

Boccia Leaders Award



Boccia is a Paralympic sport for players with a severe disability, but can be played by all. A mixture of theory and practice, the workshop will provide an overview of structure, rules and practices.

The length of the workshop is three hours but it can be adjusted to meet the opportunities available. The Boccia Leaders Award workshop cost is £400, which includes all resources and tutor costs.

Workshop Overview and Requirements

The course is designed to cover three hours and can accommodate between 10 and 20 delegates. The tutor will organise theory and practical sessions that provide an overview of the structure of the sport, rules and relevant practices. A sports hall or similar area is required.



Content

Boccia basics – the court – benefits of boccia – classification – delivery styles – case studies – practical session – further information and contacts



Audience

The Boccia Leaders Award will provide coaches, teachers and volunteers with a brief overview of some knowledge, skills and abilities to introduce the game to all children, young people and individuals with an interest in the sport.



“Lots of useful activities and games to use in future sessions.”

“Simple equipment that can be used to make up exercises.”

“It is easy to see why this sport would capture the interest of people who are disabled, it is fun and very competitive.”

For more information contact Scottish Disability Sport
on 0131 317 1130 or email admin@scottishdisabilitysport.com