

Young Persons' Sports Panel

Name	Gemma Lumsdaine	
Age	19	
Local SDS Branch	Dundee City Disability Sport	
Sport	Wheelchair basketball Wheelchair rugby Wheelchair rugby league Para equestrian	
<u>Classification</u>	1 pointer; 1.5; BC2; 1a	
Best achievement to date	<ul style="list-style-type: none">• 2016 Celtic Cup• Speaking at the House of Lords as part of the Wooden Spoon Supporting Tomorrow's Superstars campaign	
Sporting highlights	<ul style="list-style-type: none">• Being captain of the U19 Scotland squad• Being nominated for the Young Scot of the Year Award• Playing alongside such inspiring and talented athletes• Being given the opportunity to take part in the 2014 Sainsbury's School Games Opening Ceremony athlete oath• Best in class 1.5 GBWR div 3	
Sporting aspirations	<p>My sporting aspirations are to become the best athlete I can possibly be. Also to inspire others to take part in sport and hopefully help others enjoy sport as much as I do. I hope to give back to sport as it has changed my life in so many ways and given me such amazing life changing opportunities! Finally I would like to help promote the fact that having a disability doesn't stop you from being able to do anything if you put your mind to it!</p>	
Sporting hero	I have so many it's hard to pick one!	
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