



## Scottish Disability Sport Coaching, Education and Development Report 1 April 2016 – 31 March 2017

### Introduction

1. Coaching, Education and Development is one of the 5 key areas within SDS's Strategic Plan 2017-2021.
2. The purpose of this report is to provide an update on coaching, education and development on the period 1 April 2016 – 31 March 2017.

### Education and Training Opportunities: 1 April – 31 March 2017 Course and participant statistics

3. 117 Education and Training opportunities have taken place in the year up to 31 March 2017, involving 1,937 participants.
4. The courses to date were distributed across Scotland as follows:

Highland and Islands	7
West	39
Central	24
Tayside & Fife	7
East	30
Grampian	10
<b>Total</b>	<b>117</b>

### Coaching Developments – Sports Specific

5. SDS organised courses:

UKDIT	
Walking	1
Bowls	6
Athletics	1
Swimming	5
Boccia (UKCC & leaders award)	9
<b>Total</b>	<b>22</b>

SDS in Partnership with Scottish Governing Bodies have designed, developed and delivered 12 Sports Specific courses involving 140 participants

### UK Disability Inclusion Training

6. Sainsbury's has agreed to further fund UKDIT training from 2017-2020. Education Scotland/**sports**scotland funding ended in March 2016. The funding enabled SDS to undertake the following training, education and development opportunities:
  - UK DIT courses across Scotland;
  - Design, develop and deliver resources for the education sector working with young people with complex needs;
  - Develop a resource for working with young people who are on the autistic spectrum;
  - The development of a pre-school resource.
  - Design, develop and deliver resources for senior pupils

7. Out of the total 117 education and training opportunities 83 were UKDIT courses involving 1,452 participants. Learners can choose whether to be assessed or not.

8. 83 UKDIT courses were delivered to the following audiences:

Teachers & Teaching Assistants	36
Coaches & Volunteers	9
Senior Pupils	30
Early Years	2
Autism	6
<b>Total</b>	<b>83</b>

9. Delivery to initial Teacher Training Students was identified as a key focus. To date SDS has delivered to the following educational establishments: University of Glasgow, Glasgow Caledonian University, Ayrshire College, Strathclyde University, Dundee & Angus College, University of Edinburgh and University of Stirling.

10. Of the participants who completed and returned feedback forms, the statistics are as follows:

- 60% of the participants were male and 40% were female
- 3% of the candidates considered themselves to have a disability
- 27% of the candidates were under the age of 25, with the remainder aged 25 to 65
- 3% of the candidates identified themselves as from a black or ethnic minority group

This represents an increase in males attending training opportunities which is possibly as result of Senior Pupils being so successful this also accounts for the rise in numbers attending in the Under 25 years age group

#### **Inclusion into sportscotland's key themed workshops.**

11. SDS has been requested to provide the golden thread of inclusion for people with a disability in **sportscotland's** five key themed workshops. To date, SDS has inputted into the workshops for Physical Literacy and Growth & Maturation. The other workshops requiring to be considered regarding inclusion are Talent, Co-ordination & Control, and Observational Skills. SDS has also been requested to contribute toward the development of an App illustrating modified movement for strength and conditioning exercises.

SDS in partnership with **sportscotland** is rolling out series of disability specific workshops for coaches and volunteers within the Coach Connect and Coaching Talent programmes. The initial workshop within the series was focus on training needs analysis for the coaches. Further topics identified were planning, organising and self-reflection.

SDS has also worked with **sportscotland** Institute of Sport to pilot an inclusion workshop to upskill institute staff.

#### **Research and Presentations**

12. Best and Randak, were commissioned to lead a quantitative and qualitative review of UKDIT for training in 2014/15. The report contains a number of case studies from across Scotland.

13. The key findings are as follows:

- 89% thought the training has been fairly or very effective
- 100% consider themselves to be confident and 97 % competed in delivery opportunities to young people with a disability following the training
- 84% reported that the training had had an impact on their teaching with 93% sharing their learning from their course with workplace colleagues.
- The respondents were almost universally positive about the quality of the courses many commenting they were 'excellent', 'interesting', 'enjoyable', 'well presented' and 'informative'

14. Following the success of the UK DIT with early years practitioners, primary teachers, primary specialist PE teachers, secondary PE teachers and trainee PE teachers, Scottish Disability Sport has

been asked to present at a number of seminars and conferences for the Scottish Government, Education Scotland and Local Authorities.

## **E-Learning**

15. The e-learning resource went live on 20 August 2014. It was piloted in May 2014 where a number of technical irregularities were identified and have been subsequently addressed. The course is available for individuals to log in and complete. SDS is still considering the implications of e-learning within a blended learning package. Currently, there is a 17% completion rate which is acceptable if completion is not mandatory and if there are no incentives for the learner to complete the course. The e-learning package requires a complete overhaul to make it less clunky and more user friendly, it is envisaged that further funding from Sainsbury's will allow the development of an online module.

## **Boccia**

16. UKCC Level 2 received endorsement and UKCC Boccia Level 1 was re-endorsed in March 2014.
17. An international boccia classification workshop took place in November, where one representative from SDS was in attendance and successfully completed their accreditation.
18. Two officials' courses ran in 2016/17 involving 16 candidates to ensure the whole gamut of workforce within boccia is addressed.
19. Eight level 2 boccia coaches were selected to attend the cross sport L2+ pilot. The course has completed the generic workshops in 2015/16 and in 2016/17 the Boccia specific element is currently being delivered.
20. One UKCC Level 1 course has been delivered involving 8 participants and one UKCC Level 2 course has been delivered involving 11 participants.
21. Andrinne Craig and Darren Thomson delivered an introduction to Boccia in Dubai in May 2016. Their delivery was warmly received.
22. Three Scottish referees were selected to officiate at the 2016 British Boccia Championships to maintain their accreditation with BISFed.
23. An SDS representative has been selected to chair the BISFed international development and coaching group. This will determine if an international Boccia Coaching award should be developed