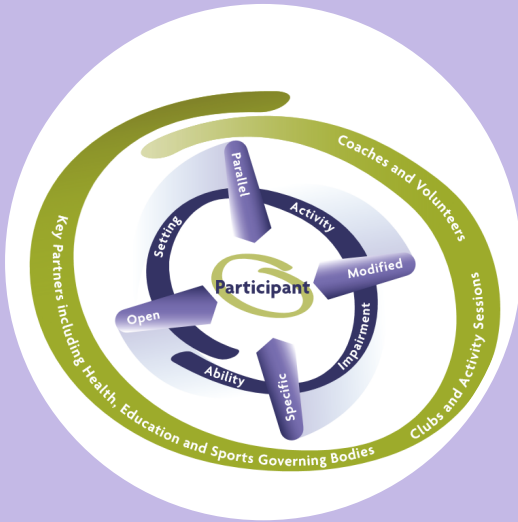




UK DISABILITY INCLUSION TRAINING

INTRODUCTION

SDS, in conjunction with Home Country Disability Organisations has developed a UK Disability Inclusion Training (UKDIT) course aimed at those interested in becoming involved in sport for people with a disability. The full day workshop includes a mix of theory and practical delivery to allow participants to positively include people with a disability in physical activity and sport. A half day version of the course has also been developed which focuses on the theory element.



WORKSHOP AIMS

- Focus on ability rather than disability
- Influence and deliver good practice
- Communicate effectively
- Support the inclusion of disabled people in sport
- Where to go to for further information

THEORY

- Section 1: Perceptions and Experiences
- Section 2: Understanding the participant
- Section 3: Legislation
- Section 4: Barriers and possible solutions to participation
- Section 5: Who can help

PRACTICAL

The practical session involves putting into practice the underlying principles of STEP interaction of:

- S pace
- T ask
- E quipment
- P osition

and the Inclusion Spectrum as per the diagram above

