Coaches are looking for:

* athletes with physical disability which primarily affects their lower limbs, details below
* Aged approximately 16 to 40

**Eligible conditions**

* Impaired muscle power
* Impaired range of motion
* Limb deficiency
* Athetosis
* Hypertonia
* Ataxia

**Ineligible for Paralympic wheelchair curling (unless with an eligible condition)**

* Leg length difference
* Short stature
* Visual impairment
* Intellectual impairment

**Ineligible for Paralympic sports**

* Pain
* Low muscle tone
* Hypermobility /joint instability
* Impaired motor reflex functions
* Health conditions which primarily cause pain or fatigue
* Are primarily psychological or psychosomatic in nature e.g. conversion disorders or PTSD

**Minimum impairment levels**

**Loss of power at hips/knees/ankles**

* Spinal Cord Injury
* Poliomyelitis
* Transverse Myelitis
* Spina Bifida
* Polyneuropathy

**Lower limb deficiency**

* Bilatereral above ankle amputation
* Unilateral hip disarticulation (through hip joint)
* Unilateral above knee amputation and muscle strength in the other leg of less than 25/40 on Oxford scale

**Hypertonia**

Increase in muscle tension reduces ability of muscle to stretch. In lower limbs sufficient to prevent walking or to limit it to very short distances

* Cerebral palsy
* Brain injury
* Multiple sclerosis

**Incoordination**

In the lower limbs possibly along with loss of strength and hypertonia with objective signs of ataxia which prevents/limits walking

* Multiple sclerosis
* Cerebral palsy
* Brain injury

**Restriction of movement**

Severe and permanent loss of joint range of 50% or more across two or more large joints (hip, knee, ankle) in both legs

Arthogryphosis

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| **Venue & Date:** National Curling Academy,The Peak Stirling Sports Village, Forthside Way, Stirling FK8 1QZ, Saturday 9th September 2017. 12-4pm |  |
| **Cost** Free for eligible participants |  |
| **Closing Date** 3rd September 2017 |  |
| |  |  | | --- | --- | | **Name** |  | | **Contact Address** |  | | **Email Address** |  | | **Phone number** |  | | **Emergency contact** |  | | **Medical condition/How you fulfil the eligibility criteria** |  | | **Current level of activity** |  | | **Previous sport experience** |  |  |  | | --- | | **Media and Photographic Consent**  I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (player/parent/carer/coach/other please note\_\_\_\_\_\_\_\_\_\_\_\_\_\_)  have the authority to give consent/withhold consent to the photographing/videoing/livestreaming and publication of images of the above named players and confirm that I am legally entitled to give this consent and that none of the players listed above are the subject of a court order preventing the taking and publication of their image.  \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(Signature) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Date)  N.B: Consent will be assumed to have been given in the event of permission forms being left blank. | |  | |  | |  |
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Please return completed forms to either:

**sport**scotland Institute of Sport  
Sheila Swan Head Wheelchair Coach  
T: 07917 183 414  
E: [sheila.swan@sisport.com](mailto:sheila.swan@sisport.com)

Scottish Disability Sport  
T: 0131 317 1130  
E: [admin@scottishdisabilitysport.com](mailto:admin@scottishdisabilitysport.com)