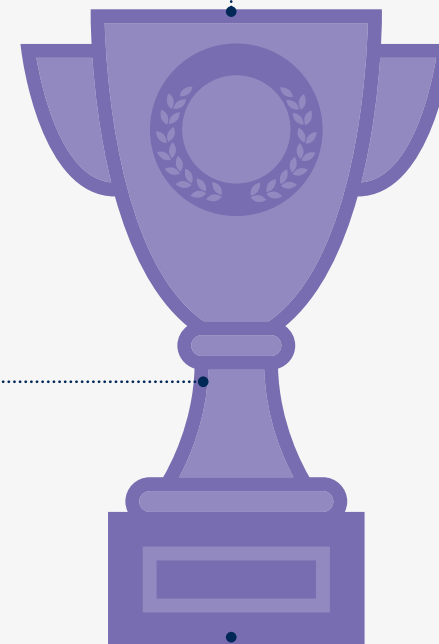
The Celtic FC Foundation **"Inspiring Sport"** programme has supported over **1,500 individuals** to attend clubs, sessions, courses and events across Scotland.



Gemma Lumsdaine (Young Coach of the Year), Kirsty Ewen (Volunteer of the Year), Darren Thomson (Technical Official of the Year), Jennifer Scally (Performance Development Coach of the Year) and Gregor McMillan (Disability Coach of the Year) were among the winners at the sportscotland Coaching, Officiating and Volunteer of the Year Awards.

Neil Fachie MBE won Para-Sport Athlete of the Year at the Team Scotland Scottish Sports Awards

Toni Shaw won the Disability Award at the Sunday Mail sportscotland Scottish Sports Awards.



Key Achievements During the Past Year... continued

Boccia

SDS successfully recruited a Boccia Development Officer post with support from sportscotland and Boccia UK



Club/Branch boccia have increased by 33% from 6-9



The number of people playing boccia in community sessions and clubs has increased by 26% from 315 to 428

2 coaches successfully completed the L2+ programme and 4 coaches have secured a place on the UK Coach Advance programme



2019 BISFed European Championship in Seville



Reegan Stevenson BC 1/2 team bronze



Jamie McCowan BC3 individual bronze and pair bronze

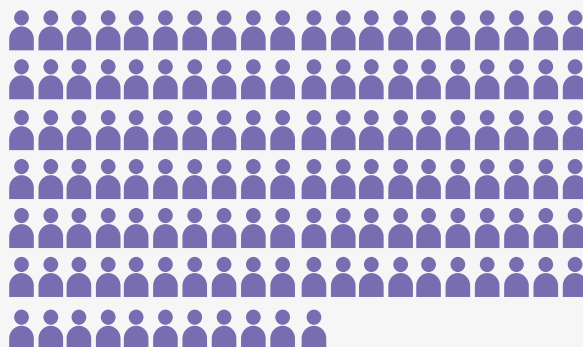


Patrick Wilson BC3 pair bronze



Stephen McGuire BC4 pair silver

10 Boccia Leaders workshops



delivered to 131 participants

2 Level 1 Boccia officials courses



were delivered to 18 candidates



Stephen McGuire won BC4 individual gold and pairs bronze at the 2019 BISFed World Open in Hong Kong



Patrick Wilson won BC3 individual silver at the 2019 BISFed World Open in Hong Kong



Scottish players won five medals at the 2019 UK Boccia Championships in Antrim, Northern Ireland, and topped the medal table with 42% of the total medals on offer and 50% of the gold medals

Scottish Disability Sport Awards 2018



Special Recognition Award
Catherine Goodfellow



Russell Hogg Trophy –
(Development Coach
of the Year)
Jacky Yirrell



Brian Dolan Memorial
Trophy – Swimmer of
the Year Award
Scott Quin



John de Courcy Trophy –
Most Promising Newcomer
Toni Shaw



Fife Trophy – Coach
of the Year Award
Gregor McMillan



Angus Trophy – Sports
person of the Year Award
(Excluding athletics
and swimming)
Neil Fachie MBE



Glasgow Trophy –
Service to Sport Award
Darren Thomson



Findlay Calder Trophy –
Athlete of the Year Award
Maria Lyle



Gordon Brown Trophy –
Athletes Athlete of
the Year Award
Gordon Reid MBE



Elspeth Watson Trophy –
(individual outwith SDS who
has contributed significantly
to disability sport)
Shona Malcolm OBE



Special Olympics Trophy –
**General Organising
Committee of the 2018
Special Olympics
Anniversary Games**



Dedication to
Football Award
David Baird

Summarised Accounts

SCOTTISH DISABILITY SPORT (SDS) – (Company Limited by Guarantee)

SUMMARISED STATEMENT OF FINANCIAL ACTIVITIES – for the year ended 31 March 2019

	Unrestricted Funds £	Restricted Funds £	Total Funds 2019 £	Total Funds 2018 £
Income from:				
Donations and legacies	40,372	10,107	50,479	26,990
Charitable activities	697,915	247,576	945,491	960,962
Investments	-	-	-	17
Total income	738,287	257,683	995,970	987,969
Expenditure on:				
Charitable activities	707,101	262,608	969,709	944,780
	707,101	262,608	969,709	944,780
Net income and movement in funds	31,186	(4,925)	26,261	43,189
Reconciliation of funds:				
Total funds brought forward	401,733	112,980	514,713	471,524
Total funds carried forward	432,919	108,055	540,974	514,713

SUMMARISED BALANCE SHEET at 31 March 2019	2019 £	2018 £
Tangible fixed assets	13,901	5,707
Current assets		
Stocks	2,838	5,608
Debtors	62,097	64,195
Cash at bank and in hand	540,042	534,319
	604,977	604,122
Creditors: Amounts falling due within one year	(77,904)	(95,116)
Net current assets	527,073	509,006
Net assets	540,974	514,713
Funds		
Unrestricted funds	432,919	401,733
Restricted funds	108,055	112,980
	540,974	514,713

The summarised accounts are a summary of information extracted from the full annual accounts and therefore may not contain sufficient information to allow a full understanding of the financial affairs of the Charity. For further information the full annual accounts and the auditor's report on those accounts should be consulted; copies of these can be obtained from the Company Secretary.

C Morrison

Vice Chair

30 August 2019

Auditor's Statement

In our opinion the summarised accounts are consistent with the full annual accounts from which they are extracted. Our audit report on the full annual accounts was unqualified.

Paul Marshall (Senior Statutory Auditor)

For and on behalf of Geoghegans, Statutory Auditors

30 August 2019

Acknowledgements

Scottish Disability Sport acknowledges the many agencies that have supported its activities during the past year and wishes to thank the following in particular:

sportscotland

Spirit of 2012
Big Lottery Fund
Sainsbury's
Celtic FC Foundation
BP Coast 2 Coast
Sports Aid Scotland
Better Breaks
Co-op Funeralcare
Allan McDougall Solicitors
Scottish Disabled Sports Trust
Scotland's Local Authorities and
Scotland's Governing Bodies of Sport

and in particular

Scottish Athletics and British Athletics
Boccia UK
Scottish Curling & Scottish Wheelchair Curling Association
Scottish Football Association & GB Disability Football Association
Table Tennis Scotland
Scottish Cycling
BADMINTONscotland
Basketballscotland
Scottish Swimming
Tennis Scotland & Tennis Foundation
Scottish Canoe Association

RYA Scotland

JudoScotland
Bowls Scotland
Triathlon Scotland
Scottish Rowing
Paths for All
Scottish Sports Association
Scottish Student Sport
Fife Sports and Leisure Trust and
Michael Woods Sport and Leisure Centre
Glasgow City Council
Scotland's Local Sports Councils
Special Olympics Scotland
Commonwealth Games Scotland
British Paralympic Association
Disability Sport Northern Ireland
Disability Sport Wales
Activity Alliance
Boccia England
United Kingdom Sports Association
UK Coaching
Children 1st
Morton Ward

Photographs taken by:

Laurence Bisset, Gordon McCormack MBE,
Rebecca Lee, Janice Eaglesham MBE,
sportscotland, Commonwealth Games Scotland,
Lawn Tennis Association.



**If you've played The National
Lottery, you've supported
disability sport across Scotland.**

THANK YOU

In the last 25 years, The National Lottery has invested over £3 billion into good causes across Scotland, including disability sport.

By buying a National Lottery ticket, you have supported clubs across the country, creating opportunities for everyone to get involved in sport.

www.sportscotland.org.uk



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Scottish Disability Sport is a registered Scottish Charity and Company Limited by Guarantee
Charity No: SC009609
Company No: SC246327

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