

Event F1	Standing Long Jump	Male/Female	LD/PD		
	054	Ryan Flynn	Forth Valley Flyers	LD	1.84
	131	Billy Goodall	Red Star AC	LD	1.06
	021	Adil Akbar	Ashton	PD	0.65
	059	Ross Hickie	Milldale	LD	0.57
	061	David Stewart	Milldale	LD	0.40
	060	Ross Darroch	Milldale	LD	0.39
	141	Lisa Davis	Red Star AC	PD	1.05
	064	Amanda Wilson	Milldale	LD	0.36
	043	Ellen Wotherspoon	Forth Valley Flyers	LD	0.14
Event F2	Shot Putt	Female	LD/PD	2.72/3/4Kg	
2.72Kg	090	Megan Laird	Disability Sport Fife	HI	3.95
3Kg	140	Annalease Galbraith	Red Star AC	LD	4.86
	010	Freya Howgate	Perth Strathtay Harriers	F37	7.53
4Kg	041	Caitlyn Ross	Forth Valley Flyers	LD A	8.08
	116	Laura Kinder	Red Star AC	LD B	6.20
	114	Geraldine Fitzsimmons	Red Star AC	LD B	5.29
Event F3	Javelin	Male	LD/VI	600-800g	
600g	012	David Noble	Perth Strathtay Harriers	LD	23.51
	132	David Adie	Red Star AC	LD	12.20
	088	Christopher Waugh	Law and District AC	LD	4.58
700g	038	Adam Miller	Forth Valley Flyers	LD	15.92
	118	Darren Carruthers	Red Star AC	LD	15.65
800g	046	James Muir	Forth Valley Flyers	LD	37.07
	051	Mark Lumsden	Forth Valley Flyers	LD	20.94
	050	Lewis McDermid	Forth Valley Flyers	LD	19.78
	035	Gavin Roberts	Victoria Park – Glasgow AC	LD	15.26
Event F4	Softball	Male B	LD/PD/VI		
	057	Rory Wilson	Milldale	LD	19.31
	023	Michael Baillie	Victoria Park – Glasgow AC	LD	17.50
	033	Elliot McLeary	Victoria Park – Glasgow AC	VI	15.38
	021	Adil Akbar	Ashton	PD	13.69
	059	Ross Hickie	Milldale	LD	13.21
	148	Robbie Savage	Red Star AC	Guest	10.80

Event F5	Long Jump	Female A/B/C/D	LD/PD		
A	001	Abbie McNally	Inverness Harriers	F37	3.75
	002	Melanie Nicol	Inverness Harriers	LD	3.29
	087	Diane Gillan	Unattached	LD	3.24
B	078	Rosie Porter	Dumfries and Galloway	PD	2.88
	140	Annalease Galbraith	Red Star AC	LD	2.63
	039	Amy Currie	Forth Valley Flyers	F37	2.58
	128	Linzi Finnigan	Red Star AC	LD	2.49
	145	Rebekah Proctor	Red Star AC	LD	1.94
C	139	Ava Smith	Red Star AC	LD	2.36
D	090	Megan Laird	Disability Sport Fife	HI	2.11
Event F6	Shot Putt	Male	LD/PD	3/4Kg	
3Kg	082	Cameron Adam	Disability Sport Fife	F37	5.88
	089	James Laird	Disability Sport Fife	LD	5.46
	011	Lachlan Howie	Perth Strathtay Harriers	LD	3.08
4Kg	012	David Noble	Perth Strathtay Harriers	LD	8.51
	133	Steven Van Beek	Red Star AC	LD	6.50
	066	Max Tysall	Unattached	PD	6.14
	134	Joe McNee	Red Star AC	LD	6.12
	132	David Adie	Red Star AC	LD	6.00
Event F7	Javelin	Female	LD/PD	600g	
	010	Freya Howgate	Perth Strathtay Harriers	F37	19.92
	041	Caitlyn Ross	Forth Valley Flyers	LD	13.94
	116	Laura Kinder	Red Star AC	LD	12.80
	114	Geraldine Fitzsimmons	Red Star AC	LD	9.17
Event F8	Softball	Female A/B	LD/PD		
	027	Nicole Lang	Victoria Park – Glasgow AC	LD A	15.43
	117	Mary Fitzsimmons	Red Star AC	LD A	14.61
	063	Toni Napolitano	Milldale	LD A	13.44
	062	Sarah Coutts	Milldale	LD A	13.27
	043	Ellen Wotherspoon	Forth Valley Flyers	LD B	5.21
	141	Lisa Davis	Red Star AC	PD A	16.34
	078	Rosie Porter	Dumfries and Galloway	HI	12.91
	129	Lydia Woldeselassie	Shettleston Harriers	PD B	13.77
	064	Amanda Wilson	Milldale	PD B	5.90
	104	Caiomhe Devlin	Red Star AC	PD B	4.27
	085	Naimh Currie	Disability Sport Fife	Seated	6.75

Event F9	Long Jump	Male A/B	LD	
	094	Steven Stone	Forth Valley Flyers	F20 A 6.14
	030	Andrew Larter	Victoria Park – Glasgow AC	LD A 4.65
	049	Lewis Lyle	Forth Valley Flyers	LD A 4.65
	034	David Mott	Victoria Park – Glasgow AC	LD B 4.08
	026	David Keegan	Victoria Park – Glasgow AC	LD B 3.76
	048	Kevin O’Raw	Forth Valley Flyers	LD B 3.56
Event F10	Shot Putt	Male	LD/PD	5 -7.25Kg
5Kg	124	Connaire McLindon	Red Star AC	F37 9.57
	098	Sean McCormick	Victoria Park – Glasgow AC	LD 9.37
	048	Kevin O’Raw	Forth Valley Flyers	LD 6.65
	032	Rodrigo McEwan	Victoria Park – Glasgow AC	LD 6.13
	056	Niall Finlayson	Forth Valley Flyers	LD 5.68
	040	Bruce Anderson	Forth Valley Flyers	LD 4.98
	052	Paul Wotherspoon	Forth Valley Flyers	LD 4.87
	029	Alasdair Larter	Victoria Park – Glasgow AC	LD 4.82
	038	Adam Miller	Forth Valley Flyers	LD 4.39
6Kg	125	Calum Ballantyne	Red Star AC	LD 7.33
7.25Kg	044	Gavin Miller	Forth Valley Flyers	LD 7.93
Event F11	Club	Male/Female	PD	
	122	Kirsty Soutar	Red Star AC	F32 14.93
	123	Graham Condie	Red Star AC	F32 22.90
	097	Jo Butterfield	Forth Valley Flyers	F51 22.00
Event F12	Seated Discus	Male/Female		1Kg
	123	Graham Condie	Red Star AC	F32 12.74
	122	Kirsty Soutar	Red Star AC	F32 6.97
Event F13	Softball	Male A	LD /PD	
	054	Ryan Flynn	Forth Valley Flyers	LD 22.62
	132	David Adie	Red Star AC	LD 21.94
	134	Joe McNee	Red Star AC	LD 21.42
	144	Craig Devlin	Red Star AC	PD 18.37
	028	David Lapping	Victoria Park – Glasgow AC	LD 17.28
Event F14	Long Jump	Male	LD/PD	
	089	James Laird	Disability Sport Fife	LD 3.22
	014	Jason Oswald	Ashton	LD 2.97
	040	Bruce Anderson	Forth Valley	LD 2.47
	020	James McGunnigle	Ashton	LD 2.42
	009	Cameron Wilson	Perth Strathtay Harriers	PD 2.47

Event F15	Softball	Male C	LD/PD		
	060	Ross Darroch	Milldale	LD	9.82
	061	David Stewart	Milldale	LD	9.52
	037	Michael Johnston	Victoria Park – Glasgow AC	PD	3.33
Event F16	Discus	Male/Female	LD/PD	1/1.25/1.5/2Kg	
1Kg	124	Connaire McLindon	Red Star AC	F37	25.65
	083	Finlay Davidson	Disability Sport Fife	F40	10.35
	011	Lachlan Howie	Perth Strathtay Harriers	LD	8.03
1.25Kg	012	David Noble	Perth Strathtay Harriers	LD	19.18
1.5Kg	143	Alexander Thomson	Red Star AC	F38	19.68
2Kg	044	Gavin Miller	Forth Valley Flyers	LD	21.12
	051	Mark Lumsden	Forth Valley Flyers	LD	19.70
1Kg	041	Caitlyn Ross	Forth Valley Flyers	LD	16.98
	116	Laura Kinder	Red Star AC	LD	14.33
	114	Geraldine Fitzsimmons	Red Star AC	LD	12.71
Event F17	Bean Bag Throw	Male /Female			
F	093	Sarah Rehman	Forth Valley Flyers		1.88
M	008	Calum McGregor	Perth Strathtay Harriers		1.47