

# Learn to curl programme

Adults  
£4

Juniors  
£2.50  
(under 18s)

## Disability curling at The PEAK

Our disability inclusion curling sessions at The PEAK are tailored to support those living with a disability. Our sessions are a great introduction to the sport of curling consisting of 1 hour of coaching with a qualified Active Stirling or Scottish Curling qualified instructor. Get involved in this great sport, meet new friends and have fun on the ice. Carers are welcome to attend for free and would be encouraged to take part on the ice.

### SESSION KEY

Visual impairment **VI** Disability inclusion **DI**

DATE	TIME	AGE	VENUE	SESSION
Mon 22 Apr 2019	3.15pm-4.15pm	8yrs+	The PEAK	<b>VI</b>
Mon 22 Apr 2019	4.30pm-5.30pm	8yrs+	The PEAK	<b>DI</b>
Mon 6 May 2019	3.15pm-4.15pm	8yrs+	The PEAK	<b>VI</b>
Mon 6 May 2019	4.30pm-5.30pm	8yrs+	The PEAK	<b>DI</b>
Mon 20 May 2019	3.15pm-4.15pm	8yrs+	The PEAK	<b>VI</b>
Mon 20 May 2019	4.30pm-5.30pm	8yrs+	The PEAK	<b>DI</b>
Mon 17 Jun 2019	3.15pm-4.15pm	8yrs+	The PEAK	<b>VI</b>
Mon 17 Jun 2019	4.30pm-5.30pm	8yrs+	The PEAK	<b>DI</b>
Mon 24 Jun 2019	3.15pm-4.15pm	8yrs+	The PEAK	<b>VI</b>
Mon 24 Jun 2019	4.30pm-5.30pm	8yrs+	The PEAK	<b>DI</b>



### STIRLING WHEELCHAIR CURLING CLUB

For all wheelchair users. The club meet every Wednesday at The PEAK. Each session is taken by Scottish Curling qualified coaches. All curling equipment is provided. For more information on Stirling Wheelchair Curling Club please contact Jacky McLaren at [jackymclaren@talktalk.net](mailto:jackymclaren@talktalk.net).

To book or enquire please contact our Bookings team on **01786 273555** or [bookings@activestirling.org.uk](mailto:bookings@activestirling.org.uk)

**TRYCURLING** 