SCOTTISH DISABILITY SPORT

DEVELOPING OPPORTUNITIES AND IMPROVING PERFORMANCE IN DISABILITY SPORT FOR CHILDREN, ATHLETES AND PLAYERS WITH A PHYSICAL, SENSORY OR LEARNING DISABILITY

SCOTTISH DISABILITY SPORT

Scottish Disability Sport Annual General Meeting

Stirling Court Hotel, Stirling

2nd October 2016

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Janice Eaglesham

Scottish Disability Sport

Chair

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Scottish Disability Sport Annual General Meeting

23rd September 2015

Attendees

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Management Board
Oliver Barsby
Janice Eaglesham MBE
Catherine Goodfellow
Gerry Milne
Claire Morrison
Sandra Proudfoot
Iain Smith
Anna Tizzard

sportscotland
Ruari Davidson
Fiona Fagan
Stewart Harris
John Kent

Governing Bodies
Bruce Crawford
Marjorie Greevy
Alex Hodge
Shona Malcolm OBE
Terry McLernon MBE
Nicola Scott
Keith Wilson

Athletes
Jim Anderson OBE
Steven Bryce
Jo Butterfield
Laura Cluxton
Paul Davidson
Meggan Dawson-Farrell
Hannah Dines
Nathan Fleetwood

Attendees

Athletes (cont.)
Ross Foley
Callum Glasgow
Alan Gray
Hope Gordon
Stefan Hoggan
Michael Kerr
Robert Laing
Gemma Lumsdaine
Colette Martin
Alan Oliver
Frank Maguire
David Purdie
Caitlyn Ross
Callum Sloan
Reegan Stevenson
Shelby Watson

Coaches
Pat Agnew
Andy Smith

Additional Invitees
Brenda Anderson
John Anderson
Joe Cluxton
Mike Crerar
Kirstie Dawson
Kim Forrest
Jane Gordon
Derek Grieve
Matthew Hall
Julie Hogg
Alan Laing
Susan Laing
Carolyn Macdonald
Colin MacDonald
Jay Runga
Lynsey Stevenson

Attendees

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Angus Branch
Robert Cassidy
Martin Cassidy
Maureen Evans
Karen Kedward
Jean Stevenson

Borders Branch
Graham Cook

Dumfries & Galloway
Ling Mann
George Morrison
Laura Vickers

Fife Branch
Richard Brickley MBE
Paul Noble MBE
Pamela Robson
Gail Sloan

Forth Valley Branch
Ann Finlayson
Neill Finlayson
Mitchell Graham
Graham Harvey
Mark Lumsden
Wendy Lumsden
Lisa Male
Fraser Mathieson
Angus Whyte

Glasgow Branch
Gordon McCormack OBE

Attendees

Lothian Branch
Ann Brown
Gary Clelland
Elizabeth Ann Little
Richard Vallis

Perth & Kinross Branch
Nick Keiller
Lynn Melville
Kathleen Smith

South Lanarkshire Branch
Ian Dunn
Ian Gray

Scottish Disability Sport Staff
Lynn Allison
Norma Buchanan
Charlie Forbes
Gary Fraser
Mark Gaffney
Lynne Glen
Neal Herbert
Jennifer Livingstone
Heather Lowden
Caroline Lyon
Gavin Macleod
Lewis McConnell
Claire McDonald
Ailien Pallot
Jennifer Scally
Kate Shaw
Lori Ure
Cheryl Willet

Apologies

Patron
Craig Brown

Management Board
David Rhoney

Honorary President
Jean Stone MBE

sportscotland
Jennifer Griffin
Penelope Peacock
Mel Young

Athletes
Stephen Clegg
Hannah Craig
Karen Darke
Kyle Hughes
Rosemary Lenton
William Masterton
Conor McAdam
Conner Morrison
Andrew Mullen
Kate Murray
Jonathan Paterson
Alison Patrick
Martin Perry
Derek Rae
Stefanie Reid
Lucy Rutledge
Toni Shaw
Michael Simpson
Brad Stewart

Coaches
John de Courcy
Jean Duncan
Sarah Jane Ewing
Tina Gordon
Kaity Hall
Lyndon Williams

Apologies

Ayrshire Branch
Dianne Campbell
Waiyin Hatton

Dundee Branch
Gordon Quinton

Fife Branch
Adam Morley

Glasgow Branch
Tom A'Hara
Denise Dunn
Caroline Johnston
Irene Lochrin
Mary Martin
Nancy Peters
Robin Walker

Highland Branch
Janet Holme
Lesley Jones

SDS Staff
Ron McArthur

Apologies

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Governing Bodies

Frances Bain
Kate Caithness
Rob Claridge
Gary Humes
Kim Atkinson
Craig Burn
Forbes Dunlop
Roddy McKenzie
David McArdle
Eilidh McCall-Lawrie
Jane Moncrieff
Mark Munro
Kevin Pringle
Calum Reid
Kirsteen Ross
Sheila Swan
Paul Wilson
Peter Young

Additional Invitees

Cynthia Clare
Alan Dickson
Jim Fleeting
Steve Grimmond
Tony Hamilton
Donna-Marie Henry
Karin Jackson
Alex Johnston
Andrea Law
Alan Martin
Elaine McKenna
Angela Meechan
Harry Richmond
Steve Rutledge
Gordon Rainey
Louise Tideswell

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Scottish Disability Sport Annual General Meeting

2nd October 2016

Election for Directors (Management Board) of SDS

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- Oliver Barsby (Director 2015 - 2016)
- Jay Runga

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Scottish Disability Sport Annual General Meeting

2nd October 2016

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Scottish Disability Sport Annual General Meeting

Guest Speakers

Claire Morrison,

Performance Coach, GB Boccia

&

Stephen McGuire

BC4 Individual World Champion

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Scottish Disability Sport Annual General Meeting

Review of the Year - What a Year!!

Janice Eaglesham OBE
Chair

Context

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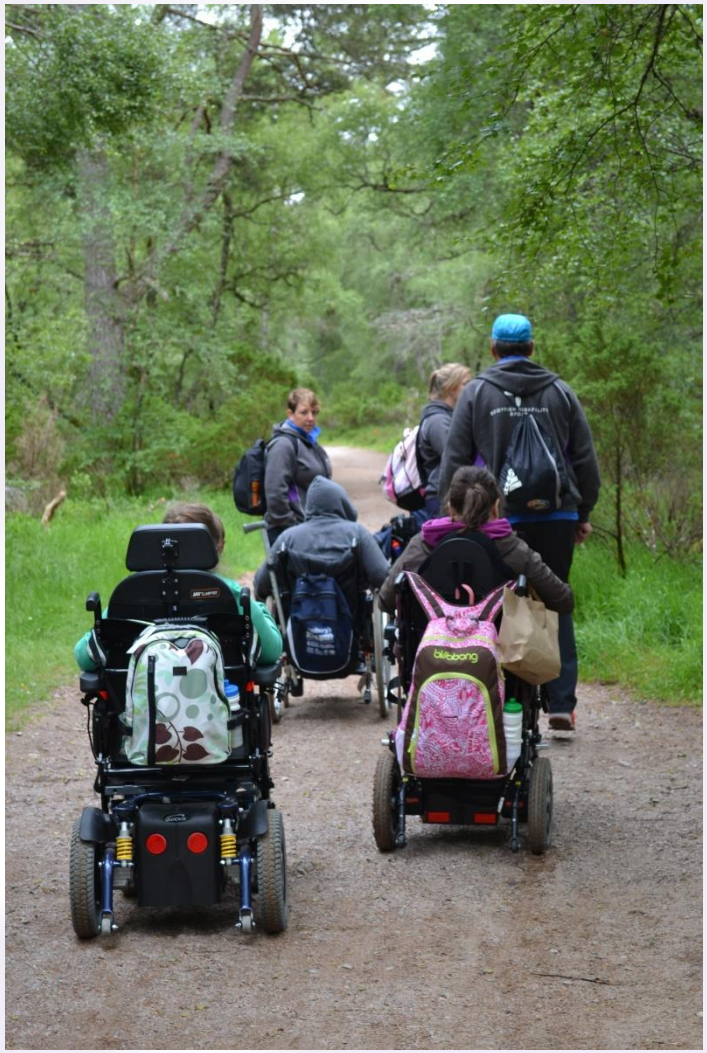
- We are finalising the next strategic plan, building on the success of our last plan which started in 2012 and finishes next Spring
- We are engaging with more partners, agencies and people on a number of levels than ever before
- SDS has taken the lead on the delivery of the inclusion agenda and continues to support others to achieve a fully inclusive agenda whatever their role in the delivery of physical activity and sport.
- We have just witnessed the most successful GB Paralympic team since 1988 with Scots playing a huge role in that success



Branch/local and Regional Opportunities:

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- By the end of the current strategic plan, all SDS branches will have achieved minimum operating standards
- Three branches, Fife, Forth Valley and Grampian are key partners in the delivery of the UK wide “Get out, Get active programme which aims to support inactive people with a disability into activity
- The branches continue to be supported by SDS staff in a variety of ways, today, before this AGM, SDS hosted a branch conference with ??? from ?? branches
- A total of 386 young people have attended either a Parasport development day or a National multi sport festival
- The Young person sports panel has been launched to allow the opinions and thoughts of young people to influence the work of SDS
- SDS continues to act as a lead and key support to Scottish governing bodies of sport and other key agencies to help them deliver a fully inclusive agenda

Talent and Performance

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- SDS is governing body of Boccia – 6 players attended world individual championships in Beijing resulting in Stephen McGuire winning BC4 world title
- Scottish sportspeople and coaches have attended championship and invitational events across the world since the last AGM, striving to be the best they can be.
- 23% of academy athletes have moved through onto UK World class performance programmes
- At a local, regional and national level, SDS continues to work through branches, regional managers and our national events programme to ensure the pathway of opportunity from local to international is seamless and smooth
- Rio – what did Scottish success look like?

Paralympics

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Paralympics	GB Squad	Scots in GB Squad	Scots in GB Squad (%)	Gold Medals	Silver Medals	Bronze Medals	Total Medals
Sydney 2000	214	25	12%	8	14	10	32
Athens 2004	166	15	9%	8	5	2	15
Beijing 2008	210	16	8%	2	3	3	8
London 2012	300	27	9%	3	6	2	11
Rio 2016	**256**	**33**	**12.5%**	4	6	2	12

- 18% increase of Scottish athletes/players at Rio 2016 compared to London 2012.
- 60% of Scottish athletes/players competing at the Paralympic Games for the first time.
- 36% of the athletes/players are women.
- 42% of the athletes/players were supported by the SDS Academy.
- 72% of the Scottish athletes/players competing in Rio 2016 have received support from SDS.
- 82% are supported by **sport**scotland's Institute of Sport.

Rio Paralympics 2016

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Selected Athlete	Sport
Nathan McQueen	Archery
Jo Butterfield	Athletics
Libby Clegg	Athletics
Sammi Kinghorn	Athletics
Maria Lyle	Athletics
Derek Rae	Athletics
Stephanie Reid	Athletics
Jamie McCowan	Boccia
Linda McCowan (Asst)	Boccia
Scott McCowan	Boccia
Gary McCowan (Asst)	Boccia
Stephen McGuire	Boccia
Joshua Rowe	Boccia
Kieran Steer	Boccia
Patrick Wilson	Boccia
Karen Darke	Cycling

Selected Athlete	Sport
Hannah Dines	Cycling
Neil Fachie MBE	Cycling
Craig McLean (Pilot)	Cycling
Martin Hickman	Football
Jonathan Paterson	Football
David Porcher	Football
Sam Ingram	Judo
Alison Patrick	Paratriathlon
Hazel Smith (Guide)	Paratriathlon
Micky Yule	Powerlifting
Stephen Clegg	Swimming
Abby Kane	Swimming
Andrew Mullen	Swimming
Scott Quin	Swimming
Robyn Love	Basketball
Gordon Reid	W/C Tennis
Michael Kerr	W/C Rugby

Rio Paralympic Medalists

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Medal	Day	Sport	Event	Scottish Athletes
Gold (5)	2	Athletics	T11 100m	Libby Clegg
	4	Athletics	F51 Club Throw	Jo Butterfield
	6	Athletics	T11 200m	Libby Clegg
	7	Cycling	H1-2-3 Time Trial	Karen Darke
	9	Tennis	Men's Singles	Gordon reid
Silver (8)	2	Athletics	T44 Long Jump	Stef Reid
	4	Cycling	Tandem B 1000m Time Trial	Neil Fachie
	4	Para-Triathlon	PT5 Para-Triathlon	Alison Patrick and Hazel Smith (Guide)
	7	Swimming	SB14 100m Breaststroke	Scott Quin
	8	Athletics	Women's F35-38 4x100m relay	Maria Lyle
	8	Tennis	Men's Doubles	Gordon Reid
	9	Swimming	S5 50m Backstroke	Andrew Mullen
	10	Swimming	S13 100m Backstroke	Abby Kane
Bronze (4)	1	Swimming	S5 200m Freestyle	Andrew Mullen
	7	Athletics	T35 100m	Maria Lyle
	10	Swimming	S5 100m Freestyle	Andrew Mullen
	10	Athletics	T35 200m	Maria Lyle

Education and Coaching:

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- 114 Education/training and learning opportunities took place resulting in over 1,700 participants feeling more competent and confident in their delivery of an inclusive programme. Over 1000 of these attendees were from the education sector
- As governing body of Boccia, over 140 people attended either a Boccia Leaders Course or UK CC Level 1 training
- SDS has worked with over 20 Scottish Governing Bodies of sport to support an inclusive coaching network
- SDS has responded to requests for specific training in areas such as working with people who have severe and complex needs, early years or with people on the autistic spectrum
- SDS/YST and SOS have recently worked together to deliver a Play Unified event which brings young non disabled school pupils and pupils from the Special Educational need sector together to develop an inclusive community within their school

Governance and Infrastructure

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- A large part of this year has been taken up with providing 32 consultation workshops across the length and breadth of Scotland. Delivered to a wide audience of branches, partners, players and agencies, these consultations have shaped the next strategic plan.
- This plan will set our course for the next four years, building on the success of Inspiring through Inclusion and identifying areas where more focus is required
- SDS continued aspiration to maintain a robust governance system means all policies are reviewed by the board on a two year cycle along with working towards the advanced level of Equality standard for sport
- SDS continues to lead on the development of an inclusive sporting agenda at all levels across Scotland

Communication and Leadership

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- Hope you've all had a chance to look at our new website!
- SDS has been involved from the start in the redevelopment of the Inverclyde as a fully inclusive facility
- Athlete, volunteer and coach success continue to be recognised at a variety of award ceremonies

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Success – it's very nice but what does it really mean?

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Scottish Disability Sport Annual General Meeting

SDS Strategic Plan 2017-2021

Gavin Macleod

CEO

Successes 2012-2016

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- **33** athletes (**12.5%** of ParalympicsGB Team) selected across 12 sports for the 2016 Summer Paralympic Games winning **17** medals
- **60%** of ParalympicsGB Boccia Team for Rio 2016 are Scottish
- **5** sports, **22** events, **21** athletes, **7** medals – the most successful Commonwealth Games ever for Scottish para athletes
- **66** SDS Academy athletes supported across **12** sports with **25** transitioning to UK funded programmes
- Working with **32** Scottish Governing Bodies and all **32** Local Authorities engaged in inclusion
- **1,467** young people involved in Regional Parasport Days and **381** participants involved in Regional & National Camps and Engagement Days
- **11,178** entries into SDS National Events
- **500+** education & training opportunities involving **7,000+** participants
- UKCC **Level 1 & 2 Boccia** courses established
- **All** SDS Branches achieved Minimum Operating Requirements
- 60% **increase** in website traffic

Strategic Plan 2017-2021 Consultations

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- 32 consultations over 9 months

- Between 10 – 35 in attendance at the meetings

SDS Direction after Consultation

- Evolution not revolution which builds on existing plan 2012-2017
- There was still a requirement to be explicit in the inclusion messaging.
- Education, training and development of teachers, coaches and leaders is crucial to bring about cultural change
- SDS leading and influencing was recognised and valued by partners.

Strategic Plan 2017-2021

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Title

“Inspiring through Inclusion: 2017-2021”

Mission

Leading inclusive sport in Scotland for participants and athletes with a physical, sensory or learning disability

Strategic Plan 2017-2021

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1 Vision

2 Overall Aims

- Develop opportunities
- Improve performance

3 Golden Threads

- Equality
- Safeguarding
- Leading/supporting

4 Underpinning Principles

- People
- Partnerships
- Pathways
- Passion for Inclusion

5 Impact areas

- Engage and participate
- Progress and perform
- Coaching, education and learning
- Governance
- Communication

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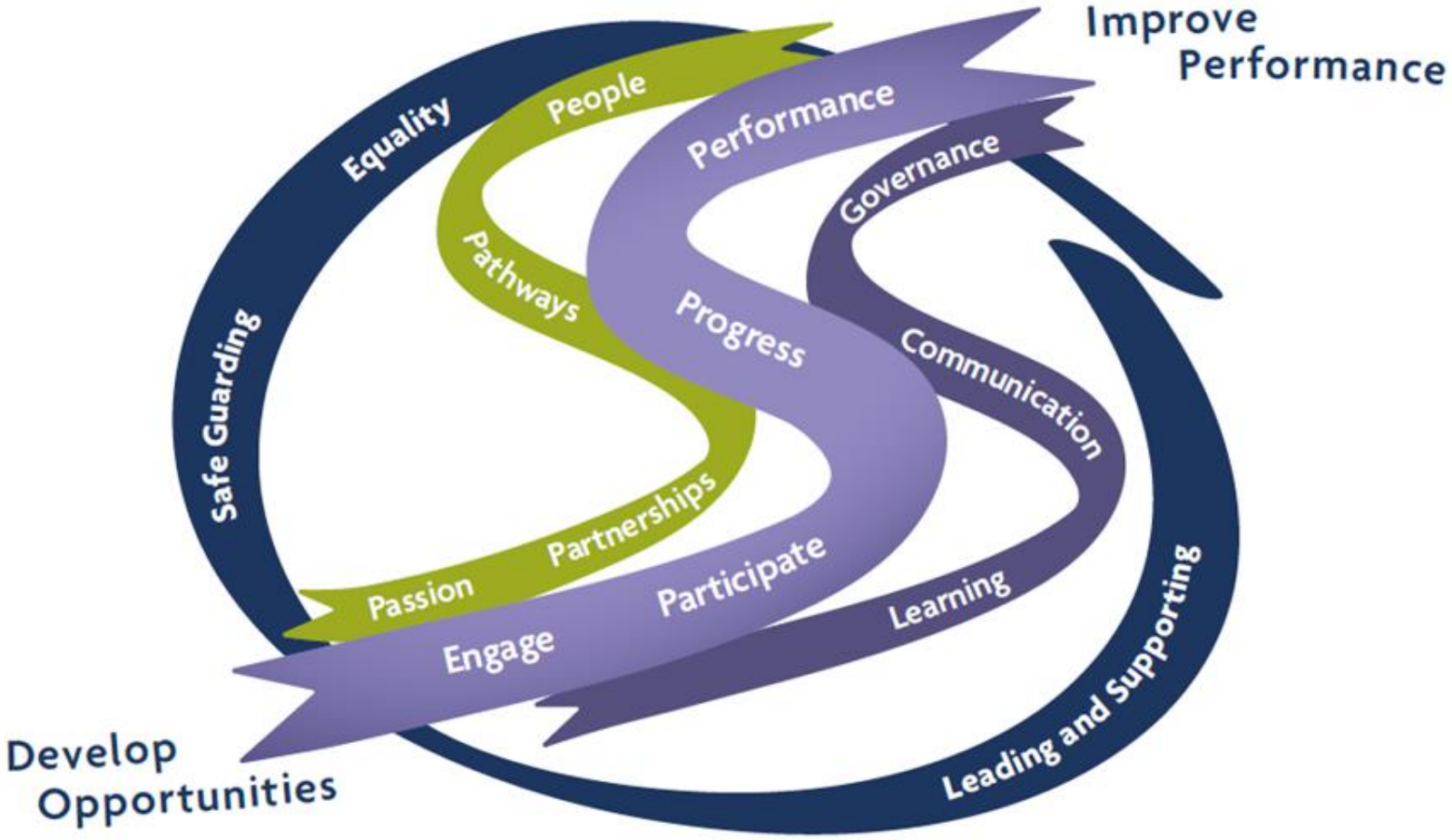
Strategic Pathway



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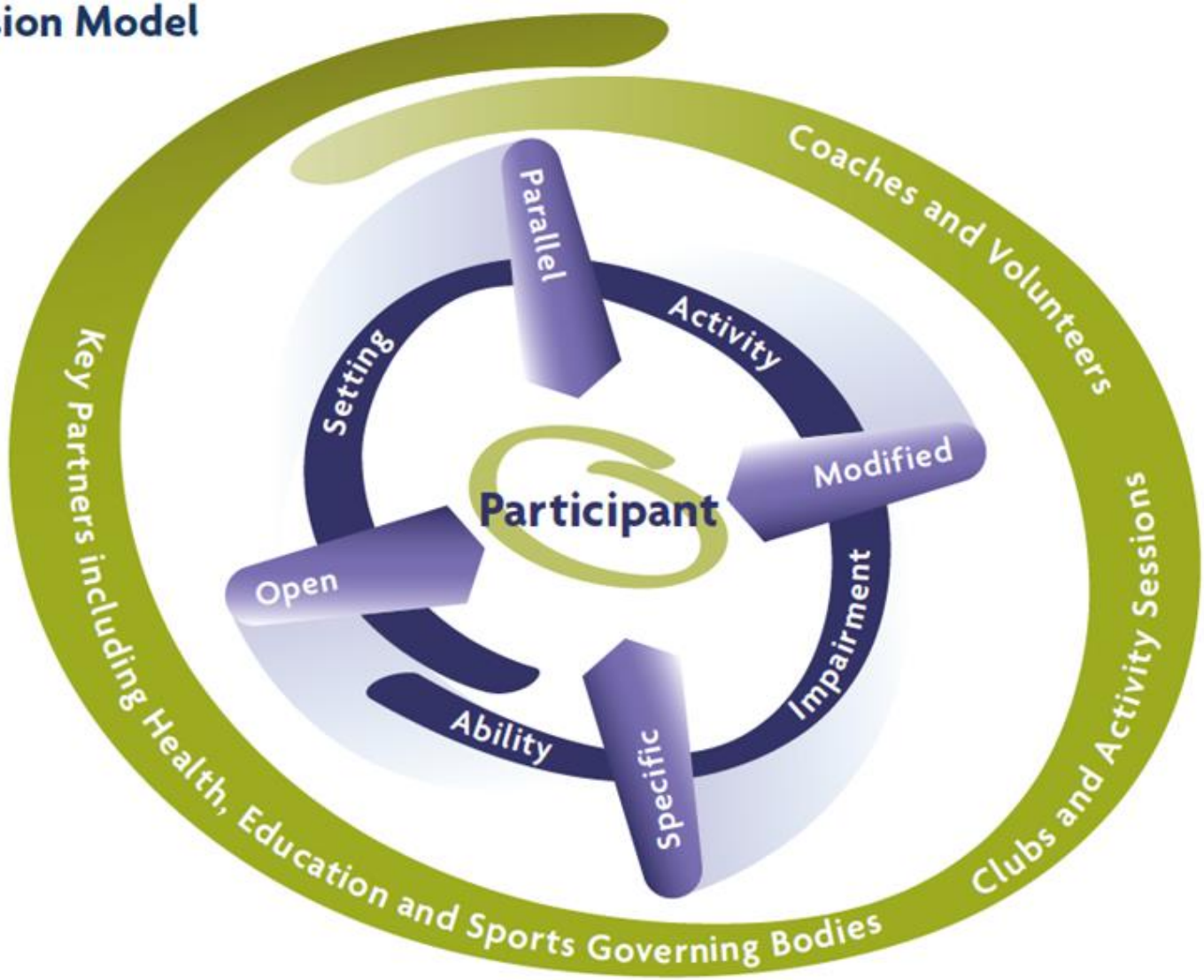
Sports Inclusion Model



Impact Areas 2017-2012

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ENGAGE AND PARTICIPATE

Identify, engage and sustain participant involvement through quality sporting opportunities

- Increased quality opportunities through SDS Branches, local, regional and national partnerships.
- Increased opportunities to participate and compete through the delivery of a comprehensive calendar of events, projects and programmes.
- Building capacity to make clubs and sessions inclusive.

PROGRESS AND PERFORM

Supporting athletes to achieve their potential in performance sport

- More para athletes supported to progress to Scottish/UK/international level
- Increase number of Scottish athletes progressing to UK Performance Programmes
- More para athletes selected for Team Scotland 2018 than at any other away Commonwealth Games

Impact Areas 2017-2012

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COACHING, EDUCATION AND LEARNING

Supporting quality assured training, development and learning opportunities for workforce

- Providing quality and inclusive learning opportunities for Scotland's sporting workforce
- Supporting the embedding of disability inclusion for Scottish governing bodies of sport in education, development and delivery
- Supporting disability inclusion training within the tertiary education sector
- Developing and educating Scotland's Boccia workforce

GOVERNANCE

Building a robust and accountable organisation with sound planning, policy and procedures

- Ensure sound governance through good practice from Branch to Board
- Ensure a quality workforce and sufficient finances are in place to deliver this plan

COMMUNICATION

Targeted, effective communication to all partners and individuals

- The right message to the right people at the right time

Strategic Plan 2017-2021

SCOTTISH DISABILITY SPORT

Impact Areas 2017-2021

Scottish Disability Sport passionately believes in developing inclusive opportunities and improving performance to ensure that any child, young person or adult can participate in sport and physical activity – no matter ability, geography or age. SDS will consolidate, develop and work in partnership to transform lives through the power of sport, focusing on five key areas:

ENGAGE AND PARTICIPATE
Identify, engage and sustain participant involvement through quality sporting opportunities

- Increased quality opportunities through SDS Branches, local, regional and national partnerships.
- Increased opportunities to participate and compete through the delivery of a comprehensive calendar of events, projects and programmes.
- Building capacity to make clubs and sessions inclusive.

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GOVERNANCE
Building a robust and accountable organisation with sound planning, policy and procedures

- Ensure sound governance through good practice from Branch to Board.
- Ensure a quality workforce and sufficient finances are in place to deliver this plan.

COMMUNICATION
Targeted, effective communication to all partners and individuals

- The right messages to the right people at the right time.
- Success is recognised, celebrated, shared and publicised.
- Influence, inspire and inform our key partners.

4

SCOTTISH DISABILITY SPORT

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Scottish Disability Sport is a registered Scottish Charity, Charity No. SC030659 Company No. SC246227

sportscotland
the national agency for sport

SCOTTISH DISABILITY SPORT

Scottish Disability Sport

Inspiring Through Inclusion: 2017-2021

Leading inclusive sport in Scotland for participants and athletes with a physical, sensory or learning disabilities

Building on Our Successes

Major progress towards inclusive sport in Scotland has been made in the last five years but if inclusion is to become a reality, we need to consolidate and continue to develop and build on progress to date. This plan – "Inspiring through Inclusion – 2016-2021", builds on the foundations, developments and progress made during the last five years and will lead the work of our passionate workforce, member Branches and key partners. The following illustrates a selection of key successes and developments over the last five years:

- 13 SDS Branches achieve Minimum Operating Requirements.
- 32 Scottish Governing Bodies, 32 Local authorities and 53 local clubs supported to be inclusive.
- 33 athletes (12.5% of ParalympicsGB Team) selected across 12 sports for the 2016 Summer Paralympic Games winning XXX medals.
- Recognised as the Scottish Governing Body for Boccia, and 60% of ParalympicsGB Boccia Team for Rio 2016 are Scottish.
- Five sports, 22 events, 21 athletes, seven medals – the most successful Commonwealth Games ever for Scottish para athletes.
- 66 SDS Academy athletes supported across 12 sports with 75 transitioning to UK funded programmes.
- 1,467 young people involved in Regional Parasport Days and 381 participants involved in Regional & National Camps and Engagement Days.
- 500+ education & training opportunities involving 7,000+ participants.
- Achieved intermediate level of the Equality Standard for Sport and continued to achieve the highest level of sportscotland's external governance audit.

The SDS Sports Inclusion Model (SIM) is shaping strategy and education programmes. Despite the current profile of equality and inclusion, there is still a need to adopt an explicit approach to the development of strategy, policy and operational practice.

It is within this context that SDS has developed the following strategic plan that will direct the work of the Association up to 2021.

The power of sport to transform lives and bring lifelong social, physical and emotional benefits for participants and athletes with a disability.

1

Sports Inclusion Model

INCLUSIVE SPORTS offers all participants and performers with a disability the opportunity to realise their full potential in physical activity, including sport. PE activity by providing open, modified, parallel and specific sports options appropriate to their individual needs, abilities and environment. Engagement and transition within the model will be by choice or as part of a planned programme of sports participation, training or competition.

CLUBS AND ACTIVITY SESSIONS – Clubs and activity sessions that promote inclusive principles.
COACHES – Ensuring coaches are prepared, confident and competent.
HEALTH AND EDUCATION SECTORS – Supporting the inclusion agenda by ensuring teachers are prepared, confident and competent to meet the needs of all participants with a disability.
KEY STAKEHOLDERS – Adopting policies and procedures that impact on delivery and ensure that participants with a disability are considered and included.

OPEN ACTIVITY: Everyone can take part – based on what everyone can do and does not include any modification.
MODIFIED ACTIVITY: People do the same activity in different ways.
PARALLEL ACTIVITY: Organised in ability groups, everyone takes part in a variation of the same activity, but with different targets, equipment or challenges.
SPECIFIC ACTIVITY: People take part in unique activity specific to the (disability) sport.

The four factors that influence inclusion (and inform the structure of provision) for each individual participant are ability, activity, impairment and the setting. All need to be considered when creating the most appropriate provision.

The power of inclusion through sport.

2

Strategic Pathway

Leading inclusive sport in Scotland for participants and performers with physical, sensory or learning disabilities.

3

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Thank You

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Scottish Disability Sport Awards 2016

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SDS Minimum Operating Requirements

SDS Management Board considers the following Branches have fully met the SDS MOR

Perth & Kinross Disability Sport

South Lanarkshire Disability Sport

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Russell Hogg Bursary

David Beattie

Josh Manson

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Archie Cameron Bursary

Reegan Stevenson

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Special Recognition Award

Paul Noble MBE

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Special Olympics Trophy

Elaine McKenna

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Capability Scotland Salver

Abby Kane

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Glasgow Trophy

Anna Tizzard

SCOTTISH DISABILITY SPORT

Elspeth Watson Trophy

Andrew Smith

SCOTTISH DISABILITY SPORT

Russell Hogg Trophy

Alex Bird

SCOTTISH DISABILITY SPORT

Fife Trophy

Karen Ross

SCOTTISH DISABILITY SPORT

Findlay Calder Trophy

Libby Clegg

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Brian Dolan Memorial Trophy

Andrew Mullen

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Angus Trophy

Gordon Reid

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Gordon Brown Memorial Trophy

Gordon Reid

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Scottish Disability Sport
Annual General Meeting

Closing Remarks

Aileen Campbell MSP

Minister for Public Health & Sport

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Final Thanks

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Safe Journey Home
See you all next year