


Young Persons' Sports Panel

Name	Alan Gray	
Age	26	
Local SDS Branch	Lothian Disability Sport	
Sport	Swimming	
Events	100 breaststroke 50m freestyle	
<u>Classification</u>	5/4/5	
Best achievement to date	Achieving a British record for the 100m breaststroke as a junior and competing in the first CPISRA World Games	
Sporting highlights	When Scotland beat France in 2007 in Paris	
Sporting hero	Michael Watson	
Twitter	the slowfootsoldier89	
Facebook	slowfootsoldier	



Scottish Disability
Sport

*Leading inclusive sport in Scotland
for participants and athletes with
physical, sensory or learning disabilities*