

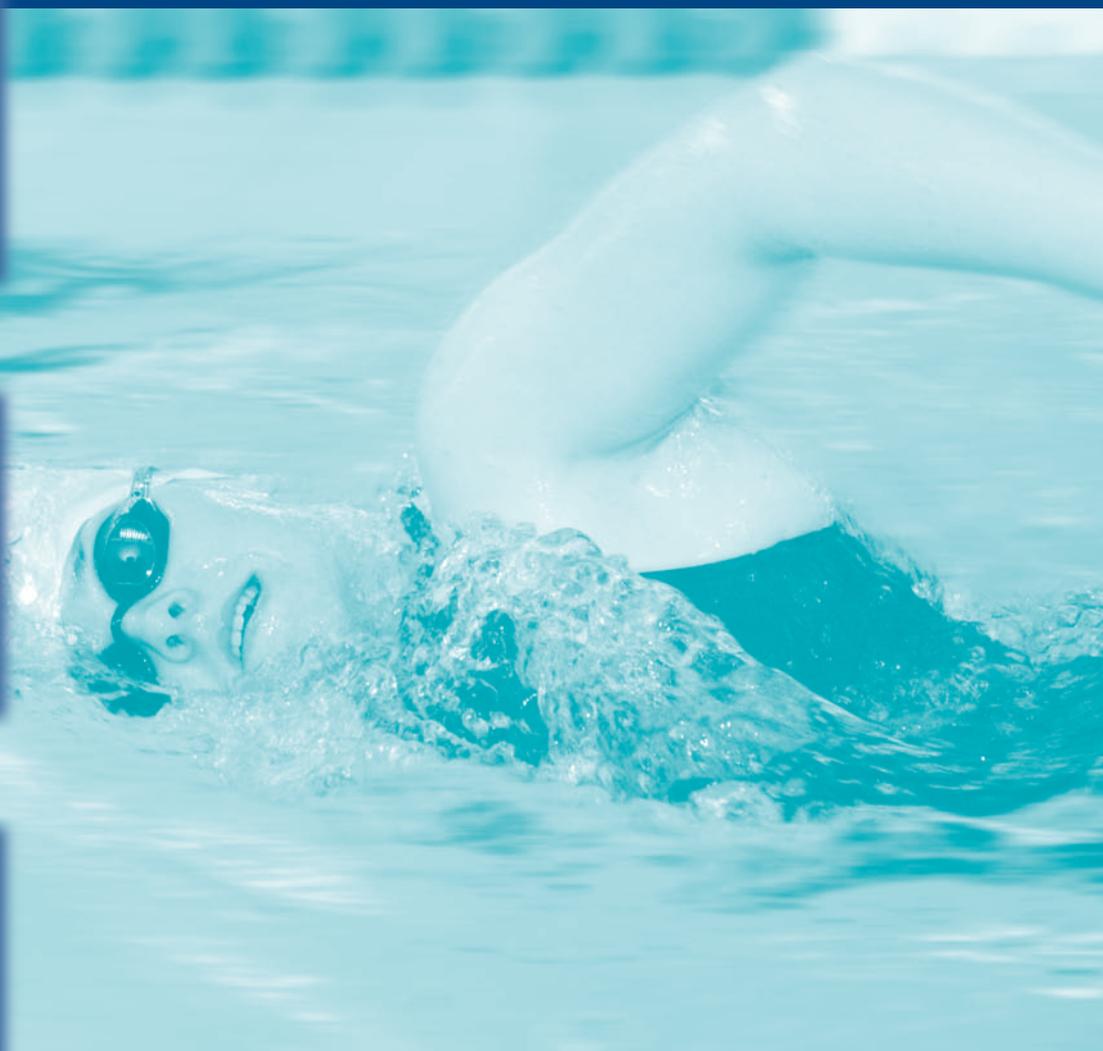
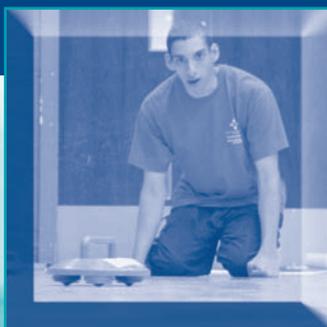


SCOTTISH DISABILITY SPORT

LEADING THE DEVELOPMENT OF SPORT AND
PHYSICAL RECREATION FOR PEOPLE WITH DISABILITIES
THROUGHOUT SCOTLAND

Annual Report

2005 - 2006



Scottish Disability Sport would like to acknowledge with sincere thanks the generous financial support received from the following Councils to assist with hosting the AGM and producing this Annual Report:





CHAIRMAN'S FAREWELL MESSAGE 2006

I had the privilege of being introduced to SDS or SSAD as it was then, back in 1975. My first post was assistant to the Hon. Secretary and during those early years I was greatly influenced by Ian Baillie, Jean Stone, the late Mary Urquhart and then of course the exceptional Bob Mitchell. What a list of mentors. All highly skilled and greatly respected and how proud they must be of the enormous progress made by SDS over the years.

SDS has certainly had outstanding voluntary officers but athlete members have been exceptional. In performance terms they have achieved so much for our great little country. Individuals such as Willie MacLeod, Peter Stanton, Jim Muirhead and John Clark made a huge impression on me during my early years. From 1984 onwards it has been Kenny Cairns, Maggi McEleny, Paul Noble, Isobel Newstead, Tracey Wiscombe, Jim Anderson, Colin Keay, Mary Ann Low, Gordon Robertson, Andrew Lindsay, Jim Buchanan, Sandy Gregory, Michael McCreadie, Caroline Baird and Anne Woffinden who have consistently performed on the world stage. As ambassadors they have inspired so many others and helped raise the profile of disability sport throughout Scotland.

SDS key partners and stakeholders have provided the resources that have helped the association develop and grow. **sportscotland**, Scottish Local Authorities and Governing Bodies of Sport, have consistently provided finance, facilities and personnel that have enabled SDS to move from a charitable organisation concerned with welfare to a governing body specialising in sport. More recently sponsors, voluntary organisations and the Institutes of Sport have provided specialist expertise and funding that have enabled SDS to extend the range and quality of its services to members.

During my time as chairman I have presided over the period when the association moved from a governing body led by volunteers to one with a strong staff team and volunteers working together. I acknowledge

the support I have received over many years from Executive and Board members plus the exceptional staff team past and present. It has been a privilege to work with so many **sportscotland** officers whose guidance at key times in our evolution has been critical.

In this Annual Report we quite correctly celebrate success, achievement and continuing development. At the same time I urge the new Board to continue to address concerning issues such as dwindling numbers in specific sports, lack of juniors, shortage of skilled volunteers and the urgency to establish robust systems for Talent ID. Standards continue to improve beyond all expectations and a world or Paralympic medal becomes even more difficult to capture as nations put more time and resources into disability sport each year. The continuing exclusion of athletes with a learning disability from IPC events is particularly concerning. SDS like many other UK agencies will do all it can to ensure these athletes are offered every chance to return to Paralympic competition by 2012.

As it indicates on the cover of this Annual Report, SDS is leading the development of sport and physical recreation for people with disabilities throughout Scotland. In addition to developing the sports SDS has taken great strides forward in terms of governance, financial management, protecting our members, marketing and promotion, education and training and equity. It has been a privilege to serve on the EC / Board for over 30 years and particularly these last eight years as chairman. I sincerely hope athlete members in particular consider I have made a small contribution to the development of this great organisation.

Richard Brickley MBE
Chairman



CEO'S MESSAGE 2006

The past year has once again brought successes, challenges, concerns and opportunities. We have launched a new six year strategic plan, 'Towards London and Beyond: 2006-2012'. We have continued Scotland's proud history of success at Paralympic Games and international events. We have created new working partnerships and have strengthened existing ones. We have attracted new resources and increased investment in the association. We have strengthened the SDS family through the appointment of new staff and volunteers. There has been much to be celebrated but at the same time there are still many areas of work where substantial development needs to take place before the future success of the association can be assured.



Once again, Scottish athletes have achieved on the Paralympic stage. Frank Duffy's World Championship rink represented Team GB at the inaugural wheelchair curling event at the Torino Winter Paralympic Games and returned home with the silver medal. Our hearty congratulations go to Frank and fellow team members Michael McCreadie, Tom Killin, Angie Malone, Ken Dickson and the Team GB coaches and support staff on a quite remarkable achievement. When you consider that SDS athletes and teams have also been active on the international stage in the sports of archery, athletics, bowls, cycling, football, swimming and wheelchair curling you get an idea how busy the past year has been for the association. Our athletes continue to be the front line of the association and we are fortunate to have such positive role models representing Scotland on the international stage.

I take this opportunity to thank all my colleagues on the SDS Management Board for their continued commitment to the work of the association. Countless hours are spent behind the scenes by this group of dedicated individuals shaping the future of the association. This will be a particularly poignant AGM for SDS as our current Chairman, Richard Brickley MBE will be standing down after eight years in post. Richard's contribution to disability sport in Scotland over a 30 year period has been immeasurable and at present it is

hard to imagine an association without him at the helm. I would like to personally thank Richard for his support and friendship over the last eight years. His advice and guidance has always been there when required.

I would also like to thank the wider SDS family in terms of branch personnel, sports co-ordinators, coaches, athletes, carers, parents and many others who contribute to the work of the association. Without this massive contribution from volunteers the length and breadth of the country, we simply could not operate and I extend you all a warm vote of thanks. I also thank the SDS staff who have once again contributed significantly to the development of the association over the last 12 months. Our new Performance Development Officer, Graham Cormack has swelled the ranks of the SDS staff team this year and I would like to thank them all for their hard work and support during 2005/2006.

Effective working partnerships with a wide variety of agencies and organisations will be the key to the success of the new Strategic Plan. I would like to recognise the immense contribution that Scotland's National Governing Bodies of Sport and Local Authorities make to developing sport and physical activity for people with disabilities. I also acknowledge the immense support that we receive from the staff of **sportscotland** who continue to commit time and resources to our association. Thanks must also be directed towards our funding partners particularly, Capability Scotland, the Sportsman's Charity, Lloyds TSB Foundation for Scotland, Nationwide, McDonalds and Sportsmatch who play such an important role in supporting our athletes, teams and development programmes.

Our new strategic plan has paved the way for the development of the association up to and beyond the London Paralympic Games of 2012. If the outcomes and targets of this plan are to be achieved, there are a number of issues which need to be addressed. We need to attract more young people with disabilities to sport and physical activity; support is required for our potential 2012 Paralympians; a robust development pathway needs to be established across our key sports; we must increase and improve our coaching and support network; support is required for local branches to develop sporting pathways. The London games will be a once in a lifetime opportunity for disability sport in Great Britain, we must rise to the challenge.

Gavin Macleod
Chief Executive Officer



REVIEW OF THE YEAR

We welcome our friends old and new to the 43rd Annual General Meeting of Scottish Disability Sport (SDS). 2005/2006 has been another year of challenges and achievements for SDS. The year ahead signals some significant changes for the association with the election of a new management board to lead the first two years of a new strategic plan.

The new strategic plan 'Towards London and Beyond: 2006 – 2012' was launched in April and has been well received by our members and partner organisations. The plan focuses on the four key areas of Developing the Sports, Education & Training, Governance and Communication and the associated targets and outcomes will guide the work of the association through to the London Paralympic Games of 2012. The thanks of the association go to all those involved in the compilation of this exciting document, especially former SDS Vice Chair, Jacqueline Lynn who guided us all through the development planning process.

Once again Scottish athletes with a disability have excelled on the Paralympic stage. The Winter Paralympic Games took place in Turin, Italy during March and Scotland's World Championship winning rink was selected to represent Team GB in the inaugural wheelchair curling event. Six days of fierce competition culminated in Team GB facing a strong Canadian rink in the final. A tightly fought contest went to the very last stone but on this occasion, Canada headed home with the gold medal. Our congratulations go to the GB rink of Frank Duffy, Michael McCreadie, Tom Killin, Angie Malone and Ken Dickson on a magnificent silver medal which was Team GB's first Winter Paralympic medal since 1994. It was also a unique achievement for Michael and Tom who have now won Paralympic medals at both a summer and winter Games. We also acknowledge the immense contribution of Kate Caithness who has driven the development of wheelchair curling on the international stage for so many years and who was recently elected as a member of the International Paralympic Committee Sports Council. It was with great sadness that we learned that Frank and Michael took the decision to retire following this event. Their contribution to the development of wheelchair curling in Scotland in recent years has been immense and their technical and motivational skills will be missed by us all.

Scottish athletes have also had a productive year on the international stage with successes achieved in a variety of different sports. Scottish archers David Cowieson and John Murray were part of the silver medal winning Great Britain team at the IPC European Indoor Archery Championships during February.

The SDS Cerebral Palsy Football Team recently returned from their involvement in the CP-ISRA European Football Championships in Dublin, where they finished in a creditable seventh place. Scottish athletes Laura Kinder

and Allan Stuart also enjoyed success in the last year. Allan won a gold medal in the 400m and a silver medal in the 200m at the INAS World Athletics Championships in Canberra, Australia, with Laura winning silver medals in the 4 x 100m and 4 x 400m relays at the same event. Laura also returned home with a bronze medal from the inaugural IPC World Indoor Athletics Championships in Bollnas, Sweden and two silver medals from the INAS European Indoor Athletics Championships in Italy. Six Scottish athletes were also included within the Great Britain team at the IPC World Athletics Championships in the Netherlands during September. Fife swimmer Rebecca Lee was Scotland's sole representative in the Great Britain team participating in the INAS European Swimming Championships in Hungary in August, winning an amazing 6 gold, 1 silver and 2 bronze medals. Fife swimmer Andrew Lindsay also achieved a notable landmark this year. It is now ten years since Andrew was last defeated in the S7 100m backstroke, namely the 1996 Paralympic Games in Atlanta. Scotland's Wheelchair Curling Development Squad also experienced international competition during 2006 through their involvement in the Coppa Romana Bonspiel in Switzerland. This competition provided the squad with vital international competitive experience against some of the world's top wheelchair curling nations. In addition, an SDS bowls squad took part in an international test series in Nottingham earlier this month, competing against teams from Korea, Australia, England, Ireland, Israel and Wales. It was another successful year for visually impaired cyclist, Aileen McGlynn who returned from the Paralympic World Cup in Manchester with a gold and silver medal. The continued exclusion of athletes with a learning disability from IPC competitions has serious implications for the future. SDS will continue to do everything in its power to support our learning disability athletes and to campaign for their reintroduction to the Paralympic family. Opportunities for Scottish athletes with a disability to compete on the international stage continue to grow and SDS remains committed to providing a pathway for those with potential to compete at this level.

Scottish teams and athletes continue to be heavily involved in competitions organised at GB level. Nottingham played host to the British Boccia Championships in June and Scots were amongst the medals. Stephen and Peter McGuire had gold and bronze medal success respectively in the BC4 competition, with Bernadette Leslie winning a hard fought bronze medal in the BC2 competition. All three players have now been selected to represent Great Britain at the World Boccia Championships in Brazil in October. An experienced team of anglers headed south of the border in June to participate in the International Fly Fishing Championships in Corby. The Scottish team led by SDS Angling Co-ordinator, John Hood, finished in fourth place. It was another busy year for swimming with Scottish athletes and teams once again achieving considerable success. The British Short Course Swimming Championships were held in Sheffield during October

with Scotland being pipped to the title on the final day of competition. Outstanding performances came from Jim Anderson who set a World Record for the 100m freestyle and Kenny Cairns who's three World Records for the 50m, 100m and 200m freestyle, earned him the award for the 'Outstanding Male Swimmer of the Competition'. In March, it was the turn of the Scottish Junior Squad to travel to Sheffield to participate in the British Junior Swimming Championships. Some exceptional performances from these swimmers saw the team collect an impressive haul of 55 medals, of which 30 were gold. The British Long Course Championships were again hosted in Sheffield during July and Scottish swimmers posted some fine performances to win 13 medals.

The British Open Wheelchair Curling Championships were held at Kinross Ice Rink during October with the final being contested by two rinks skipped by Scottish World Champions. After an enthralling contest, Frank Duffy's rink lifted the trophy, beating Michael McCreddie's rink by 4-3. Our athletes and teams continue to achieve at GB level and as always, act as excellent ambassadors for their country. The events listed above provide a sample of the level of success attained in the last 12 months and we congratulate all those who have enjoyed success at GB and international level during 2005/2006.

The new SDS strategic plan highlights the development of a sporting pathway for young people with a physical, sensory or learning disability as a strategic goal for the next six years. This commitment to providing opportunities for young people with disabilities to participate in sport and physical activity continued throughout 2005/2006.

The annual SDS Summer Sports Camp, supported by Capability Scotland, took place at the National Sports Centre, Inverclyde during July attracting 36 young people with physical and sensory disabilities from across Scotland. Participants enjoyed three days of coaching in a variety of sports in a residential setting. The seventh National First Shinty Camp for children with a learning disability was held at the MacDonald Aviemore Highland Resort. Sixty-five pupils from seven schools took part in two days of shinty coaching culminating in a pulsating competition to determine the national champions of 2006.

As part of the National Junior Golf Strategy, Clubgolf in partnership with SDS are providing children with physical, sensory and learning disabilities with the opportunity of golf experiences in school and access to pathways that will lead to their involvement in their local community. A Scottish Junior Wheelchair Basketball Squad attended the Richard Langhorn Trust Regional Championships at Stoke Mandeville Stadium in September. A year on from their first involvement in this competition, a more confident and experienced team returned home with the bronze medal. SDS and the Scottish Football Association have been working in partnership with Glasgow City Council to develop opportunities for young footballers with disabilities. Coaching blocks were established in local SEN schools with exit routes into existing clubs and a new regional under-18 squad. Discussions are now ongoing with Celtic and Rangers to establish regular coaching programmes

linked to their mainstream programmes. These are just a selection of ongoing programmes that SDS is developing to ensure that there are clear pathways for young people with disabilities to progress in their chosen sport.

Education & Training has continued to be a focus for SDS during 2005/2006. The Disability Inclusion Training programme, developed in partnership with **sportscotland** and the Youth Sport Trust, is now up and running. This programme will deliver training and resources to the Active Schools Network across Scotland and to date training has been delivered to three local authorities. This training will continue to be offered up until March 2008 by which time it is hoped that every Active Schools Co-ordinator in Scotland will have received training on how to include pupils with disabilities in sport and physical activity. In partnership with **sportscotland**, SDS has also established an Active Schools Inclusion Group to keep all local authorities fully informed of inclusion issues and key developments in disability sport. Every local authority in Scotland has nominated an Active Schools Co-ordinator to represent their interests and the group now meets every six months.

The SDS Education & Training Calendar, supported by Capability Scotland, has continued to develop and in the last 12 months a total of nine different courses were offered. Around 110 participants attended courses including an Introduction to Pool Work, Boccia Leaders, Introduction to Wheelchair Curling and a Disability Athletics Workshop. SDS has also been working with the Scottish Football Association to introduce a Coaching Footballers with Disabilities course. This course includes theory and practical elements and is now part of the SFA's coaching programme. SDS personnel have again been heavily involved in the delivery of Sports Coach UK courses throughout the year. A total of 15 Sports Coach UK courses were run last year attracting 165 participants. The association also ran a successful Branch Conference in November offering SDS volunteers across the country the opportunity to debate and influence issues affecting disability sport in Scotland. The SDS Professional Officers Group has also continued to be well attended during 2005/2006. All aspects of the SDS Education & Training programme continues to be co-ordinated by the working group led by SDS Director, John Brodie and we thank them all for their hard work during the year.

SDS branches continue to be the first point of contact for people with disabilities wishing to participate in sport and physical activity and we take this opportunity to pay tribute to all those who give up their time to contribute at a local level. SDS is committed to continue its support of all 16 branches and a focus of the new strategic plan will be the establishment of a quality club development programme across Scotland.

One exciting development for the association during 2005/2006 was the inclusion of disability sport within the new Sport Central regional sports partnership. Lynne Glen has been appointed to the post of Regional Sports Manager and will co-ordinate development and provide support for



REVIEW OF THE YEAR continued

mainstream sport, local authorities and the Forth Valley Branch. SDS hopes that the success of the Central Sports Partnership will lead to an involvement in future regional structures. In recent months we have lost the services of Shetland Council's Disability Sports Development Officer, Donna Mainland. SDS would like to thank Donna for all her support in recent years and wish her every success in her new career. New appointments in the last 12 months are Laura Dodd in Annandale and Eskdale and Andrew Smyth in West Lothian and we all look forward to working closely with them both in the future. The SDS branch structure is the life blood of the association providing opportunities for participation at a local level and a link to the national structure for those with potential.

The work undertaken by our local branches could not happen without the outstanding support provided by Scotland's local authorities in terms of facility provision, financial backing and above all, officer support. Local authorities are a key partner for SDS and the following are examples of how the association has been supported in the last 12 months. Dundee City Council hosted the 11-a-side Football Championships at Downfield Park; Aberdeen City Council has continued their support for the Lawn Bowls Championships and East Ayrshire Council has provided support for the Scottish Wheelchair Curling Championships for the third year. SDS would also take this opportunity to recognise the tremendous support that the association receives from Fife Council in terms of support for national events, provision of office space and so much more. We thank all those local authorities who continue to support the association most sincerely and we look forward to working with you to support sport for people with disabilities at all levels, in the year ahead.

SDS Sport Specific Co-ordinators continue to play a major part in the development of sporting pathways for athletes with a disability in Scotland. With a remit for squad development and competitive opportunities at a national and international level these committed individuals are also responsible for the compilation of sport specific development plans. SDS would like to thank these Co-ordinators for their commitment and the countless hours spent developing their sport. In the last 12 months SDS has co-ordinated 20 National Championships covering 10 different sports as part of a comprehensive national calendar of events.

Scotland's governing bodies of sport play a vital role in the development of our sport specific programmes. SDS benefits from officer involvement, Education & Training, facility access and coaching support from an increasing number of Scotland's governing bodies. SDS continues to co-ordinate joint working groups with the governing bodies of athletics, curling, football and swimming and in recent months, a similar forum has been developed for the sport of badminton. The new SDS strategic plan identifies the recruitment of sport specific disability development

officers as a target for 2012. SDS has already worked in partnership with the SFA to recruit a Development Officer for Disability Football and after 18 months in post, Stuart Sharp has made a significant impact on the development of the game for players with a disability. SDS is now working with the Royal Caledonian Curling Club and Scottish Swimming to initiate similar posts with a remit to lead, develop and promote structures and opportunities for people with disabilities. The influence that these officers will have within the mainstream sport cannot be underestimated and such posts can only strengthen the excellent working relationship that SDS enjoys with these organisations.



SDS is fortunate to be served by an exceptional team of staff within **sportscotland** and we take this opportunity to thank them most sincerely for their tireless support. Our Partnership Manager, Heather Lowden continues to be a colossus of support and her experience and knowledge are only outmatched by her commitment to disability sport. SDS also acknowledges the tremendous support received from Emma O'Callaghan and Gill Penfold and we take this opportunity to thank them for their hard work and congratulate them on the news that they will both become mums later in the year. We recognise the contribution of Eliza Watson both through her work with **sportscotland** and the many hours she commits to the association in her own time. We also take this opportunity to congratulate Stewart Harris on his appointment to the post of Chief Executive Officer and to Julia Bracewell on her appointment as Chairperson with **sportscotland** and wish them every success in the future. We thank the numerous other **sportscotland** staff who support SDS throughout the year and thank **sportscotland** for their ongoing commitment to disability sport in terms of finance and officer support. SDS also continues to receive expert support through the Scottish Institute of Sport network. The criteria for the inclusion of athletes with a disability within area institute programmes was amended during the year to include Scots on the BPA Fast Track programme.

SDS recognises the tremendous support that the association receives from the various agencies and organisations that have financially supported our work throughout the year. We recognise the contribution that the following bodies have made to the work of the
To be continued on page 8

SDS' PHOTOGRAPHIC RECORD





SCOTTISH DISABILITY SPORT AWARDS

Fife Trophy Coach of the Year Award

| | |
|------|-------------------|
| 2000 | Eddie McCluskie |
| 2001 | John Oulton |
| 2002 | Janie Eaglesham |
| 2003 | Ian Mirfin |
| 2004 | Jane Sanderson |
| 2005 | Anthony Stickland |

Glasgow Trophy Service to Sport Award

| | |
|------|--|
| 2000 | Joint Winners – Gordon McCormack and Jacqueline Lynn |
| 2001 | Jim Thomson |
| 2002 | Jen Quinton |
| 2003 | David Thomson |
| 2004 | John Hood |
| 2005 | Jed Renilson |

Findlay Calder Trophy Athlete of the Year

| | |
|------|------------------|
| 1993 | Ross Low |
| 1994 | Ross Low |
| 1998 | Karen Lewis |
| 1999 | Derek Frew |
| 2000 | Nicky Diatchenko |
| 2001 | Derek Frew |
| 2002 | Karen Lewis |
| 2003 | Stephen Payton |
| 2004 | Kenny Herriot |
| 2005 | Stephen Payton |

Brian Dolan Memorial Trophy Swimmer of the Year

| | |
|------|----------------|
| 1997 | Paul Noble |
| 1998 | Jim Anderson |
| 1999 | Maggi McEleny |
| 2000 | Kenny Cairns |
| 2001 | Andrew Lindsay |
| 2002 | Lara Ferguson |
| 2003 | Mhairi Love |
| 2004 | Jim Anderson |
| 2005 | Jim Anderson |

Special Award SDS Plaque

| | |
|------|---|
| 2002 | John Beattie, Radio Scotland Doug Gillon, The Herald |
| 2004 | Millar Stoddart Shirley Ann Harris |
| 2005 | Katie Still, BBC Scotland |

Angus Trophy Sportsperson of the Year (Excluding athletics and swimming)

| | |
|------|----------------------------------|
| 2003 | David Heddle |
| 2004 | Scottish Wheelchair Curling Team |
| 2005 | Aileen McGlynn |

Elsbeth Watson Trophy Individual outwith SDS who has contributed significantly to Disability Sport

| | |
|------|--------------|
| 2003 | Bob Dick |
| 2004 | Jack Snowdon |
| 2005 | Pat Bennett |

Gordon Brown Trophy Athletes Athlete of the Year

| | |
|------|---------------|
| 2004 | Maggi McEleny |
| 2005 | Jim Anderson |

Capability Scotland Silver Salver Most Promising Newcomer

| | |
|------|-------------------|
| 2004 | Bernadette Leslie |
| 2005 | Angela McCowan |

association: Capability Scotland for their support of our Education & Training and squad development programmes, Lloyds TSB Foundation for Scotland for their backing of our National Development Officer post, the Sportsman's Charity for their support of our local and sports development programmes, Nationwide for their involvement with our swimming and athletics programmes, McDonalds and Sportsmatch for their continued involvement with our football development programme and the Scottish Disabled Sports Trust for their ongoing support of the associations athletes and squads. We also recognise the support provided by Norwich Union and Stirling University for our national squad programmes.

The last 12 months has been of special significance for a number of people connected to SDS. Visually impaired tandem cyclist and Paralympic gold medalist, Aileen McGlynn was recognised for her achievements by the award of an MBE in the New Years Honours List. We congratulate Aileen on this well deserved honour. We also congratulate Paralympic Boccia player Anne Woffinden and **sportscotland** Partnership Manager Gill Penfold, on their weddings this year and wish them every health and happiness for the future. We send our best wishes to our Aberdeenshire branch contact, Claire Bonner who had a baby boy, Ben in August. We also acknowledge the achievements of Alan Dickson who was this year elected to the Board of the International Paralympic Committee and SDS Wheelchair Curling Co-ordinator, Kate Caithness who was elected to the position of Vice President with the World Curling Federation.

2005/2006 has also seen the retirement of a number of world class athletes who have represented Scotland with distinction throughout their sporting careers. Arguably Scotland's greatest female swimmer of all time, Maggi McEleny, took the decision to retire from swimming following a remarkable international career. Throughout this time, Maggi has been an exceptional ambassador for Scotland and Great Britain as well as the sport of swimming. SDS's sole member of the Scottish Commonwealth Games team for Melbourne, Lara Ferguson also announced her retirement earlier this year following a recurrence of the illness that kept her from performing at her best at the Athens Paralympics. Everyone in SDS wishes Maggi and Lara well and we look forward to welcoming them back in other capacities to our sporting movement. It was also a landmark year for SDS Chairman, Richard Brickley MBE, who retired from his post of Depute Principal at the Fife Institute of Physical and Recreational Education, Glenrothes after 31 years of service.

The past year has also seen additions to the SDS staff numbers through the recruitment of our Performance Development Officer and we are delighted to welcome Graham Cormack to the SDS team. Graham brings a wealth of experience in performance sport and in the short time he has been with us, is already making an impact on the development pathway for our future Paralympians. SDS has also received support from **sportscotland** to fund the appointment of an expert resource in the field of project development. The remit for this

post will be to progress specific work in the areas of coach development, marketing, governance and policy development and we have been fortunate to secure the services of our Chairman, Richard Brickley MBE up until March 2007. On behalf of everyone involved with SDS, we take this opportunity to thank the above staff as well as our additional staff members National Development Officer, Claire Mands; Administrators, Joanne Riordan and Norma Buchanan; Finance Manager, Ailien Pallot and Webmaster, Cynthia Clare for their continued hard work during the last year.

We also take this opportunity to thank the SDS Management Board for their commitment during 2005/2006. The work of this dedicated group of individuals behind the scenes often goes unrecognised but they play a vital part in guiding the work of the association year on year. We were all greatly saddened when our Vice Chair, Jacqueline Lynn stepped down from her post during 2005/2006 but we are delighted that she continues her involvement with the association through her post as Boccia Co-ordinator. We recognise the work of Management Board members David Thomson, Katie Oman, Jim Thomson, Gordon McCormack, Jed Renilson, Anna Tizzard and John Brodie and thank them for their valuable contribution to the work of the association. We also pay tribute to our Chairman, Richard Brickley MBE who is due to stand down from this post at this years AGM following a period of eight years. Richard's contribution to disability sport in Scotland over the last 30 years has been immense and his irreplaceable knowledge and commitment will be missed by everyone involved with the association.

2005/2006 has brought some significant challenges for SDS but at the same time progress has been made in a wide variety of areas. The association has a robust six year strategic plan in place, a committed team of staff and volunteers, an unprecedented level of funding available, well developed partnerships with a wide variety of bodies and agencies and an Education & Training programme that is beginning to have results in terms of athlete and coach recruitment.

There continues to be numerous issues of concern for SDS which need to be addressed to secure the future of the association. We need to establish a nationwide pathway for athletes from branch level through to Paralympic level across a wide variety of sports. We need to double our efforts to recruit volunteers and coaches at all levels. We must continue to attract young people with disabilities to sport and physical activity and offer opportunities for those individuals to meet their full potential. New partnerships must be formed and existing partnerships strengthened to ensure that adequate resources are available to achieve the outcomes of the new strategic plan.



KEY ACHIEVEMENTS DURING THE PAST YEAR

Key Area 1 – Developing the Sports

- Scottish wheelchair curlers Frank Duffy, Michael McCreadie, Tom Killin, Angie Malone and Ken Dickson represented Team GB at the Torino Winter Paralympic Games and returned home with the silver medal. The team was supported by Tom Pendreigh, Ena Stevenson, Archie Bogie and Alison Glover. This was Team GB's first Winter Paralympic medal since 1994.
- Michael McCreadie and Tom Killin become Scotland's first athletes to win medals at both Summer and Winter Paralympic Games.
- Learning disability athletes Laura Kinder and Allan Stuart finish in the medals at the INAS World Athletics Championships in Canberra, Australia. Allan won gold in the 400m and silver in the 200m whilst Laura collected silver medals in the 4 x 100m and 4 x 400m relays.
- The SDS Bowls Squad participated in an International Test Series in Nottingham in September competing against teams from Australia, England, Ireland, Israel, Korea and Wales.
- Cyclist Aileen McGlynn returned from the Paralympic World Cup in Manchester with a gold and silver medal and followed this up with an MBE in the New Years Honours List.
- Fife's Rebecca Lee was Scotland's sole representative in the Great Britain team at the INAS European Swimming Championships in Hungary during August winning 6 gold, 1 silver and 2 bronze medals.
- Laura Kinder enjoyed international success with a bronze medal from the inaugural IPC World Indoor Athletics Championships in Bollnas, Sweden and two silver medals from the INAS European Indoor Athletics Championships in Italy.
- Seven Scots were named in the Great Britain team to participate in the IPC Athletics World Championships in Assen, Holland during September.
- The SDS Cerebral Palsy Football Team made its first appearance in international competition during July with their involvement in the CP-ISRA European Championships, finishing in a creditable seventh place.
- Swimmer Andrew Lindsay has now remained unbeaten in the S7 backstroke for an astonishing ten years. Andrew was last beaten over this distance at the 1996 Atlanta Paralympic Games.
- Scottish archers David Cowieson and John Murray were part of the silver medal winning Great Britain team at the IPC Archery Indoor European Championships during February.
- St Moritz, Switzerland was the destination for the Scottish Wheelchair Curling Development Squad last December, where they took part in the Coppa Romana Bonspiel.
- Three Scots, Bernadette Leslie, Stephen McGuire and Peter McGuire have been selected to be part of the Great Britain team to participate in the World Boccia Championships in Rio de Janeiro, Brazil during October.
- Swimmer Kenny Cairns set an astonishing three World Records for the 50m, 100m, and 200m freestyle at the British Short Course Swimming Championships during October. Fellow Scot, Jim Anderson, set a new record for the 100m freestyle at the same event. Scotland finished the competition in second place despite leading until the final day of competition.
- A Scottish angling team travelled to Corby in June to take part in the 27th International Fly Fishing Championships, finishing in fourth place.
- Scottish players enjoyed success at the British Boccia Championships in Nottingham during June, returning home with one gold and two bronze medals.
- The SDS Junior Swimming Squad took part in the British Junior Championships in Sheffield during March. The team amassed a total of 55 medals and the results confirm that there are a number of junior swimmers with the potential to challenge for place in the Great Britain team in the near future.
- West of Scotland athlete Colette Martin travelled to Blackpool in June to take part in the DSE Junior Athletics Championships. Supported by coach Ian Mirfin, Colette took gold in the 400m and silver in the 100m and 200m.
- Scotland and Team GB skip Frank Duffy, along with team mates Tom Killin, Louise Dodd and Jim Sellar, added the British Open Wheelchair Curling title to his list of accolades during 2005/2006.
- The Scottish Junior Wheelchair Basketball Squad returned to Stoke Mandeville to participate in the Richard Langhorn Trust Regional Championships. A more experienced squad led by coaches Fraser Govan, Gary Smith and Stephen Duff played well throughout and returned home with a deserved bronze medal.

KEY ACHIEVEMENTS DURING THE PAST YEAR continued

- The sixth annual SDS Summer Sports Camp for young people with physical disabilities was held at the National Sports Centre Inverclyde during July attracting 36 participants.
- The seventh National First Shinty Camp for young people with learning disabilities, run in conjunction with the Camanachd Association, was held in Aviemore with 65 pupils from seven schools in attendance.
- SDS in partnership with the Scottish Football Association, have been working in partnership with Glasgow City Council to develop opportunities and pathways for young players with disabilities.
- Clubgolf and SDS have been involved in a pilot project in the Forth Valley area aimed at providing young people with disabilities the opportunity to experience golf within school and provide pathways to local clubs.
- SDS has been working in partnership with the Active Schools Networks in Argyll & Bute, Moray and Scottish Borders to identify and inform young pupils with disabilities and provide local pathways into sport.
- SDS has been working in partnership with Badminton Scotland to develop opportunities for people with disabilities to access the sport. A coaching / taster session in May has led to the establishment of a disability badminton club which meets at the Kelvin Hall, Glasgow.
- SDS continues to develop active working partnerships with Scotland's Governing Bodies of Sport. Joint working groups operate with Scottish Athletics, The Royal Caledonian Curling Club, Scottish Swimming, Badminton Scotland and The Scottish Football Association.
- SDS athletes continue to benefit from the services provided by the Scottish and Area Institutes of Sport. Criteria for inclusion in the Area Institute Network was revised this year to include Scottish athletes on the BPA Fast Track programme.
- The SDS National Events and Squad Training Programmes continue to offer athletes with a disability access to coaching and competition. In the last 12 months SDS has co-ordinated 20 National Championships involving 10 different sports.
- SDS works closely with all of Scotland's local authorities and has continued to work in partnership with the 21 authorities who support local branches.
- SDS has supported the development of sport specific clubs in the sports of athletics, badminton, boccia, football, shinty, wheelchair curling and wheelchair basketball.

Key Area 2 – Education & Training

- SDS co-ordinated a comprehensive education and training calendar over the last 12 months. A total of nine courses covering topics as varied as classification, pool work, athletics, football, wheelchair curling and boccia were co-ordinated attracting 110 participants.
- SDS in partnership with **sportscotland** and the Youth Sport Trust have developed a Disability Inclusion Training module which is targeted at the Active Schools Network across Scotland. The module offers training and resources to assist the inclusion of pupils with disabilities in mainstream activity. Three local authorities have already received training and by 2008 the module will have been offered to every Active Schools Co-ordinator in Scotland.
- An Active Schools Inclusion group has also been established in partnership with **sportscotland**. All of Scotland's local authorities have nominated a representative to attend this forum which is designed to inform, discuss and share good practice on issues affecting the inclusion of pupils with disabilities.
- A Coaching Footballers with Disabilities course has been developed in partnership with the Scottish Football Association and an initial course has been delivered attracting 20 participants.
- SDS personnel have also been working with the sport specific governing bodies for athletics, badminton and curling to develop sport specific education and training programmes.
- SDS personnel have again been heavily involved in the delivery of Sports Coach UK courses throughout the year. A total of 15 Sports Coach UK courses were run last year attracting 165 participants.
- The SDS Education & Training Group continued to meet during 2005/2006 to progress the implementation of the association's Education & Training Strategy.

Key Area 3 – Governance

- The new SDS strategic plan 'Towards London and Beyond: 2006-2012' was launched in April. The plan will lead the work of the association up to the 2012 London Paralympic Games.
- SDS has appointed a Performance Development Officer post to support Scottish athletes with a disability to meet their full potential in their chosen sport. This post will focus on the identification and development of athletes with the potential to compete at the London Paralympic Games.
- SDS has also appointed an expert resource in the field



KEY ACHIEVEMENTS DURING THE PAST YEAR continued

- of project development to progress work in the areas of coach development, marketing, governance and policy development.
- A Human Resources Manual has been developed for the association providing a single reference point for all areas of HR within SDS.
 - SDS has worked with the Royal Caledonian Curling Club and the Big Lottery Fund to appoint a Disability Curling Development Officer post. Discussions are also taking place with Scottish Swimming and Scottish Athletics to establish similar posts in the future.
 - National sport specific performance plans are now in place for the SDS key sports of athletics, boccia, football, swimming and wheelchair curling.
 - Capability Scotland, The Sportsman's Charity, Lloyds TSB Foundation for Scotland, Nationwide, McDonalds, Sportsmatch and the Scottish Disabled Sports Trust continue to support SDS programmes, events, squads and athletes.
 - The **sportscotland** integrated investment programme continues to support the work of the association at all levels.
 - SDS has worked in partnership with the Sport Central regional sports partnership to negotiate the establishment of a Regional Sports Manager post with a remit for the development of disability sport.
 - Work has also been undertaken with local authorities to appoint a further two local Sports Development Officer posts with a remit for disability sport.
 - The association continues to support and develop the 16 local SDS branches across Scotland.
 - SDS continues to receive substantial support, from Scotland's local authorities, governing bodies of sport and local sports councils.
 - SDS continues to work in partnership with **sportscotland** and the Scottish Executive on all matters affecting disability sport in Scotland.

Key Area 4 – Communication

- The SDS website continues to develop and is the primary method of communication for the association.
- SDS continues to communicate with all key partners on a weekly basis.

- SDS and **sportscotland** were invited to present evidence to the Equal Opportunities Committee of the Scottish Parliament on issues affecting disability sport in Scotland.
- SDS co-ordinated a successful National Branch Conference during November which attracted 29 participants. The conference programme included workshops on classification, active schools, golf and child protection.
- The SDS Professional Officers Group continued to meet throughout the year offering local authority staff the opportunity to network and discuss issues affecting disability sport in Scotland.
- The SDS newsletter 'Changing with the Times' continues to be produced promoting the work of the association to all key partners.
- SDS continues to produce a bi-annual Calendar of Events and an annual Education & Training Calendar.



SUMMARISED ACCOUNTS

SCOTTISH DISABILITY SPORT (SDS)

(Company Limited by Guarantee)

SUMMARISED STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31 March 2006

| | Unrestricted Fund | Restricted Funds | Total Funds 2006 | Total Funds 2005 |
|---------------------------------------|----------------------|---------------------|---------------------|---------------------|
| Income | | | | |
| Grants and donations | 14,330 | 255,065 | 269,395 | 471,258 |
| Membership subscriptions | 3,100 | – | 3,100 | 3,250 |
| Bank interest | 14,984 | – | 14,984 | 8,609 |
| Events and activities | 43,901 | 17,227 | 61,128 | 27,417 |
| | <u>76,315</u> | <u>272,292</u> | <u>348,607</u> | <u>510,534</u> |
| Expenditure | | | | |
| Charitable activities | 35,937 | 277,648 | 313,585 | 251,461 |
| Governance costs | 13,106 | – | 13,106 | 9,560 |
| | <u>49,043</u> | <u>277,648</u> | <u>326,691</u> | <u>261,021</u> |
| Net movement in funds for year | 27,272 | (5,356) | 21,916 | 249,513 |
| Funds brought forward | 47,622 | 278,796 | 326,418 | 76,905 |
| Funds carried forward | <u>£ 74,894</u> | <u>£ 273,440</u> | <u>£ 348,334</u> | <u>£ 326,418</u> |

SUMMARISED BALANCE SHEET

at 31 March 2006

| | 2006 | 2005 |
|--|------------------|------------------|
| Tangible Fixed Assets | <u>6,515</u> | <u>8,006</u> |
| Current Assets | | |
| Stocks | 2,323 | 2,678 |
| Debtors | 5,212 | 18,267 |
| Cash at bank and in hand | 420,301 | 336,337 |
| | <u>427,836</u> | <u>357,282</u> |
| Creditors : Amounts falling due within one year | <u>86,017</u> | <u>38,870</u> |
| Net Current Assets | <u>341,819</u> | <u>318,412</u> |
| Net Assets | <u>£ 348,334</u> | <u>£ 326,418</u> |
| Funds | | |
| Unrestricted | 74,894 | 47,622 |
| Restricted funds | 273,440 | 278,796 |
| | <u>£ 348,334</u> | <u>£ 326,418</u> |

The summarised accounts are a summary of information extracted from the full annual accounts and therefore may not contain sufficient information to allow a full understanding of the financial affairs of the Charity. For further information the full annual accounts and the auditor's report on those accounts should be consulted; copies of these can be obtained from the Company Secretary.

R C Brickley, MBE, Chairperson

25 August 2006

Auditor's Statement

In our opinion the summarised accounts are consistent with the full annual accounts from which they are extracted. Our audit report on the full annual accounts was unqualified.

Geoghegan & Co

Chartered Accountants and Registered Auditors

25 August 2006



ACKNOWLEDGEMENTS

Scottish Disability Sport acknowledges the many agencies that have supported its activities during the past year, and wishes to thank the following in particular:

sportscotland



THE
Sportsman's
CHARITY



YOUTH SPORT TRUST

scottishathletics



sportscotland

Scottish Disabled Sports Trust
Lloyds TSB Foundation for Scotland

Capability Scotland
Scottish Sports Aid Foundation
The Sportsman's Charity
Nationwide
McDonalds

Sportsmatch

Youth Sports Trust

Scotland's Local Authorities

Scotland's Governing Bodies of Sport

and in particular

Scottish Swimming and British Swimming

Scottish Athletics and UK Athletics

Scottish Anglers National Association

The Royal Caledonian Curling Club

Scottish Football Association

Camanachd Association

Badminton Scotland

Fife Council *and*

The Fife Institute of Physical and Recreational Education

The Scottish Institute of Sport and Area Institutes of Sport

Scotland's Local Sports Councils

UK Sport

Disability Sport England

Geoghegan & Co

Multiprint Design and Print

Commonwealth Games Council for Scotland

British Paralympic Association

Children 1st

Norwich Union, Perth

Centre for Sport & Recreation, University of Stirling

**SCOTTISH
SWIMMING**



CAMANACHD
ASSOCIATION
COMANN NA CAMANACHD



SCOTTISH INSTITUTE
OF SPORT



Disability Sport England
Charity No. 297035



Photographs taken by:

Claire Mands, Kenneth Philips, Daily Record



SCOTTISH DISABILITY
SPORT

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