



**Scottish Disability  
Sport**

# **Branch Conference**

**15 September 2019**

**Stirling Court Hotel**

**Leading inclusive sport in Scotland for  
participants and athletes with physical,  
sensory or learning disabilities**



# Welcome & Introduction Claire Morrison

Acting Chair  
Scottish Disability Sport





**1015: Welcome, Introductions & Overview**

**1030: Strategic Planning Discussion**

**1130: Refreshments**

**1145: Action Learning Set**

**1300: Guest Speaker**

**1320 Closing remarks**

**1330: Lunch**

**1430: SDS AGM**



Please use the following hashtag when tweeting

# #SDSconf19

# Branch Conference

- Celebrate Branch Success
- Strategic plan 2021 onwards
- Share challenges and identify solutions
- Share Good Practice





# Branch, Local & Regional

- Evidence from Branch Matrix
  - 228 weekly sessions
- Support for Branches: Funding, recruitment, administration, mentoring
- 324 pupils from under - represented groups have attended SDS Para Sport Festivals from 194 mainstream schools
- 97 young disabled people supported to transition into weekly sessions and clubs by regional managers



# Branch, Local & Regional

- 17 new mainstream clubs supported to include disabled people
- 26% increase in the number of people playing boccia weekly (315 players to 428 players)
- 36 participants attended SDS Summer Camp in Badaguish, Aviemore,
- 21 National Championships across 8 sports in SDS Events Calendar



## World & European Championships

- Robyn Love won silver as part of the Great Britain Women's Wheelchair Basketball team at the 2018 IWBF World Championships
- Neil Fachie MBE won Tandem B Sprint gold and 1km Time Trial silver at the UCI Para-cycling Track World Championships 2019
- The Scottish wheelchair curlers won silver at the WCF World Wheelchair Curling Championships 2019
- Derek Rae won T45/46 silver at the 2019 IPC World Marathon Championships
- Bobby Laing won SS6 Mixed Doubles at the BWF World Para Championships 2019



## World & European Championships

- George Bates won gold as part of the Great Britain Wheelchair Basketball team at the 2019 IWBF European Championships
- Gordon Reid won the men's doubles at the US Open 2019 and was runner up in the men's doubles at Wimbledon 2019. He also finished runner up in the men's singles at the French Open.
- Seven Scots competed at the 2018 WPA European Athletics Championships in Berlin, returning home with seven medals
- WPA Swimming World Championships in London. To date 8 Medals won by Scottish athletes.

## Boccia Success

- Scottish players won five medals at the 2019 UK Boccia Championships and topped the medal table with 42% of the total medals
- Four Scots competed at the BISFed European Championships 2019 with all players winning a medal
- Stephen McGuire won BC4 individual gold and pairs bronze at the BISFed World Open 2019 in Hong Kong
- Patrick Wilson won BC3 individual silver at the BISFed World Open 2019 in Hong Kong

Each branch is entitled to one no-cost workshop

- Please inform Mark & Jen by the end of October of the type of course, date and venue
- Workshops need to be run before March 31<sup>st</sup> 2020



# Education & Coaching 2018/19

101 training opportunities  
involving 1608 participants  
99% of candidates felt the  
training had a positive  
impact

Branch	Courses 2017/8	Courses 2018/19
Angus	1	1
Ayrshire	5	3
Borders	0	1
D&G	1	2
Dundee	1	2
Fife	10	11
Forth Valley	17	14
Glasgow	30	18
Grampian	6	6
Highlands	4	4
Lothian	23	27
Perth & Kinross	2	3
South L'rshire	1	4

Thanks to all branches for completing the SDS Matrix which provides an annual overview of the current position and targets for the year ahead

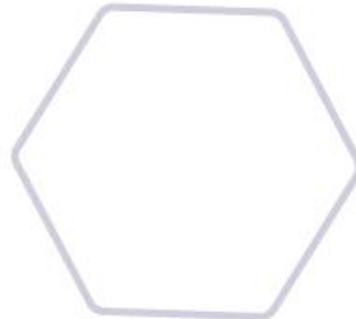




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# Governance

- GOGA: Year 3 completed
- Successful Robertson Trust Awards: £206,000
- Successful Trefoil Funding Submitted: £16k
- Successful Recruitment & Succession Planning
- MOR Re-accreditation for 4 branches
- All 13 branches completed SDS Matrix



# SDS Branch Support

- Branch Focus
- 84% of Scotland is covered by existing structure
- Changing Landscape
- Roles of SDS Staff



## Young Persons Sports Panel

Shelby Watson

Ross Foley

Caitlyn Ross

Mitchell Graham

Lewis McConnell

Alan Gray

Gemma Lumsdaine

Hope Gordon

Colette Martin

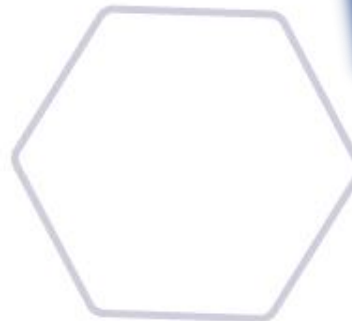
Callum Sloan

Stefan Hoggan



# Communication

- Increase in traffic to website visits
- Coaches, Volunteers & Athletes Recognised
- 30% increase in Twitter followers (3998)
- Increase of 31% likes on Facebook (4111)





# Communication

- 773 followers on SDS Instagram account @SDS\_Sport
- Fact-files in 20 sports on SDS website & Youtube channel.



# Key messages

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- 100% of branches have achieved MOR
- 4 branches submitted for re-accreditation in 2018
- Branch Volunteer Recruitment
- Branch Staff: 10 paid officers across 9 branches
- 37 European, World Medals
- Education & Training Opportunities in each branch
- GOGA: 33,315 Total Attendance at Activities
- Branch Insurance uptake – 10 Clubs
- SDS Matrix: All branches completed





21% of the Scottish population have a disability  
(SHS 2017)



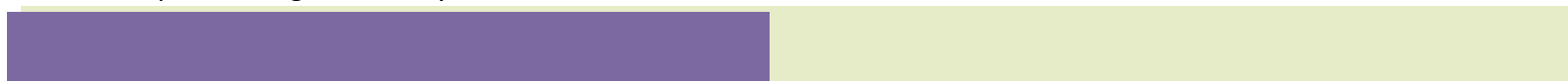
Only 20% of people with disabilities take the recommended level of physical activity compared to 52% of non-disabled people



2% of the coaching workforce have a disability  
(Sports Coach UK 2015)



**sportscotland's** *Playing Our Part* research report states that 6% of club members report having a disability



Half (48%) of those living in poverty are disabled people and their families (*Inclusion Scotland, 2018*)



7 in 10 disabled people want to take part in more sport and physical activity (*EFDS, Sport England Talk to Me, October 2018*)



Half (48%) of those living in poverty fear losing their benefits if they are seen to be physically active. (Activity Alliance, 2018)

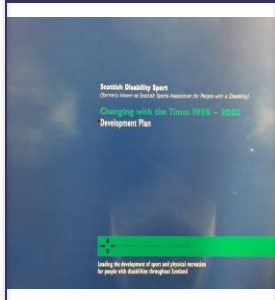
- **Physical benefits** – (Improved mobility and strength, increased cardiovascular capacity improved perceptual motor skills, etc)
- **Psychological benefits** – (sense of achievement, increased independence, self confidence, etc)
- **Social benefits** – (facilitates inclusion, enhances communication skills, combats isolation, friendships, sense of community, etc)





## CULTURE

1998 - 2002



*Building  
Branches*

2002 - 2006



*Strong LA  
support*

2006 - 2012



*Impact on  
LA's: RDM's  
bridging gap*

2012-2017



*Heightened  
profile of  
inclusion  
SGB's*

2017-2021



*Sustainable  
Branches*

2021-2029



*?*

## TRANSITION

## 1 Vision

- **Leading** inclusive sport in Scotland for participants and athletes with physical, sensory or learning disabilities

## 2 Overall Aims

- Develop opportunities
- Improve performance

## 3 Golden Threads

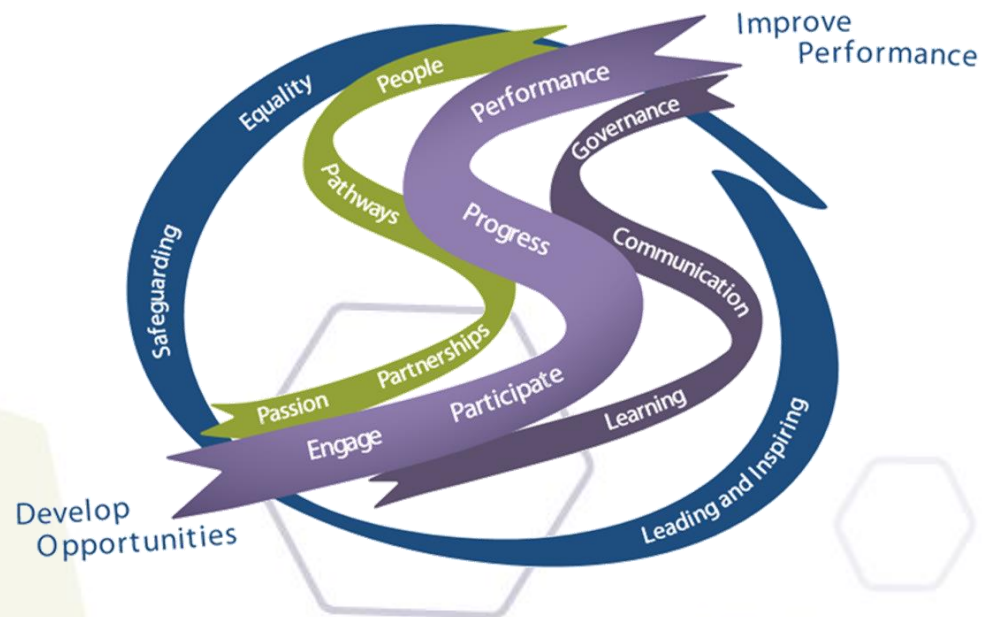
- Equality
- Safeguarding
- Leading & Inspiring

## 4 Underpinning Principles

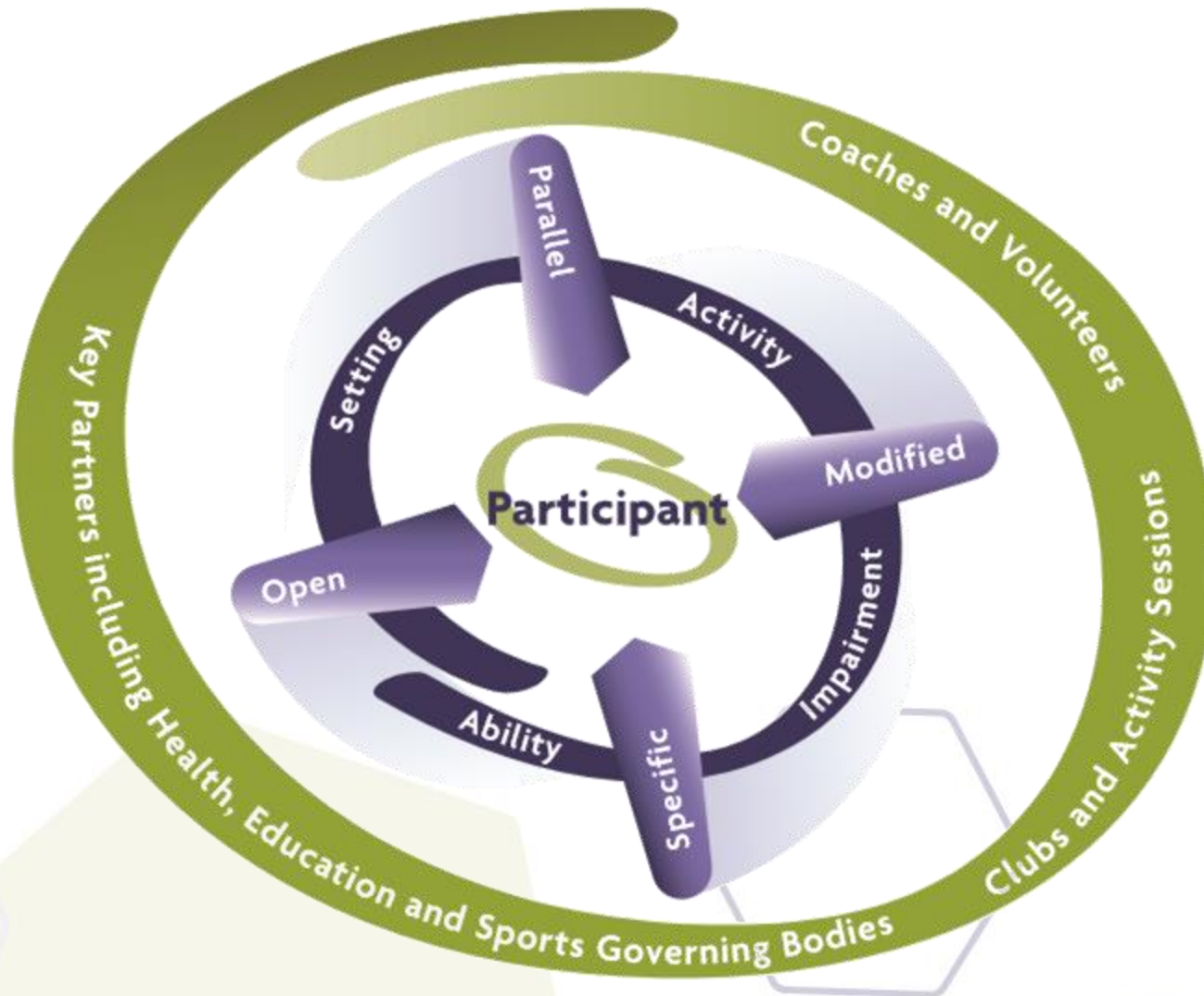
- People
- Partnerships
- Pathways
- Passion

## 5 Impact areas

- Engage and Participate
- Progress and Perform
- Coaching, Education and Learning
- Governance
- Communication



# Activity Inclusion Model



# Current picture



Governing body  
for disability sport  
in Scotland

13 Member Branches



Lead inclusive  
sport  
in Scotland  
for participants  
and athletes with  
physical, sensory  
or  
Learning  
disabilities

Governing body  
for the sport  
of boccia



Currently working  
with 38 SGB's

32 Local  
authorities



Single Voice for  
Disability Sport  
and Inclusion  
in Scotland



# Progress since 2017...

All branches achieved MOR & Providing 228 Weekly Sessions

32 Local Authorities & 38 SGBs

804 Parasport Participants with a sensory & physical disability

Increase of 3.5% in overall participants across 21 Events

Largest Ever Scottish Team for an Away Commonwealth Games

Over 200 Coaching, Training and Learning Opportunities involving  
3000 Learners

Governance Audit: Highest level achieved

20% Increase in Website Traffic  
Social Media Engagement Increased by 30%



- 21 August Board Meeting– vision, mission, consultation and timeline presented
- 15 September - Branch conference start of strategic plan discussion
- 15 September SDS AGM – present timeline and outline
- November 2019 to June 2020 - consultations
- August 2020 – Board sign off strategic plan 2021-
- September 2020 – strategic plan in final draft to be taken to AGM for approval
- November 2020 – present to **sportscotland**
- Ready for implementation from 1 April 2021

## Using Post-It Notes

- What three words best describe what SDS does?

### SDS Vision:

- An Inclusive and Active Scotland?
- SDS Vision: Leading inclusive sport in Scotland for participants and athletes with a physical, sensory or learning disabilities?
- Other?
- What does SDS do well?
- What could SDS do better?
- 5 key areas – are they still fit for purpose: what should be our priorities within this new plan?
- What added value could be brought to branches?
- Where do you see SDS Branches fitting within the wider inclusion agenda?



<div>Table 1</div> <div>Dollar Room</div> <div>Callander Room</div>	<div>Table 2</div> <div>Fintry Room</div> <div>Erskine Room</div>	<div>Table 3</div> <div>Main Room</div>
Mark Gaffney/ Gary Fraser	Heather Lowden	Jennifer Barsby/ Cheryl Lappin
David Rhoney	Theresa Campbell	Oliver Barsby
Scribe: Graeme Doig, Madison Garland	Scribe: Alison Shaw	Scribe: Lynn Allison, Andrew MacKenzie
Perth & Kinross, Angus & Dundee	Grampian, Fife, Lothian & Borders	Forth Valley, Glasgow & South Lanarkshire

# REFRESHMENTS

Stirling Court Hotel  
Conservatory

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Dollar Room Callander Room	Main Room Table 1	Fintry Room Erskine Room
David Rhoney	Theresa Campbell	Oliver Barsby
Jennifer Barsby	Heather Lowden, Gary Fraser	Mark Gaffney
Lynn Allison & Graeme Doig	Alison Shaw & Andrew McKenzie	Cheryl Lappin, Madison Garland
Alan Oliver	Bill McKechnie	Shaun Powell
Forbes Dunlop	Calum Wood	Linda Seggie
Graham Harvey	Wendy Lumsden	Mark Lumsden
Claire Robertson	Teresa Robertson	Lisa Male
Habbi Liton	Ann Finlayson	Jack Brodie
Julie Cuzen	Denise Dunn	Mary Martin
Tom O’Hara	Nancy Peters	Gayle Sloan
Pamela Robson	Richard Brickley OBE	Kevin Rattray
Laura Smith OBE	Karen Kedward	Maureen Evans
Stephen Bell	Karin Bousie	Stewart McKenzie
Craig Bousie	Ruth Hounam	Louise Haines
Caitlyn Ross	Callum Sloan	Graham Cook
Colette Martin	Peter McGuire	Ross Foley





**Guest Speaker**

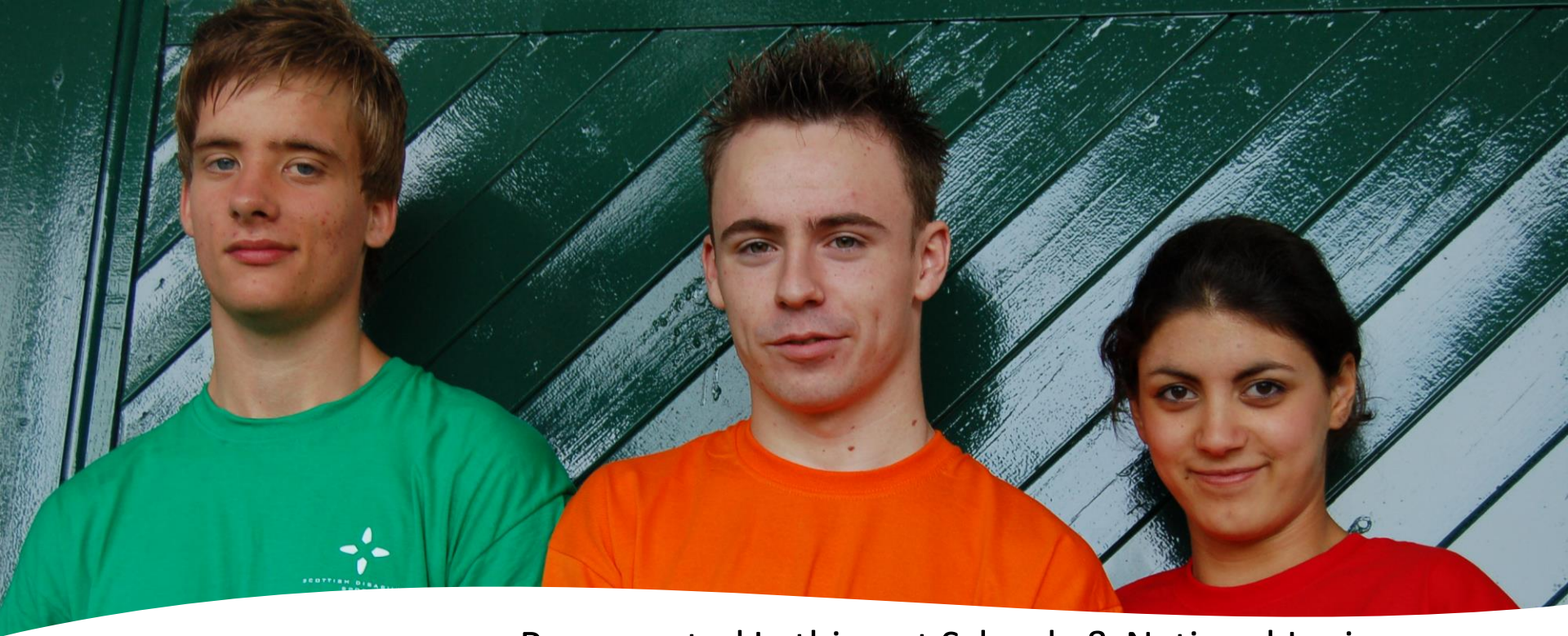
**Jack Brodie**





# Athlete Journey

- Began taking part in football and swimming after a chance meeting with someone involved in disability sport around the age of 10.
- From here I was offered the opportunity to take part in galas, one of which was organised by LDS.
- Transitioned from mainstream swimming lessons into a disability specific club at age 12
- More involvement from the branch



## Role of the Branch

- Represented Lothian at Schools & National Junior Championships – coordinated by the branch
- Selected for SDS National Squad at 13 as a result of performances at events coordinated/delivered by the branch
- Went on to represent Scotland at British Junior Championships
- Other opportunities through branch/SDS –
  - Summer Camp
  - Other Sports





# Volunteering/ Coaching

- Started a career within sport – coached swimming and basketball
- Helped out at Lothian Racers when needed/work allowed
- Worked with some athletes from Lothian Special Olympics – volunteered at the National Games in 2017

# Paid Officer

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- Delighted to be given the opportunity to contribute to disability sport and give something back
- Positives
- Challenges
- How can SDS support Lothian more? How can branches work together?



# Key Themes

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- 3 words
  - Inclusion
  - Education
  - Opportunities
  - Supportive
  - Connectivity
  - Empowering
- Vision: Current one too long, need more time to consider. Explicit messaging for physical, sensory and learning
- Plan: 8 years
- 5 areas the same but less breadth
- Leadership & Influencing balanced with doing
- Access to Research
- Balance of SGB vs Charity
- Adults & Children
- Specific resource on accessing wide variety of funds
- Local activism & advocacy
- Increased Coverage & Ambassadors/ Influencers



# Closing Remarks

## Colette Martin

SDS Board Member &  
Young Person Sport Panel





- Branch acknowledgement and thanks
- Strategic Plan Consultation
- Sharing Successes & Challenges
- Branch Networking Day – 29 April 2020
- Evaluation: Please complete



**Thank You For Attending  
& For All Your Hard Work!**

**Enjoy the AGM!**

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