

COURSE DESCRIPTORS

Updated June 2015



Adapted Sportshall – scottishathletics

This workshop will demonstrate how to adapt equipment to include children with a disability into various sessions and classes.



Archery Leaders Award – Scottish Archery

This course offers advice on safety, range set-up, different forms of archery, shooting styles, performance selection, care and maintenance of equipment.



Boccia Development Workshop

Offers delegates interested in boccia the opportunity to learn more about coaching, officiating and classification.



Boccia Leaders Award

Provides coaches, teachers and volunteers with the knowledge, skills and confidence to introduce boccia to players with a wide range of abilities.



Boccia Regional Referees Course

Provides the necessary knowledge for boccia refereeing, containing a mixture of theory and practical.



Boccia UKCC Level 1

A three day course covering planning and preparation, communication and demonstration, observation, analysis and evaluation.



Boccia UKCC Level 2

Aimed at Level 1 coaches and covering fundamental technical skills, running effective sessions, roles and responsibilities, tactical development, planning, evaluation and competition management.



Bowls Coach Education Workshop

Aimed at bowls coaches or individuals delivering sessions to disabled bowlers.



Bowls Inclusion: Youth



Carpet Bowls Development Workshop

Offers an introduction to carpet bowls for players with disabilities, covering classification, rules, delivery styles and positions.



Classification and Disability Sport – Introductory Workshop

Provides an introduction to classification and its importance in disability sport, at local, national and international level across different sports.

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- ✦ **Coaching Athletes with a Disability**
Workshop designed for coaches interested in or already working with athletes with a disability, covering disability awareness, communication, classification and competition.
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- ✦ **Coaching Badminton to Players with Physical Impairments – BADMINTONscotland**
Aimed at Level 1 and 2 coaches who would like to gain knowledge and practical experience of working with badminton players with physical impairments.
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- ✦ **Coaching Disabled Swimmers - Scottish Swimming**
Recommended for Level 1, 2 and 3 coaches and provides a theoretical basis for coaches to better understand the needs of disabled swimmers.
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- ✦ **Coaching Footballers with Disabilities – Scottish FA**
Practical and workshop teaching methods offer coaches an insight into how best to deliver football coaching to players with different impairments and abilities.
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- ✦ **Coaching Matters Conference**
An informal opportunity for coaches at performance level to be inspired, learn from each other and share their experiences.
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- ✦ **Disability Athletics – Coach Workshop**
Designed for coaches interested in or already working with athletes with a disability and covering disability awareness, classification, competition and practical sessions.
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- ✦ **Disability Awareness: Hearing Impairment – NDCS**
This workshop will help you to find out how you can genuinely include deaf children and young people in your sports activity.
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- ✦ **Disability Bowls Development Workshop**
Concentrates on lawn and indoor bowls for players with a disability.
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- ✦ **Disability Inclusion Training: Walking**
A partnership with Paths for All, developed to raise awareness of disability issues to help planning and leading health walks.
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- ✦ **Disability Judo Development Workshop**
Exploring the concept of Judo for All, with an emphasis on players with a physical, sensory or learning disability. Qualifies for JudoScotland's CPD points.
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- ✦ **Elevating Athletics – scottishathletics**
Looking at adaptation and modification and featuring hands-on experience with club participants.
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- ✦ **How to Coach Disabled People in Sport – Sports Coach UK**
Introductory level workshop tackling FAQs about how to work with disabled sportspeople.
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- ✦ **How to Identify and Include Children and Young People with a Disability in Sport**
This course provides learners with understanding of impairments and the importance of inclusion as well as the opportunity to observe and work with pupils with a variety of impairments.
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- ✦ **Inclusive Coaching – Sports Coach UK**
A follow-on from How to Coach Disabled People in Sport, encouraging delegates to develop their coaching knowledge and expertise.
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- ✦ **Inclusive Swimming Coaching**
Participants will work on poolside with performance disability swimmers to learn about divisioning, challenges encountered, different impairments, classification and competition pathways.
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- ✦ **Introduction to Coaching Wheelchair Curling – RCCC**
Theory and practical sessions combined to offer insight into key elements and safety considerations of wheelchair curling.
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- ✦ **Para-Triathlon Volunteers Course**
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- ✦ **Parents' Workshop – Positive Coaching Scotland**
Practical tools and examples to help parents support children in the sporting environment.
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- ✦ **Pool Workshop: Introduction to Disability Swimming**
A combination of practical and classroom based, exploring safety skills, appropriate supports, learner progression, communication and disability swimming.
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- ✦ **Recruiting, Developing and Retaining Coaches – Sports Coach UK**
Designed to support professionals and volunteers with direct responsibility for recruiting, developing and retaining coaches and volunteers.
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- ✦ **Safeguarding in Sport**
Suitable for coaches and volunteers in contact with children, exploring the code of conduct and basic information on recognising and responding to concerns.
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- ✦ **Sprints Workshop**
Provides delegates with an opportunity to work with athletes with disabilities in developing their sprint technique.
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- ✦ **Strength and Conditioning – Introductory Workshop**
Provides an introduction to strength and conditioning for people working with athletes with a disability, reviewing activities and exercises and considering adaptations.



Stroke Technique

Investigates and discusses current thinking around stroke development in swimmers with a disability.



Table Tennis Disability Awareness and Coach Master Class

Concentrates on disability awareness, considering perceptions, overcoming barriers and modifying / adapting for table tennis.



Teaching Swimmers with a Disability – Scottish Swimming

Designed to provide teachers with the confidence to work with swimmers with disabilities. 3 CPD points.



Teaching Swimming to Disabled Children – Scottish Swimming

Recommended for UKCC Level 1 and 2 teachers.



Tennis Disability Awareness – Tennis Scotland

One day course developing understanding of practical considerations of working with players with disabilities and looking at practical adaptations.



Throws Workshop

Explores the disciplines of club, shot, discus and javelin and alternative training implements and addresses techniques, position and strapping.



UK Disability Inclusion Training

An introduction to disability sport in Scotland recognising perceptions and experiences, identifying terminology and communication, articulating current legislation, outlining barriers, identifying participation opportunities and providing further contacts.

Sport specific courses include:

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| • Athletics | • Judo |
| • Basketball | • Rowing |
| • Cricket | • Rugby |
| • Cycling | • Tennis |
| • Hockey | • Triathlon |
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Wheelchair Basketball Leader Award – basketballscotland

A predominantly practical course suitable for teachers, physiotherapists, sport and community development officers, players, coaches, youth leaders and parents, to gain an understanding of how to safely and knowledgeably introduce fundamental skills to young and novice players.



Wheelchair Curling: Coaching Beginners – RCCC

An introduction to wheelchair curling combining theory and practical sessions.



Wheelchair Racing Coaching Clinic

A clinic for athletes to explore pushing techniques and drills, and coaches to gain greater understanding of coaching wheelchair racers.