# SCOTTISH DISABILITY SPORT

LEADING THE DEVELOPMENT OF SPORT IN SCOTLAND FOR PEOPLE OF ALL AGES AND ABILITIES WITH A PHYSICAL, SENSORY OR LEARNING DISABILITY

Annual Report

2006 - 2007





Scottish Disability Sport would like to acknowledge with sincere thanks the generous financial support received from the following Councils to assist with hosting the AGM and producing this Annual Report:











East Lothian Council









PERTH & KINROSS DISABILITY SPORT









Delivering Services on behalf of South Lanarkshire Council



### Chairman's Message

It's hard to believe that another year has passed so quickly, one that has brought so many changes and new developments within SDS and its members. It was always going to be a difficult time for all the Board members, new and old, and staff with Richard Brickley MBE standing down as Chairman and many changes have taken place over the last year.

I am delighted to say that Richard has not been lost to SDS and in fact has been retained with specific remits including coaching, ethics and equity and keeping our popular web site updated. Richard has also been a tremendous

support to Gavin and I offering advice, and thankfully has always been at the other end of a mobile, as and when we needed further information or guidance.

The dedicated SDS Management Board members have undergone many training sessions over the past year and they

have all taken on individual remits for the future that will ensure continuity to our programme that will support our athletes for many years to come.

We have an outstanding staff team led by our CEO, Gavin Macleod and as always the support from **sport**scotland and in particular Heather Lowden is fantastic. The responsibility of producing and ensuring the continuity of our calendar of events and training programme is huge and we are grateful for all their efforts.

Once again we are appreciative of the special partnership we have with Capability Scotland and of the many sponsors who support our programmes. Our working relationship with Scotland's local authorities is

exceptionally strong and we were delighted to see many new faces at our National Events this year.



September. Scottish athletes will make up 50% of Team GB. We wish them all well. By this time next year the Beijing Paralympics will have taken place and within SDS we can only hope that Scotland is well represented on the GB Team.

It's an exciting time for all within Scottish Disability Sport and for many of our athletes I hope we

> are producing pathways within their chosen sport that offer progression and opportunities at all levels. But we cannot rest there and with your continuing support we now need to focus on building our networks with local authorities, governing bodies of sport, clubs and branches and encourage more youngsters to get involved with sport. London 2012 and indeed Glasgow

2014 are just around the corner and we want to be there in numbers.

obto

Gordon McCormack Chairman



With their support we hosted new national events in Badminton and Junior Athletics.

On the international scene we have many events in the near future and I am sure you join with me in wishing our bowls team travelling to Australia, the CP footballers to Brazil and our wheelchair curlers to Switzerland our best wishes.

The Special Olympics World Games are in Shanghai in

### CEO's Message 2007

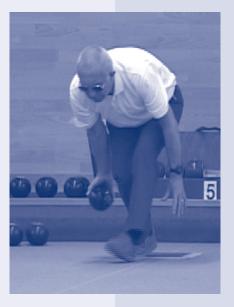
The first 12 months of our new Strategic Plan, 'Towards London and Beyond' has seen another year of success, development and frustration. Just another year in the life of SDS you might say. Our athletes have continued to do us proud on the international stage with medals won and new records set. We have embarked on new partnership initiatives with the express intention of opening up opportunities to sports and physical recreation for people with disabilities.We have attracted a record level of financial investment into the Association and have delivered more education and training programmes than ever before.

As always, our athletes have been the focus of our work and I would take this opportunity to congratulate them all on their triumphs and development during 2006 / 2007. Evergreen athletes such as Jim Anderson, Kenny Cairns and Stephen Payton have continued to achieve at the highest level and prove that there is no substitute for experience. What has been particularly exciting in the last year has been the progress made by our young emerging athletes. I have no doubt that athletes such as Libby Clegg, Colette Martin, Gordon Reid, James Smith, Sean Fraser, Jennifer Somerville,

Steffan Hogan, Craig Rodgie and Stephen and Peter McGuire are destined for great things in the future.

I would like to thank the SDS Management Board for all their commitment and support over the year. There were big changes on the Board following

last year's AGM and those that were elected at that time have contributed significantly to the work of the Association. Special mention must go to our Chairman, Gordon McCormack who has coped with the transition admirably and has supported me in my role as CEO throughout the last 12 months. The hard work put in by this committed group of individuals often goes unrecognised but is crucial to the effective governance of SDS. I would also like to thank all of the SDS staff for their dedication and hard work in the last year. I would also like to thank the staff of sportscotland for their continued support of the Association in so many ways. It would be



remiss of me not to single out Heather Lowden in this vote of thanks as she continues to be an exceptional **Partnership** Manager and friend to disability sport in Scotland. I also take this opportunity to thank the wider SDS family. Without the

continued commitment of branch personnel, sports co-ordinators, coaches, athletes, carers, parents and many others who contribute to the work of the Association SDS simply could not function. The contribution that this army of volunteers across Scotland makes to the work of the Association cannot be quantified.

Strategic partnerships have strengthened and increased in the last year and have contributed significantly to strengthening the player pathway for athletes with a disability in Scotland. Scotland's local authorities and national governing bodies of sport continue to be among the Association's greatest supporters and the support received in



CEO's Message 2007

terms of officer time, funding and facility hire is immense.

The Association is also indebted to the funding partners who continue to support our work at all levels. We thank **sport**scotland, Capability Scotland, the Sportsman's Charity, Lloyds TSB Foundation for Scotland, Nationwide, ECAS and the Ladbrokes Charitable Trust for their support of our athletes, teams and development programmes.

We must continue to focus on the issues of concern for the Association such as falling participant numbers in specific sports, the small numbers of young people accessing our programmes, much needed support for our potential Paralympians, the dearth of skilled volunteers and the strength of our sporting structures at a local level. However, the year ahead will be one of the most exciting for disability sport in Scotland for many years.We will learn how many of our athletes will be involved in the Beijing Paralympic Games, we will continue to pave the way for our athletes involvement in London in 2012, SDS teams will travel to Australia, Brazil

and Switzerland to participate in World Championships and on 9th November we will learn if Glasgow has been successful with its bid to host the Commonwealth Games in 2014.Truly exciting times to be involved with disability sport in Scotland.

Gavin Macleod Chief Executive Officer



### Review of the Year

On behalf of Scottish Disability Sport we welcome our friends old and new to the 44th Annual General Meeting of the Association. This year's meeting marks the completion of the first year of the SDS strategic plan 'Towards London and Beyond': 2006-2012 which will direct our work up to the London Paralympic Games. In the last year, great strides forward have been made towards achieving the outcomes and targets of the plan in the key areas of sports development, education & training, governance and communication.

Scotland's athletes with a disability have once again enjoyed a year of success on the international stage as well as GB level. A list of their considerable achievements can be viewed in this Annual Report and we pay tribute to all the Scottish athletes, coaches and support staff on their achievements during 2006 / 2007. On a domestic level, the SDS national events and squad training programme has continued to offer opportunities for athletes with a disability to train and compete in nine different sports. Scottish athletes and teams have also participated in GB events in the sports of athletics, badminton, boccia, bowls, football, swimming and wheelchair curling. The competitive pathway for athletes with a disability in Scotland is well established and we congratulate all those who have competed with distinction during 2006 / 2007.

The Association's commitment to the development of sport and physical recreation opportunities for young people was once again to the fore. The Summer Sports Camp, the inaugural Junior Athletics Championships, the ever popular Shinty Festival along with the numerous sport specific junior squads and events continue to make junior development a strategic goal for SDS. The introduction of the SDS Athlete Academy in the year ahead will also provide an important support structure for those young athletes with the potential to progress in their chosen sport.

The SDS branch structure remains the primary point of entry for athletes with a disability in Scotland and we pay tribute to the huge number of volunteers who give their time to support the Association at a local level. The SDS branch structure is vital to the future success of the Association and we urge everyone involved at a local level to ensure that every person with a disability is given the opportunity to progress in their chosen sport and to meet their full potential. SDS Sport Specific Co-ordinators continue to influence the development of sporting pathways for athletes with a disability in Scotland and we thank them for their continued commitment, enthusiasm and hard work.

Education & Training has continued to be a focus for SDS during 2006 / 2007. Disability awareness training has been delivered to the Active Schools Network, student teachers, Area Institute of Sport staff and large numbers of coaches and volunteers. In the last year, over I,100 individuals have attended education and training courses run by SDS staff and volunteers. We thank SDS Director John Brodie for continuing his lead role of the Education & Training Group and to all those knowledgeable and experienced tutors who have contributed to the education & training calendar during 2006 / 2007.

Partnerships are fundamental to the success of the Association and SDS has continued to forge close working relationships with a wide range of organisations and agencies across Scotland. Scotland's national governing bodies of sport continue to support our sport specific programmes and working groups have been established with the sports of athletics, badminton, football, swimming and wheelchair curling. We are also delighted to announce that SDS now has Sport Specific Disability Sport Officers appointed in partnership with four of Scotland's national governing bodies. SDS branches continue to be supported by their partner local authorities, many of who also support SDS programmes and events at a national level. SDS athletes have accessed the services of the Area and Scottish Institute of Sport in greater numbers than ever before and an exciting new partnership has been forged with Heriot Watt University in the area of equipment design and engineering. Mention must also be made of the tremendous support that SDS receives from **sport**scotland staff. SDS is fortunate to retain the services of our exceptional partnership Manager, Heather Lowden as well as receiving considerable support from Ruari Davidson, Gill Penfold, Emma O'Callaghan, John Gheel and Eliza Watson.

thank **sport**scotland, Capability

Scotland, Lloyds TSB Foundation for Scotland, Sportsman's Charity, Nationwide, Scottish Disabled Sports Trust, ECAS and Ladbrokes Charitable Trust for their generous support of our athletes, teams and programmes.

Review of the year

SDS recognises the tremendous

agencies and organisations that

have financially supported our

work throughout the year.We

support that the Association

receives from the various

The past year has also seen big changes within both the SDS Management Board and staff team. Last year's AGM saw a wholesale change in the composition of the SDS Board with new members Charlie Forbes, Lauren MacTaggart, Eileen Ramsay and Millar Stoddart being elected for a two year term. We thank all our Board members for their important contributions throughout the year. There have also been changes within the SDS staff team. Our Performance Development Officer, Graham Cormack has moved to his new role with the Camanachd Association while our Administrator, Joanne Riordan returned home to Ireland earlier this year. We welcome Caroline Ellis to the SDS family as our new Administrator. We take this opportunity to thank all SDS staff members for their hard work and commitment during the year.

Whilst it is important to reflect on what has been accomplished in the last year, we should also take time to look ahead to what promises to be an exceptionally exciting 2007 / 2008 for SDS. Our athletes will learn if they have been chosen to be part of the GB team to participate in the Paralympic Games which will be held in Beijing from 6th - 17th September 2008. At a time of increasing competition for places across all sports we wish all



our potential Parlympians well. Scottish teams and athletes will also be heavily involved on the international stage next year. Our bowlers will travel to Australia to participate in the inaugural IBD World Championships, the CP Football Squad will head for Brazil to face the best teams in the world at the CP-ISRA World Football Championships and our wheelchair curlers will be out to regain their world crown when they travel to Switzerland to compete in the WCF World Wheelchair Curling Championships. Scottish athletes with a learning disability will also participate in the INAS-FID World Athletics Championships in Brazil and the World Indoor Championships in Estonia. 2007 / 2008 will also see the launch of the SDS Athlete Academy. The Academy will

provide guidance and support for young Scottish talent who have been identified as having the potential to participate in the London Paralympics in 2012. Add to this, the increasing number of opportunities that exist for athletes to compete and train at a GB and Scottish level and the scale of the programme that

> SDS will run in 2007 / 2008 becomes apparent.

These are indeed exciting time for SDS and the list of achievements that follows highlights just how much progress has been made by the Association in the last 12 months.

## 5D5's Photographic Record



### Scottish Disability Sport Awards

#### Fife Trophy Coach of the Year

2000	Eddie McCluskie (Swimming)
2001	John Oulton (Swimming)
2002	Janice Eaglesham (Athletics)
2003	Ian Mirfin (Wheelchair Road Racing)
2004	Jane Sanderson (Wheelchair Curling)
2005	Anthony Stickland (Swimming)
2006	Tom Pendreigh (Wheelchair Curling)

#### Glasgow Trophy Service to Sport

2000	Gordon McCormack and Ja	cqueline Lynn
2001	Jim Thomson	
2002	Jen Quinton	
2003	David Thomson	
2004	John Hood	
2005	Jed Renilson	
2006	John and Brenda Anderson	
Findlay		

### Athlete of the Year

2000 N	icky Diatchenko	
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- 2001 Derek Frew
- 2002 Karen Lewis
- 2003 Stephen Payton
- 2004 Kenny Herriot
- 2005 Stephen Payton
- 2006 Stephen Payton

#### Brian Dolan Memorial Trophy Swimmer of the Year

2000	Kenny Cairns	5
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- 2001 Andrew Lindsay
- 2002 Lara Ferguson
- 2003 Mhairi Love
- 2004 Jim Anderson
- 2005 Jim Anderson
- 2006 Rebecca Lee

#### Special Award SDS Plaque

- 2002 John Beattie (BBC Scotland) and Doug Gillon (The Herald)
- 2004 Millar Stoddart and Shirley Ann Harris
- 2005 Katie Still (BBC Scotland)
- 2006 Kate Caithness (Wheelchair Curling)

#### **Angus Trophy**

#### Sportsperson of the Year

Excluding athletics and swimming

- 2003 David Heddle (Bowls)
- 2004 Scottish Wheelchair Curling Team
- 2005 Aileen McGlynn (Cycling)
- 2006 GB Paralympic Wheelchair Curling Team

#### **Elspeth Watson Trophy**

Individual outwith SDS who has contributed significantly to disability sport

- 2003 Bob Dick (Bowls)
- 2004 Jack Snowdon (Swimming)
- 2005 Pat Bennett (Swimming)
- 2006 Bernard Pirie (Swimming)

#### Gordon Brown Trophy Athletes Athlete of the Year Award

- 2004 Maggi McEleny (Swimming)2005 Jim Anderson (Swimming)
- 2006 Rebecca Lee (Swimming)

#### Capability Scotland Silver Salver Most Promising Newcomer

- 2004 Bernadette Leslie (Boccia)
- 2005 Angela McCowan (Swimming)
- 2006 Michael Kerr (Wheelchair Rugby)

### Key Achievements during the Past year

### Key Area I – Developing the Sports

- Scottish swimmers were in the medals at the IPC Swimming World Championships in Durban last December. Jim Anderson continued his impressive form with a world title in the S2 50m Freestyle and a further three silver medals. And rew Lindsay was also in the medals with gold in the S7 100m Backstroke, his third consecutive world title in this event and silver in the 400m freestyle. Kenny Cairns completed Scotland's medal haul with gold medals in the S3 100m and 200m Freestyle events, silver in the 50m Freestyle and a bronze in the 4x50m Medley Relay.
- Scottish athletes also enjoyed success at the IPC Athletics World Championships in the Netherlands during 2006 / 2007. Borders athlete, Libby Clegg, attending her first World Championships, returned home with a silver medal from her T12 200m race. Libby was unfortunate not to add a silver in the 100m race, when her guide was judged to have crossed the line before her. Stephen Payton continued his excellent record at international level with bronze medal run in the T38 400m.
- It was a new look Scottish rink that travelled to Sweden in February to participate in the World Wheelchair Curling Championships. The Scots qualified from the group stages but lost their semi final match against an experienced Swiss team. However, a victory against Paralympic Champions, Canada, in their final match handed Scotland a deserved bronze medal.
- Visually impaired cyclist, Aileen McGlynn and her pilot Ellen Hunter continued their success on the international stage at the UCI / IPC World Cycling Championships in Switzerland last September. The duo won the gold medal in the 1km

Time Trial in a world record time of 1:10.795.

- Scotland's Bernadette Leslie was also in the medals in the last year as part of the Great Britain Boccia Team attending the World Championships in Brazil. Bernadette won a bronze medal in the team event.
- Laura Kinder was another Scot on international duty as part of a Great Britain team during 2006 / 2007. Laura participated in the INAS-FID European Indoor Athletics Championships in the Czech Republic during March. She returned home with a gold medal from the 4x400m and silver from the 4x200m relays.
- Helensburgh's Gordon Reid was part of the Great Britain Junior Wheelchair Tennis team that claimed their first ever World Team Cup title in June. Gordon won his opening rubber against his Dutch opponent to help Team GB lift the cup and remain unbeaten in the process.
- The Boccia World Cup was held in Canada during May and the Great Britain team was led by SDS Boccia Co-ordinator, Jacqui Lynn. Scottish players Stephen and Peter McGuire participated in the BC4 competition with Peter just missing out on a bronze medal following his play off match against his more experienced Portuguese opponent.
- The INAS-FID World Swimming Championships were held in Belgium during August and Fife's Rebecca Lee was the sole Scottish representative in the Great Britain team.
- Scotland's bowlers participated in an International Test against teams form Australia, England, Ireland, Israel, Korea and Wales last September. The team competed extremely well in all sections, the highlights being the silver medals



won in the team competition and by Elgin's James Smith in the singles competition.

- The VISA Parlympic World Cup was held in Manchester during May and Scots were to the fore once again.
  Libby Clegg was in impressive form with two bronze medals in the T12 100m and 200m. In the velodrome Aileen McGlynn was again in the medals with gold in the tandem sprint.
- The Scottish CP Football Squad travelled to Denmark in May to participate in an international invitational competition. Scotland finished in second place and as top scorers in the competition following impressive victories over Denmark, Finland and the Republic of Ireland.
- Fife's Andrew Lindsay returned from the German Open Swimming Championships with world record times for both the S7 50m and 200m backstroke. Andrew is also the world record holder for the 100m backstroke and has been unbeaten at this distance in all major Championships since 1996.
- A 13 strong Scottish team has now been selected to participate in the IBD World Championships for Disabled Bowlers which is due to take place in Australia during October. The selection process for this team has involved a close working partnership with Scottish Blind Bowls.
- The Great Britain Wheelchair Curling Paralympic silver medal

Key Achievements during the Past year

winning team of Frank Duffy, Michael McCreadie, Tom Killin, Angie Malone and Ken Dickson were awarded the Glenfiddoch Spirit of Scotland Sports Category Award.

- The Scottish team participating in the Nationwide British Senior Short Course Swimming Championships in Sheffield during November finished in third place in the team competition and returned home with 43 individual titles, two relay titles and 42 personal bests. Performance of the Championships was the short course world record swim by Jim Anderson in the S2 200m.
- The Scottish CP A and B football squads participated in the inaugural developmental Home Nations Championships in June. After three days of competition, both Scottish squads remained unbeaten.
- A team of 17 players were selected to compete at the four nations Badminton Championships in Cardiff from 17-19 August. The team returned home with 7 Gold and 11 Silver medals.
- Scotland played host to the Home Nations Wheelchair Bowls Championships for 2007.The Scots emerged as winners by an impressive margin having gone throughout the competition without losing a game.
- Young Colette Martin travelled to Blackpool in July to participate in the DSE Junior Athletics Championships. Colette collected gold medals for the 100m, 200m and 400m. These successes follow close on the heels of Colette's age group victory at the London Marathon earlier this year.
- The British International Disability Swimming Championships were held in Sheffield during May and Scottish swimmers enjoyed considerable success winning 5 gold,

3 silver and 3 bronze medals.

- Michael McCreadie and his rink of Tom Killin, Rosemary Lenton and Angie Malone completed a successful weekend in Kinross by winning the British Open Wheelchair Curling Championships.
- A newly formed Scottish Under 18 LD Football squad travelled to the National Sports Centre, Lillieshall in April to participate in the Home Nations Championships. The young Scottish squad performed well in their first competitive outing against more experienced opposition.
- Scotland's blind and visually impaired bowlers collected the Bill Cox Memorial Team Shield following the completion of the 2007 BBS Home International Bowls Championships.
- The Scottish Junior swim team were in action during March when they travelled to Sheffield to participate in the DSE National Junior Swimming Championships. A haul of 29 individual and two relay titles earned the young Scots a creditable fourth place finish in the team event. The progress made by young swimmers Sean Fraser, Steffan Hogan, Jennifer Somerville and Craig Rodgie during 2006 / 2007 is worthy of special mention.
- The DSE Boccia Championships were held in Liverpool last November and the young Scottish team gave a good account of themselves, returning north of the border with three silver medals.
- The Scottish National Long Course Swimming Championships were held in Glasgow and for the first time there were six events included for swimmers with a disability. The highlight of the event was Jim Anderson's gold medal and new S2 world record in the 100m backstroke.
- The inaugural Scottish Junior

Athletics Championships were held at Grangemouth Stadium in May. 125 competitors from six SDS branches were involved in the event which was also used to select the new SDS junior development squad.

- The SDS Summer Sports Camp ran for the seventh year in a row and was once again held at the National Sports Centre Inverclyde. 35 young people with physical disabilities and sensory impairments participated in a variety of sports led by qualified coaches.
- SDS's partnership with the Camanachd Association was strengthened with the co-ordination of the eighth National First Shinty Camp for young people with a disability. A total of 58 young people from six different local authorities participated in the two day event held in Aviemore.
- In partnership with the Scottish FA, a total of 20 disability football participation centres have now been established across Scotland from the Highlands to Dumfries & Galloway. The National Disability Football Academy at Stirling is now fully established and hosts the national CP and LD Football Squads.
- SDS has continued its partnership work with Badminton Scotland to develop opportunities for people with disabilities to access the sport. A National Disability Badminton Championships has now been established.
  - SDS has been part of the new Scottish Disability Golf Partnership which was launched during 2006 / 2007.The partnership has coordinated and promoted three pan disability golf events during the year.
- A structure is now in place for the new SDS Athletes Academy. The Academy will play a vital part in bridging the gap in the pathway between participation and performance and will offer

Key Achievements during the Past year

appropriate support and advice on sporting and life skills matters.

- An exciting partnership was been established between SDS and Heriot Watt University in Edinburgh. Following initial meetings, a project was launched which sought to provide engineering expertise and support to athletes with a disability across Scotland.
- Key partnerships continue to be developed with Scotland's Governing Bodies of Sport and joint working groups remain in place with Scottish Athletics, The Royal Caledonia Curling Club, Badminton Scotland, Scottish Swimming and The Scottish Football Association.



- SDS continues to co-ordinate comprehensive national events and squad training programmes across a wide variety of sports. In the past year a total of 20 National Championships involving nine sports have been organised.
- SDS athletes continue to benefit from the services provided by the Scottish and Area Institutes of Sport. Criteria are currently being put in place to facilitate the inclusion of wheelchair curlers into the Area Institute network.
- SDS works closely with all of Scotland's local authorities and has continued to work in partnership with the 21 authorities who

support local branches.

 SDS has supported the development of sport specific clubs in the sports of athletics, badminton, boccia, football, shinty, wheelchair curling and wheelchair basketball.

#### Key Area 2 – Education & Training

- The SDS education and training calendar provided education and training opportunities for 252 coaches and volunteers during the last 12 months. In total 13 courses covering topics as varied as child protection, pool work, football, wheelchair curling, inclusion issues, sport and PE for Young People with Sight Loss and boccia were co-ordinated.
- SDS in partnership with sportscotland and the Youth Sport Trust have continued the roll out of the Disability Inclusion Training module to the Active Schools Network across Scotland. In the last year a total of 28 courses have been delivered to 28 local authorities. As a result, over 350 course participants have received training and resources to assist the inclusion of pupils with disabilities in mainstream activity.
- A disability awareness workshop was co-ordinated with the West of Scotland Institute of Sport during July and it is now hoped to roll this training out to the remaining Area Institutes of Sport.
- SDS contributed to the delivery of Disability Inclusion Training to all students attending the PGCE in Primary PE course at Glasgow University. As a result, in excess of 250 student teachers received training and resources to assist with the inclusion of pupils with disabilities into mainstream PE and sport.
- An Active Schools Inclusion group, established in partnership with **sport**scotland, has continued to

meet on a six monthly basis. All of Scotland's local authorities have nominated a representative to attend this forum which is designed to inform, discuss and share good practice on issues affecting the inclusion of pupils with disabilities.

- SDS has been represented on the new UK Disability Coaching Group throughout 2006 / 2007. The vision of the group is to influence the UK Coaching Framework at all levels in respect of the inclusion of disability sport.
- SDS contributed to the Coaching Network Conference in April and undertook research with the local authorities and governing bodies of sport in attendance to inform future development of inclusive coaching structures.
- SDS swimmers and coaches contributed to the Coaching Counts Conference which was held during February. This included practical and theory sessions relating to working with swimmers with a disability as well as classification and strength & conditioning workshops.
- SDS has continued to work closely in partnership with Scotland's Governing Bodies of Sport and have also supported the delivery of coach education courses in athletics, boccia, football, swimming and wheelchair curling.
- Work has commenced on the production of a Good Practice Guide for Disability Sport in conjunction with **sport**scotland.
- SDS personnel have continued to be heavily involved in the delivery of Sports Coach UK courses throughout the year. A total of 18 Sports Coach UK courses were run last year attracting 277 participants.

#### Key Area 3 – Governance

• A detailed annual operational plan and budget has been produced to

Key Achievements during the Past year

coincide with the outcomes and targets of the SDS strategic plan 'Towards London and Beyond: 2006-2012'.

- SDS successfully completed the sportscotland 'Management Audit Review' this year with 'reasonable assurance' being given to the SDS corporate governance framework.
- SDS has worked in partnership with Scottish Swimming and Scottish Athletics to appoint two Disability Development Officer Posts. The aim of these posts will be to liaise closely with key partner agencies and sports co-ordinators to ensure that Scottish athletes with a disability are offered every support to meet their full potential.
- sportscotland investment has continued to support an expert resource to facilitate the development and delivery of an integrated coaching plan and the provision of support to Scotland's Governing Bodies of Sport.
- The SDS Management Board was involved in two training and development days co-ordinated through the **sport**scotland Modern Sport Programme.
- Following consultation with all key partners and stakeholders, SDS has developed an Equity Policy and associated Equity Action Plan to ensure that the Association's commitment to equity is delivered.
- SDS is in the process of conducting a comprehensive equity audit across all areas of the Association. This information will contribute to the portfolio currently being compiled to facilitate submission for the Equity Standard at Foundation Level.
- The SDS Volunteer pack has been produced, in partnership with **sport**scotland, for use by the SDS branch network. The pack provides detailed information on issues such as recruitment, roles

and responsibilities, recognition and retention, inductions and training.

- SDS was one of the first Scottish Governing Bodies of Sport to sign up to the 2006 Accord for the protection of Children in Scottish Sport.
- The existing SDS national sport specific performance plans were reviewed during the last year and



new plans have been formulated for the SDS key sports of athletics, boccia, bowls, football, swimming and wheelchair curling.

- SDS is now represented on the UK Disability Sport CEO Group and the UK Disability Sport Performance Development Group.
- Capability Scotland, The Sportsman's Charity, the Lloyds TSB Foundation for Scotland, Nationwide, ECAS, the Ladbrokes Charitable Trust and the Scottish Disabled Sports Trust have financially supported SDS programmes, events, squads and athletes during the last 12 months.
- The **sport**scotland integrated investment programme continues to support the work of the association at all levels.
- SDS has worked in partnership with Fife Council and Disability Sport Fife to facilitate the appointment of a new Sports Development Officer Widening Opportunities Disability Sport post.

- The Association continues to support and develop the 16 local SDS branches across Scotland.
- SDS continues to receive substantial support, from Scotland's local authorities, governing bodies of sport and local sports councils.
- SDS continues to work in partnership with **sport**scotland and the Scottish Executive on all matters affecting disability sport in Scotland.

#### Key Area 4 – Communication

- The SDS website has been upgraded and refreshed in line with advances in web technology. The new website is now live and is being financially supported by web provider Sport Focus.
- SDS is being supported by sportscotland to develop Communications and Sponsorship Policies. The Association is currently working with an external consultant to implement both these policies.
- SDS continues to communicate with all key partners on a weekly basis.
- The SDS Professional Officers Group met on two occasions during the year offering local development officers with a remit for disability sport the opportunity to network and discuss issues affecting disability sport.
- The SDS newsletter 'The Changing Times' continues to be produced promoting the work of the association to all key partners.
- SDS continues to produce a bi-annual Calendar of Events and an annual Education & Training Calendar.

### Summarised Accounts

#### SCOTTISH DISABILITY SPORT (SDS) (Company Limited by Guarantee)

#### SUMMARISED STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2007

	Unrestricted Fund	Restricted Funds	Total Funds 2007	Total Funds 2006
Income	- und	i difeo	2007	2000
Incoming resources from generated fund	ds:			
Grants and donations	61,660	322,685	384,345	269,395
Membership subscriptions	3,950	_	3,950	3,100
Bank interest	18,152	-	18,152	14,984
Incoming resources from charitable acti				
Events and activities	21,165	10,384	31,549	61,128
	104,927	333,069	437,996	348,607
Expenditure				
Charitable activities	49,841	314,590	364,431	313,585
Governance costs	13,035		13,035	13,106
	62,876	314,590	377,466	326,691
Net movement in funds for year	42,05 I	18,479	60,530	21,916
Transfers	26,213	(26,213)	-	-
Funds brought forward	74,894	273,440	348,334	326,418
Funds carried forward	£ 143,158	£ 265,706	£ 408,864	£ 348,334
SUMMARISED BALANCE SHEET	at 31 March 2007		2007	2006
Tangible Fixed Assets			4,689	6,515
Current Assets				
Stocks			1,165	2,323
Debtors			29,893	5,212
Cash at bank and in hand			393,556	420,301
			424,614	427,836
Creditors: Amounts falling due within one year			(20,439)	(86,017)
0	,			
Net Current Assets			404,175	341,819
Net Assets			£ 408,864	£ 348,334
Funds				
Unrestricted			143,158	74,894
Restricted funds			265,706	273,440
			£ 408,864	£ 348,334

The summarised accounts are a summary of information extracted from the full annual accounts and therefore may not contain sufficient information to allow a full understanding of the financial affairs of the Charity. For further information the full annual accounts and the auditor's report on those accounts should be consulted; copies of these can be obtained from the Company Secretary.

#### GL McCormack, Chairperson

#### **Auditor's Statement**

In our opinion the summarised accounts are consistent with the full annual accounts from which they are extracted. Our audit report on the full annual accounts was unqualified.

#### Geoghegan & Co

Chartered Accountants and Registered Auditors

31 August 2007

31 August 2007

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ANNUAL REPORT 2006-2007

### Acknowledgements

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# SCOTTISH DISABILITY SPORT

LEADING THE DEVELOPMENT OF SPORT IN SCOTLAND FOR PEOPLE OF ALL AGES AND ABILITIES WITH A PHYSICAL, SENSORY OR LEARNING DISABILITY

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