

2016 Rio Paralympic Games

Athlete Profile: Maria Lyle



Date of birth	14 February 2002
Home town	Dunbar, East Lothian
Occupation	Student
Sport	Para Athletics
Classification	T35
Events	100m, 200m, 4x100m relay
Club	Team East Lothian

Personal Bests

- 13.90 and 29.24

How and when did you become involved with your sport?

I started athletics when I was about nine. My mum encouraged me to join the local running club, Dunbar Running Club, after I showed potential during school PE (my mum was my PE teacher). I trained alongside my friends and competed in able-bodied competitions. I also began to compete in a few disability events run by Scottish Disability Sport and, after receiving my national classification, I was selected to join the British Athletics Talent ID Squad when I was 11. I couldn't compete internationally until I was 14 years old as the [IPC](#) rules don't allow it. I was internationally classified in 2014 and made my first international appearance in the IPC Grand Prix in Dubai that year.

Sporting Highlights

- Gold (WR) – T35-38 Relay IPC World Championships 2015
- Silver (ER)– T35 100m IPC World Championships 2015
- Silver (ER) T35 200m IPC World Championships 2015
- Gold (WR) – T35-38 Relay IPC European Championships 2016
- Gold- (CR)-T35 100m IPC European Championships 2016
- Gold-(CR) –T35 200mIPC European Championships 2016

Sporting Goals

Rio 2016 is one of my main goals and it would be great to medal there. I'll only be 16 years old, so I really hope to go on and develop as an athlete and make future Paralympic Games too.

One piece of advice for an aspiring athlete?

There's no such word as "cannae"!



[@Lyle_Maria](#)



[maria lyle](#)