

Learn to curl programme

Juniors only
£2.50
per session
(under 18s)

Adults only
£4
per session

Disability curling at The PEAK

Our disability inclusion classes offer two distinct curling sessions at The PEAK tailored to support those living with a disability. Our sessions are a great introduction to the sport of curling consisting of 1 hour of coaching with a qualified Active Stirling or Scottish Curling qualified instructor. Get involved in this great sport, meet new friends and have fun on the ice. Carers are welcome to attend for free and would be encouraged to take part on the ice.

KEY

Visual impairment **VI** Disability inclusion **DI**

DATE	TIME	SESSION	TIME	SESSION	AGE	VENUE
Mon 2 Sep 2019	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 16 Sep 2019	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 30 Sep 2019	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 7 Oct 2019	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 21 Oct 2019	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 4 Nov 2019	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 18 Nov 2019	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 2 Dec 2019	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 16 Dec 2019	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 13 Jan 2020	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 27 Jan 2020	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 3 Feb 2020	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 17 Feb 2020	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 2 Mar 2020	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 16 Mar 2020	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK
Mon 30 Mar 2020	3.00pm-4.00pm	VI	4.15pm-5.15pm	DI	8yrs+	The PEAK



STIRLING WHEELCHAIR CURLING CLUB

For all wheelchair users. The club meet every Wednesday at The PEAK. Each session is taken by Scottish Curling qualified coaches. All curling equipment is provided. For more information on Stirling Wheelchair Curling Club please contact Jacky McLaren at jackymclaren@talktalk.net.

To book or enquire please contact our Bookings team on **01786 273555** or bookings@activestirling.org.uk

Image courtesy of Scottish Curling