



SCOTTISH DISABILITY
SPORT

Annual Report

2012-13



Developing opportunities and improving performance in disability sport for children, athletes and players with a physical, sensory or learning disability

www.scottishdisabilitysport.com

Scottish Disability Sport would like to acknowledge with sincere thanks the generous financial support received from the following Local Authorities and Leisure Trusts to assist with the hosting of the AGM and the production of this Annual Report:



Barcapel Foundation have awarded SDS a grant to support our youth initiatives and we extend our thanks for their valued support.

The Crerar Hotels Trust has awarded SDS a grant to help provide much needed equipment to support activity in schools. We thank the Trust for their support. www.crerarhotels.com

SDS would also like to thank Garfield Weston Foundation for their valued support.

The Robertson Trust supports the SDS Junior Development and Wheelchair Basketball programmes.



Chairman's message

On behalf of the Board and staff of Scottish Disability Sport (SDS), I would like to welcome you all to the 50th Annual General Meeting of the Association and to celebrate an exceptional year for the SDS family.

The 2012 London Paralympic Games were hugely successful and did so much to change public perceptions of disability and catapult disability sport into the hearts and minds of the British public. These Games have been the catalyst for a real change in impetus and SDS is still benefitting on so many levels. The 27 Scottish athletes and players who were members of the ParalympicsGB team did us all proud and the 11 medals won are testimony to the hard work and dedication of these individuals and their families, coaches and support staff. Scottish athletes and players with a disability also enjoyed considerable success at GB and international level during 2012/13 and I would take this opportunity to offer my congratulations on their continued achievements. The successes of our Wheelchair Curlers at the WCF World Championships, our footballers at the CPISA Intercontinental Championships, our Boccia players at the BISFed European Championships and our athletes at the INAS World Athletics Championships are just some examples of how Scotland can compete with distinction on the international stage.

I would like to pay tribute to the SDS staff team. This has been a difficult year for our staff with the loss of our colleague Russell Hogg and significant changes in personnel. We are fortunate to have such a strong, dedicated, professional and highly motivated group. We were sad to see Claire Morrison leave SDS this year after more than 10 years service with the Association and we wish her every success in her new role as Performance Coach with GB Boccia. We also wish colleagues Laura Olds and Andrinne Craig well in their new roles and we thank them all for their important contributions. I am delighted to welcome new staff members, Jennifer Livingstone, Mark Gaffney, Lori Ure and Cheryl Brykajlo and I also congratulate Heather Lowden, Rebecca Bisland and Lynne Glen on their new roles within SDS.

SDS continues to benefit from strong support and guidance from **sportscotland** and our thanks in particular go to our exceptional Partnership Manager Jo Bell along with Craig Fail, Iain Kennedy and Calum Wood for all they have contributed in the last year. In this financial climate I would also like to recognise the contribution of our other financial contributors including The Robertson Trust, the Scottish Sports Aid Trust, Education Scotland, Sainsbury's, Barclays, the People's Postcode Lottery, Ecas, Barcaple Foundation, Crerar Hotels Trust, Garfield Weston Foundation, the Football Foundation and the Scottish Disabled Sports Trust for their continued investment in disability sport in Scotland. Mention must also be made of the fantastic working relationship SDS enjoys with the Scottish Government and I thank them sincerely for their commitment to inclusion.

I am extremely grateful for the support the SDS Board has given me and the staff throughout the year. They have worked tirelessly in the background and I would like to thank Directors Catherine Goodfellow, Janice Eaglesham, Dave Rhoney, Gerry Milne, Sandra Proudfoot, Eileen Ramsay and Anna Tizzard along with Company Secretary, Caroline Lyon for their continued commitment to SDS.

I would also like to recognise and thank the huge army of officers, volunteers and support staff who support the work of the 14 SDS member Branches and work so hard to provide grassroots opportunities for those with a disability. Our Branches continue to be the driving force at a local level and with the new SDS staffing structure in place I look forward to SDS being able to provide greater support at all levels in the year ahead. Thanks are also extended to our Scottish Governing Body partners who more than ever before are considering inclusion and the needs of disabled athletes and players.

The SDS Strategic Plan, "Inspiring through Inclusion" continues to drive the work of SDS throughout the country. Our Sports Inclusion Model has now been recognised and adopted by numerous key partners and our mantra around the need for explicit messaging with regards to equality and inclusion, is being embraced.

2014 will be another massive year for the disability movement and SDS in particular. Glasgow will play host to the Commonwealth Games' largest ever Parasport programme of five sports and 22 medal events. Scottish athletes and players with a disability will be competing in all five sports and we are confident of achieving our greatest ever medal haul from a Commonwealth Games. In addition, the eyes of the world will be on Scotland and we will have a unique opportunity to profile and promote disability sport to a whole new audience. We will make new friends, create new role models and inspire a new generation.

Finally, to all our Branches, partners, volunteers, and above all our athletes, a massive THANK YOU.

As always.



Gordon McCormack OBE

Chairman

CEO's message

A very warm welcome to everyone to the 50th Annual General Meeting of Scottish Disability Sport (SDS) amidst what must be one of the most exciting periods for disability sport in Scotland.

I was fortunate enough to be present at the London Paralympic Games last summer to witness the truly inspiring and attitude changing performances from the world's best athletes and players with a disability. These Games undoubtedly changed the face of disability sport in the UK and altered public perceptions of what can be achieved by those with a disability. Within this magnificent spectacle, 27 Scottish Paralympians competed with distinction and came home with three gold, six silver and two bronze medals. I would like to congratulate all these Scottish Paralympians along with their coaches, support staff and families who have given so much to achieve at the pinnacle of their chosen sport. I would also like to recognise and congratulate all those Scottish athletes, players, coaches and support staff who have competed and achieved as part of Scottish or GB teams on the international stage.

Thanks must be extended to all those who commit so much time and energy to develop grassroots opportunities across Scotland. Our member Branches continue to be the life blood of the Association and I would acknowledge the commitment and effort of the volunteers and local authority staff who work so hard in their local areas. I would also direct thanks towards all those staff, coaches and volunteers from our partner governing bodies of sport who contribute significantly to sport specific pathways for athletes and players across Scotland.

I would personally like to thank and acknowledge the SDS staff team for their hard work and loyalty during 2012/2013. In the past 12 months we said farewell to colleagues Claire Morrison, Laura Olds and Andrinne Craig and we thank them all for their contributions. Claire leaves SDS after more than 10 years with the Association and her energy, knowledge and commitment will be our loss but GB Boccia's gain. We welcome new staff members, Jennifer Livingstone, Mark Gaffney, Lori Ure and Cheryl Brykajlo and congratulate Heather Lowden, Rebecca Bisland and Lynne Glen on their change of role within SDS. I would also like to recognise the contribution of Richard Brickley MBE to the development of the SDS website following his departure from the role of Web Editor after 13 years.

On behalf of everyone involved with the Association, I thank the SDS Board for their hard work, guidance and support of the SDS staff team. Our sincere congratulations go to our Chairman, Gordon McCormack, on the awarding of his OBE in the New Year's Honours list and we also wish him well with his new knees! I thank Board Directors Catherine Goodfellow, Janice Eaglesham, Dave Rhoney, Gerry Milne, Sandra Proudfoot, Eileen Ramsay and Anna Tizzard for all their work behind the scenes.

My thanks go to **sportscotland** not only for their continued financial investment in the work of the Association but also for the support and guidance of key staff such as Jo Bell, Craig Faill, Calum Wood and Iain Kennedy. SDS is also indebted to our other funding partners including The Robertson Trust, the Scottish Sports Aid Trust, Education Scotland, Sainsbury's, Barclays, the People's Postcode Lottery, Barcaple Foundation, Crerar

Hotels Trust, Ecas, Garfield Weston Foundation, the Football Foundation and the Scottish Disabled Sports Trust for their continued investment in disability sport in Scotland.

The SDS Strategic Plan, "Inspiring Through Inclusion", is now in its second year and continues to guide the work of the Association up to and beyond Glasgow 2014 and Rio 2016. The inclusion message within the plan has had a very real impact with significant engagement with government and parliament at a strategic and policy level. We are also seeing the impact operationally with engagement currently with 30 Scottish Governing Bodies of Sport and all 32 Scottish Local Authorities.

Next year's Commonwealth Games in Glasgow will be the pinnacle of the sporting year and the inclusion of the biggest ever Parasport programme will provide SDS with the opportunity to promote and celebrate athlete successes and sporting pathways within Scotland. We will build on the impetus from London 2012 and use the increased profile and media interest that these Games will undoubtedly generate to ensure the future development of disability sport in Scotland.

In conclusion, I thank you all for your attendance at this evening's AGM and for your endeavour and support of disability sport in Scotland during 2012/2013.

Gavin Macleod
Chief Executive Officer

London 2012 paralympians

SDS would like to take the opportunity to congratulate all those athletes and players who competed for the ParalympicsGB team at the London 2012 Summer Paralympic Games.



Review of the year

The London 2012 Paralympic Games signified a step change in how disability and disability sport are perceived in the UK and elevated the profile of these Games to an unprecedented level. The knock on effect here in Scotland has been significant with increased demand and enquiries from athletes, players, coaches and volunteers as well as a very real drive towards inclusion both politically and operationally. With the Glasgow 2014 Commonwealth Games now firmly in sight incorporating the biggest ever Parasport programme, the time is right for disability sport in Scotland to seize this opportunity and firmly imbed the inclusion agenda across all sectors of Scottish sport. 2012/2013 has seen significant progress in this journey.

We all celebrated the successes and performances of the 27 Scottish athletes and players who competed across 11 sports at the London Paralympic Games as part of the ParalympicsGB team. These Scots returned home with an impressive three gold, six silver and two bronze medals accounting for 9% of the GB medal tally. We also congratulate the eight Scottish coaches and support staff who were also part of the ParalympicsGB team at these Games.

Scottish athletes and players have also enjoyed success at a national and international level, representing Scotland and GB. Scottish athletes and players have competed in sports including archery, athletics, badminton, boccia, bowls, football, swimming, table tennis, tennis, triathlon, wheelchair basketball, wheelchair curling and wheelchair rugby with details of individual achievements highlighted below. SDS would like to congratulate all those athletes and players who continue to be exceptional ambassadors for their country and to thank the numerous coaches and volunteers who support them in their individual sports.

SDS recognises the massive role played by SDS member Branches and local partners such as Local Authorities, Sports & Leisure Trusts, Active Schools Networks and community sports clubs, to develop grassroots opportunities for aspiring athletes and players with

a disability across Scotland. SDS has moved to appoint an Opportunities & Events Manager and Opportunities & Equality Manager, both of who will be tasked with providing greater support for member branches and their work. We thank all our Branch volunteers and local partners, all of who work tirelessly to develop disability sport at a local level.

The Education & Coaching Programme has continued to develop over the last year. SDS works closely with key partners and stakeholders to ensure an inclusive approach to coaching, learning and leadership across Scotland and the UK. Exciting new partnerships have been formed with Education Scotland and Sainsbury's to provide disability inclusion training to the education sector in Scotland and sports specific inclusive coaching developments continue in partnership with 17 Scottish Governing Bodies of Sport. In the last year, 114 education and training opportunities have been run attracting 1,563 participants.

Partnership working is vital to the work of SDS and we take this opportunity to thank our key partners and stakeholders for all their support during 2012/2013. We thank **sportscotland**, Scotland's Governing Bodies of Sport, Scotland's Local Authorities and Sports & Leisure Trusts in particular for their continued

invaluable support. We also thank The Robertson Trust, the Scottish Sports Aid Trust, The People's Post Code Lottery, Barcaple Foundation, Crerar Hotels Trust, Garfield Weston Foundation, the Football Foundation and the Scottish Disabled Sports Trust for their generous ongoing support.

We are now well into the second year of the SDS Strategic Plan, "Inspiring Through Inclusion", with the vision to develop opportunities and improve performances in disability sport for children, athletes and players with a physical, sensory or learning disability. The year ahead will be one of the most exciting and influential in the history of SDS with the hosting of the 2014 Commonwealth Games in Glasgow. Disabled athletes and players from across the Commonwealth will converge on Glasgow to compete in 22 medal events across the sports of athletics, cycling, lawn bowls, power lifting and swimming. These Games have the potential to lift the profile of disability sport in Scotland to a new level, create inspirational role models and change public perceptions of disability sport.

A truly inspirational period for SDS and the list of achievements that follows highlights some of the achievements of the last 12 months.



Scottish success at the Bowls Scotland Eight Nations Commonwealth Invitation Championships.

Key achievements during the past year



Wheelchair racer Sammi Kinghorn.

Branch, Local and Regional Sporting Opportunities

ENCOURAGE A RANGE OF QUALITY SPORTING OPPORTUNITIES

- SDS has appointed an Opportunities & Events Manager and an Opportunities & Equality Manager with the specific remit to support SDS member branches and progress minimum operating requirements.
- SDS has secured funding support from the People's Post Code Trust and disseminated to SDS Branches. 18 opportunities across eight Branches/Regions are receiving funding support.
- The SDS Professional Officers' Group continues to act as a forum and support structure for development officers across Scotland.

- SDS has supported Lothian Disability Sport to secure the future of the local Branch Disability Sport Co-ordinator post.
- Regional Inclusion Forums have been held for professional officers and Active Schools personnel in three SDS Regions.
- SDS has coordinated Regional Sport Specific Working Groups with the sports of athletics and swimming.
- Regional Sport Specific Plans in place across five SDS regions including athletics, boccia, football, wheelchair curling, wheelchair tennis and swimming.
- SDS Regional Managers have worked in partnership with 33 local sports clubs and squads to support the inclusion of disabled athletes and players.
- 184 local coaches have been supported through education and training opportunities by SDS Regional Managers.
- 231 young disabled people have attended talent identification and development days run across 5 SDS regions.
- SDS Regional Managers have formed a forum with the Regional Coaching and Volunteer Managers to ensure the needs of disabled athletes, players, coaches and volunteers are considered.
- The SDS Summer Camp successfully ran during July at the National Sports Centre Inverclyde with 35 young people with physical and sensory impairments in attendance.
- 30 new athletes and players have progressed into regional squads or individual support programme in the sports of Athletics, Boccia, Cycling, Football and Swimming.
- SDS continues to co-ordinate comprehensive national events and squad training programmes across a wide variety of sports. In the past year a total of 21 National Championships involving eight sports have been organised.
- SDS continues to work closely with all of Scotland's Local Authorities and in particular the 19 Authorities who support local SDS branches.

Developing Talent and Performance

DEVELOPING INDIVIDUALS WITH PERFORMANCE POTENTIAL

- 27 Scottish athletes and players across 11 sports were selected to the ParalympicsGB team competing at the London Paralympic Games, returning home with 11 medals. The three gold, six silver and two bronze medals won accounted for 9% of the ParalympicsGB medal tally.
- Five athletes competed for Scotland at the WCF Wheelchair Curling World Championships in Sochi, Russia with Scotland finishing in 6th place.
- The Scottish Cerebral Palsy/Stroke/Acquired Brain Injury Football Squad competed in the CPISRA Intercontinental Championships in Barcelona finishing in 7th place.
- Scotland's Robert Ferrol and Owen Miller competed as part of the GB & NI Team at the INAS World Athletics Championships in the Czech Republic. Owen finished 10th in the 1,500m and Robert won bronze in the 4 x 100m relay.
- Danielle Joyce (Swimming), Lucy Walkup (Swimming), Jack McComish (Swimming), David Grant (Karate), Lauren Peffers (Athletics) and John Ruddy (Athletics) represented Team GB at the Deaflympics in Sofia, Bulgaria.
- Jane Egan won Tri-1 category gold medal for the fourth time in a row at the ETU Paratriathlon European Championships in Alanya, Turkey.
- Five of nine members of the GB team competing at the BISFed European Boccia Championships in Portugal were Scots. This was the most successful GB performance ever, with Joshua Rowe winning gold in the BC1/BC2 team event, Kieran Steer, Jamie McCowan and Stephen McGuire winning gold in the BC4 pairs and Scott McCowan winning bronze in the BC3 pairs.
- Michael Kerr was a member of the bronze medal winning GB Wheelchair Rugby team at the European Championships in Antwerp, Belgium.

Key achievements during the past year continued

- Andrew Mullen, Scott Quin and James Clegg were selected to compete for Team GB at the IPC Swimming World Championships in Montreal, Canada in August. Andrew secured a silver medal in the S5 50m backstroke and bronze in the 50m butterfly. James won a bronze medal in the S12 400m freestyle.
- Scots Libby Clegg and Stefanie Reid were selected as part of the GB Athletics team for the IPC World Athletics Championships in Lyon, France in July, with Libby returning with two silver medals in the T12 100m and 200m.
- Scottish Blind Bowlers Association sent a team to compete at the IBBA World Championships in Worthing in July. The team returned with a very creditable one gold and three bronze medals.
- An Athletics Talent Transfer Day was run at Scotstoun Sports Centre, Glasgow in partnership with Scottish Athletics for current athletes in different sports within SDS.
- Athlete Derek Rae (T46) was selected by Scottish Athletics to compete in the small Scotland team in the Frank Duffy 10 mile run at Phoenix Park in Dublin within the mainstream field, where he finished a respectable 41st.
- Hanna Toremar, Micky Yule and Nathan McQueen recently competed in the 5th FAZAA Powerlifting Championships in Dubai as part of their development towards Glasgow 2014. Micky won a bronze medal in the 80kg category.
- SDS Academy Althlete Lesely Baldwin has been provisionally selected for the GB para shooting team for the European Championships in Alicante.
- A team of six table tennis players has been selected to attend the ITTF Belgian Open.
- Hannah Dines, Kayleigh Haggo and Gavin Drysdale will be competing at the IWAS World Games in the Netherlands.
- Two teams were selected to represent Scotland at the Bowls Scotland Commonwealth Invitational Championship at Kelvingrove, Glasgow in August. Scotland competed against teams from Australia, England, South Africa, Wales and Malaysia. Physically disabled triples team Clyde won gold and team Kelvin won bronze. V1 mixed pairs Clyde won bronze and Scotland Clyde won the overall para team trophy.
- Four players from the Scottish Table Tennis squad competed at the ITTF Hungarian Open, with Conor Gordon and Neil Innes securing a bronze medal in the class 9 men's team event.
- Meggan Dawson Farrell and Samantha Kinghorn competed at the IPC sanctioned 5th FAZAA International Athletics Competition in Dubai with Samantha winning bronze over 100m and 200m and Meggan repeating the feat over 400m, 800m and 1500m.
- The Scottish Cerebral Palsy/Stroke/Acquired Brain Injury Football Squad finished in 3rd place at The Gathering Invitational Football Tournament in Dublin in May.
- The Scotland Boccia Squad won the inaugural Celtic Cup in Ireland in June.
- Scots Meggan Dawson Farrell and Samantha Kinghorn competed at the Swiss Championships with Meggan recording Scottish T54 records over 400m (63.12), 800m (2.07.53) and 1500m (3.42.4). Sammi had an equally good Championships setting T53 Scottish bests over 400m (64.65), 800m (2.10.75) and 1500 (4.08.05).
- Alan Oliver won an individual gold and doubles silver in the SL3 men's section at the Spanish Para-Badminton International.
- Libby Clegg was in action at the International German Championships in Berlin winning the T12 100m in a time of 12.41. Libby also secured a silver medal in the T12 200m event with a time of 25.98.
- Michael Kerr competed for the GB Team at the Denmark Wheelchair Rugby Challenge with GB finishing in 2nd place.
- Hannah Dines competed in Race Running in the 17th International in Denmark in July. Hannah won four gold medals and became the first Scottish Race Runner to run the 200m in under 40 seconds.
- Three Scottish archers, Kate Murray, Frank Maguire and Bradley Stewart, competed in the 9th International B.W.A.A. event at Stoke Mandeville. Kate Murray won a bronze medal in the standing recurve Women's W2 Open and silver in the Women's Team Open. Frank Maguire has been selected for Mens Open Compound at the World Archery Championships in Bangkok.
- Gordon Reid reached his first Grand Slam singles semi-final at the French Open and also reached the semi-finals in the doubles event at Wimbledon. He also won the doubles title at the Melbourne Open, the singles & doubles titles at the Adelaide Open, the South African Gauteng Open doubles title, the singles title at Internazionale d'Italia and the Atlanta Open doubles title. He reached a new career best world ranking of number 4.
- A team of young Scottish athletes and players were selected to compete at the UK School Games in Sheffield in the sports of athletics, table tennis and swimming.
- The Scottish Under 19 Learning Disability Football Squad competed at the Home Nations Championships in Dublin and won the competition for the first time.
- A 14 strong Scottish Squad was selected to compete at the GB Boccia Championships in Wigan in July, returning with two gold, one silver and one bronze individual medal.



SDS Summer Sports Camp 2014.



SDS Junior Athletics Championships.

- The Scottish Under 23 Wheelchair Basketball Squad retained the Celtic Cup in July.
- The Scottish Badminton Squad competed in the 4 Nations Para Badminton Series in Cardiff in September, in Lisburn, Northern Ireland in November and Ravenscraig, in February.
- The Scottish Cerebral Palsy/Stroke/Acquired Brain Injury Future Squad travelled to Belfast to take part in the Home Nations Championships.
- The Scottish Table Tennis squad competed at the British Championships in March returning home with two gold medals.
- Scotland took a team to the Lord's Taverners' U19 Boccia Championship in Sheffield and finished 5th, the highest ever result for the young Scottish squad.
- A team of 10 players competed for Scotland at the Cheshire International Boccia Competition in Wigan, with the BC4 pair claiming gold. Scottish players also won BC1/2 gold, BC3 gold and BC4 silver as part of the GB team.
- Scotland's Visually Impaired Bowls Team won seven out of eight gold, two silver and four bronze medals at the UK Singles Championships for bowlers with a Visual Impairment. They also won the overall team title.
- 13 Scottish swimmers attended the British International Disability Swimming Championships at Ponds Forge, Sheffield. Andrew Mullen won 50m Backstroke gold with an S5 British record, Scott Quin claimed gold in the SB14 100m Breaststroke and James Clegg won the gold medal in the S12 100m Butterfly.
- Two Scottish teams participated at the Bowls Scotland Four Nations Championships at Kelvingrove, Glasgow with the Physically Disabled

- Triples winning gold and bronze medals and the Visually Impaired Pairs winning gold. The Scotland Kelvin team won the overall team trophy.
- Jane Egan won gold at the British Para Triathlon Championships in Liverpool in the Tri-1 class.
- 20 of Scotland's most promising athletes looking to make the transition onto UK programmes are being supported through the SDS Athlete Academy. Athletes from eight sports are receiving support including 10 new athletes.
- The Scottish Swimming Squad competed at DSE Short Course Championships in Sheffield in November with second place finish in the team event and a hat-full of new records.
- A 16 strong Scottish Swimming Squad competed at the DSE Junior Championship at Ponds Forge in Sheffield in March. It was a hugely successful Championships for the Scots with a hat-full of records including two World and six European records and a third place finish in the team event.
- The Scottish Athletics Squad travelled to Gateshead to compete in the CP Grand Prix in July.
- Meggan Dawson Farrell and Samantha Kinghorn competed at the BWRA Championships at Stoke Mandeville in May. Meggan set new Scottish records for the 1500m, 800m and 400m.
- Key partnerships continue to be developed with Scotland's Governing Bodies of Sport and joint working groups are in place with Scottish Athletics, the Royal Caledonian Curling Club, **BADMINTON**scotland, **basketballscotland**, **JudoScotland**, **Table Tennis Scotland**, **Scottish Cycling**, **Tennis Scotland**, **Scottish Swimming**, the **Scottish Football Association** and **Bowls Scotland**.

Education & Coaching

PROVIDING OPPORTUNITIES FOR ALL COACHES, OFFICIALS, VOLUNTEERS AND STAFF TO GAIN FURTHER SKILLS, KNOWLEDGE, EXPERTISE AND UNDERSTANDING

- SDS continues to play a lead role in the work of the UK Disability Sport Coaching Learning and Leadership (UKDSCL&L) Group, facilitating, informing and ensuring that inclusion is a priority, through sport coaching, learning, and leadership.
- The Disability Sport Coach and Education Group: Scotland (DSECG:S) brings together the key partners to lead the strategic direction of inclusive coaching in Scotland. Our thanks to Richard Brickley MBE who chaired this group for the past three years since its inception in 2010.
- An external review of Education and Training within the education sector is nearing completion. The initial results indicate very positive findings with virtually all (98%) stating that the training had been effective or very effective.
- Sports Specific Inclusive Coaching Developments have taken place in partnership with 17 Scottish Governing Bodies of Sport including athletics, badminton, basketball, bowls, cycling, hockey, judo, rowing, swimming, table tennis, tennis, rugby and triathlon. Furthermore, SDS has worked in partnership at a UK level to develop inclusive training within sports specific qualifications most notably in athletics and tennis.
- A cycling audit is underway to identify key venues and opportunities for cycling for disabled people.
- The Coaching Matters programme, supported by **sportscotland** and Stirling University, promotes support to high performance coaches through continuous professional development. Sessions have included athletics and swimming specific sessions and a mentoring programme, **CMP2**, has been developed and is being rolled out to support high performance coaching.

Key achievements during the past year continued

- A successful Coaching Matters Performance Coaching Conference was held for national and regional level coaches attracting 35 delegates across ten sports in 2012.
- 114 education and training opportunities have been held in the last year involving 1,563 participants. 90 opportunities were organised by SDS and a further 24 were organised by Scottish Governing Bodies or **sportscotland** to promote an inclusive approach to working with athletes and players with a disability.
- 67 of the total 114 courses run were UK Disability Inclusion Training (UKDIT) courses of which 48 were delivered to teachers and teaching assistants, 10 to coaches and volunteers, two to leisure service providers, and seven to sport specific personnel. The UKDIT course has gained recognition on the Scottish Credit and Qualifications Framework at Level six with one Credit and to date over 300 candidates have successfully gained the award.
- SDS is delighted and very appreciative of the support from Education Scotland/**sportscotland** and Sainsburys over 2012/13 which has enabled courses to be delivered at no cost at point of delivery to early years practitioners, primary teachers, primary PE specialists, secondary PE teachers, trainee teachers and support staff. This welcome support is enabling SDS to roll out UK Disability Inclusion Training in all 32 Scottish local authorities over a two year period.
- The development of the Sports Inclusion Model (SIM) has been well received and is being adopted by Scottish Governing Bodies and other partners. The SIM continues to be promoted at a UK level and included in all UKDIT courses.



- The inaugural Boccia UKCC level 1 in the UK took place in Stirling with all 12 candidates successfully completing the three day course. SDS is pleased that the pilot Boccia UKCC level 2 course took place in Scotland which is part

of the process to gain endorsement for the UKCC Level 2 qualification in the new year. SDS has been instrumental in the development of the course.

- Three Scottish Disability Sport tutors travelled to Amman in Jordan to deliver coach education and development courses and share their skills, knowledge and experience with the Jordanian Paralympic Committee. The event was made possible through Blaze Sports which has an international programme sponsored by USAID.
- SDS is currently in the process of leading on the design and development of an e-learning disability inclusion resource which it hopes to pilot before the end of the year.

Governance and Infrastructure

ROBUST AND SOUND PLANNING, POLICY AND PROCEDURES, WITH THE INFRASTRUCTURE TO TRANSLATE POLICY INTO PRACTICE

- An annual Operational Plan has been produced, monitored and updated to the SDS Board on a quarterly basis.
- The new SDS Board of Directors, including a newly appointed Finance Director, was elected and inducted following the AGM in September 2012 and a two day Board training session took place in February.
- SDS Board Subgroups continue to operate for Finance & HR, Equity, Safeguarding in Sport, Communications and Coaching & Education.
- The SDS staffing structure was reviewed during 2012/2013 with Heather Lowden taking up a promoted post of Coaching & Development Manager with a line management responsibility.
- Mark Gaffney has been appointed as Opportunities & Events Manager and Jen Livingstone has taken up post as Opportunities & Equality Manager with a primary role to support the SDS member Branches.
- Becky Bisland has been appointed to the post of Performance Manager following the departure of Ruari Davidson.

- Cheryl Brykajlo has been appointed to the post of Coaching & Education Administrator following the departure of Laura Olds.
- Lynne Glen has been appointed to the post of Pathways Manager, with a remit to line manage the SDS Regional Manger structure, following the departure of Claire Morrison to her new role as Performance Coach with GB Boccia.
- Lori Ure has been appointed as Regional Manager - West of Scotland, Gary Fraser has secured the full time position as Regional Manager – East of Scotland and the recruitment process for the Regional Manager – Tayside & Fife is currently ongoing. Claire McDonald has been appointed full time Regional Manager – Grampian.
- SDS supported the appointment of Tina Gordon to the post of Scottish Wheelchair Basketball Development Officer with Basketball Scotland along with the Robertson Trust and the GB Wheelchair Basketball Association.
- Dumfries & Galloway Disability Sport have successfully met the SDS Branch Minimum Operating Requirements.
- The Para-Bowls Selection Policy for the Glasgow 2014 Games has been produced and published.
- Joint four year development plans have been launched in partnership with scottishathletics and the Scottish FA.
- Annual action plans have been established with Tennis Scotland and the Tennis Foundation, Table Tennis Scotland, Basketball Scotland, Judo Scotland and Badminton Scotland. All action plans reflect the targets identified through the current four year Sport Specific Performance Plans.
- SDS has been involved in a working group for two international integrated bowls events in partnership with Bowls Scotland, Glasgow Life, Glasgow 2014, Commonwealth Games Council for Scotland and **sportscotland**.
- Funding has continued from the Robertson Trust to support the SDS Junior Development Programme. Funding has been used to support the SDS Summer Sports Camp, Branch/local activity and inclusive club development.

- The Scottish Sports Aid Trust has provided financial support to 31 athletes and players with a disability across nine sports in the last year.
- Funding has been received from the People's Postcode Trust for Inclusive Club support.
- Funding secured from Ecas has been used to support the training and competition programmes of athletes and players from the Lothian and Borders.
- Funding has been awarded by The Crerar Hotels Trust for support of inclusive schools activity and bespoke equipment.
- Funding support has been awarded by Barcapel Foundation in support of equipment and pathways.
- A funding award has been received from Garfield Weston Foundation in support of equipment for inclusive activity.
- A corporate donation was received from Barclays.
- In partnership with the Scottish FA an award for support of Disability Football was secured from the Football Foundation.
- SDS has held proactive discussions across Scottish Government departments and delivered an interactive training session to Government personnel.
- SDS has worked closely with **sportscotland** to implement a four year integrated investment programme to support the work of the Association at all levels.
- SDS is in membership of and is represented on the appropriate committees of the British Paralympic Association, GB Boccia, GB Disability Football Association and the UK Sports Association for People with Learning Disability.
- SDS continues to meet with **sportscotland** and Commonwealth Games for Scotland staff through the Glasgow Mission 2014 process. These meetings provide an assessment of readiness for SDS athletes and coaches in relation to the Glasgow 2014 Commonwealth Games.
- SDS receives substantial support from Scotland's Local Authorities, Governing Bodies of Sport and Local Sports Councils and works in partnership with **sportscotland**, the Scottish Government and the Scottish Parliament on all matters relating to disability sport in Scotland.

Communication and Leadership

THE ABILITY TO COMMUNICATE EFFECTIVELY AND EFFICIENTLY AND INFLUENCE DISABILITY SPORT

- A comprehensive Event Communications Plan has been completed and is being implemented.
- The SDS website continues to be the primary communication tool for the Association and the average monthly visits for the last year were 3,701, a 31% increase in visits largely due to interest generated via the London 2012 Paralympic Games.
- Richard Brickley MBE stepped down as web editor of the SDS website after 13 years leading the development of the website since its inception and we are indebted to him for his tireless effort in this area.
- The SDS Hall of Fame was launched at the SDS AGM in September 2012 with the first 20 athletes and players inducted.
- Two editions of the SDS electronic newsletter have been produced and circulated to key contacts via the SDS database.
- A history of SDS publication has been written by Richard Brickley MBE.

- The SDS Facebook and Twitter pages continue to flourish with 369 likes and 761 followers respectively.
- SDS has continued to be supported by Morton Ward on a pro bono basis to support the Association's marketing and design requirements.
- A full media database is now in place, comprising all National Newspapers, Sports Desk, TV channels, Local & Regional Newspapers, Picture Desks, Local Radio, National Radio and Sunday publications.
- Gordon Reid has become the first British player to win the International Tennis Federation's Male Player of the Year Award.
- Lyndon Williams was named the **sportscotland** Disability Coach of the Year with Shona Malcolm collecting the **sportscotland** Technical Official of the Year.
- SDS Chairman, Gordon McCormack was awarded an OBE for services to Special Olympics and disability sport in the New Year's Honours list.
- Kate Caithness was also awarded an OBE for services to curling and international disability sport.
- Neil Fachie was awarded an MBE following his gold medal in the Men's Individual B 1Km Time Trial in London with pilot, Craig MacLean also receiving an MBE after his gold medal in the Individual B Sprint. David Smith was also awarded an MBE after his gold medal win in the Mixed Coxed Four.
- SDS continues to produce a bi-annual Calendar of Events and an annual Education & Training Calendar.



West of Scotland Para Sport Pathway Festival.

Scottish Disability Sport Awards

Fife Trophy

Coach of the Year Award

2000	Eddie McCluskie (Swimming)
2001	John Oulton (Swimming)
2002	Janice Eaglesham (Athletics)
2003	Ian Mirfin (Wheelchair Road Racing)
2004	Jane Sanderson (Wheelchair Curling)
2005	Anthony Stickland (Swimming)
2006	Tom Pendreigh (Wheelchair Curling)
2007	Jacqueline Lynn (Boccia)
2008	Stuart Sharp & Stuart Alexander (Football)
2009	Bob Dick (Bowls)
2010	Jim Thomson (Boccia)
2011	Bob Dick (Bowls)
2012	Lyndon Williams (Badminton)

Glasgow Trophy

Service to Sport Award

2000	Gordon McCormack and Jacqueline Lynn
2001	Jim Thomson
2002	Jen Quinton
2003	David Thomson
2004	John Hood
2005	Jed Renilson
2006	John & Brenda Anderson
2007	Richard Brickley MBE
2008	Janice Eaglesham
2009	Cynthia Clare
2010	John de Courcy
2011	Eddie McCluskey MBE
2012	Michael McCreadie

Findlay Calder Trophy

Athlete of the Year Award

2000	Nicky Diatchenko
2001	Derek Frew
2002	Karen Lewis
2003	Stephen Payton
2004	Kenny Herriot
2005	Stephen Payton
2006	Stephen Payton
2007	Libby Clegg
2008	Allan Stuart
2009	Libby Clegg
2010	Lauren Peffers
2011	Owen Miller
2012	Libby Clegg

Brian Dolan Memorial Trophy

Swimmer of the Year Award

2000	Kenny Cairns
2001	Andrew Lindsay
2002	Lara Ferguson
2003	Mhairi Love
2004	Jim Anderson
2005	Jim Anderson
2006	Rebecca Lee
2007	Andrew Lindsay
2008	Jim Anderson
2009	Jim Anderson
2010	Sean Fraser
2011	Andrew Mullen
2012	Andrew Mullen

Angus Trophy

Sports person of the Year Award

(Excluding athletics and swimming)

2003	David Heddle (Bowls)
2004	Scottish Wheelchair Curling Team
2005	Aileen McGlynn (Cycling)
2006	GB Paralympic Wheelchair Curling Team
2007	Aileen McGlynn (Cycling)
2008	Scottish Cerebral Palsy Football Squad
2009	Gordon Reid (Wheelchair Tennis)
2010	Stephen McGuire (Boccia)
2011	Kevin Wallace (Bowls)
2012	Neil Fachie (Cycling)

Elsbeth Watson Trophy

(Individual outwith SDS who has contributed significantly to disability sport)

2003	Bob Dick (Bowls)
2004	Jack Snowdon (Swimming)
2005	Pat Bennett (Swimming)
2006	Bernard Pirie (Swimming)
2007	Ena Stevenson (Wheelchair Curling)
2008	Angus Cameron (Athletics)
2009	Karen Ross (Tennis)
2010	Colin McDonald (Swimming)
2011	Jean Smith (Swimming)
2012	Karen Ross (Wheelchair Tennis)

Gordon Brown Trophy

Athletes Athlete of the Year Award

2004	Maggi McEleny (Swimming)
2005	Jim Anderson (Swimming)
2006	Rebecca Lee (Swimming)
2007	Kenny Cairns (Swimming) & Peter McGuire (Boccia)
2008	Aileen McGlynn (Cycling)
2009	Stephen & Peter McGuire (Boccia)
2010	Neil Fachie (Cycling)
2011	Aileen Neilson (Wheelchair Curling)
2012	Libby Clegg (Athletics)

Capability Scotland Silver Salver

Most promising Newcomer Award

2004	Bernadette Leslie (Boccia)
2005	Angela McCowan (Swimming)
2006	Michael Kerr (Wheelchair Rugby)
2007	Stephen & Peter McGuire (Boccia)
2008	Craig Rodgie (Swimming)
2009	Scott Walker (Cycling)
2010	Jack McComish (Swimming)
2011	Meggan Dawson-Farrell (Athletics)
2012	Lucy Walkup (Swimming)

Special Award – SDS Plaque

2002	John Beattie (BBC Scotland) & Doug Gillon (The Herald)
2004	Millar Stoddart & Shirley Ann Harris
2005	Katie Still (BBC Scotland)
2006	Kate Caithness (Wheelchair Curling)
2007	Jim Fleeting (Scottish FA)
2008	Heather Lowden (sportsotland)
2009	Alan Dickson (CPISRA & Capability Scotland)
2010	Andrew Niven (Scottish FA)
2011	John Gheel (sportsotland)
2012	Stevie Duff (Wheelchair Basketball) & Russell Hogg

Summarised accounts

SCOTTISH DISABILITY SPORT (SDS) (Company Limited by Guarantee)

SUMMARISED ACCOUNTS for the year ended 31 March 2013

	Unrestricted Funds	Restricted Funds	Total Funds 2013	Total Funds 2012
Income				
<i>Incoming resources from generated funds:</i>				
Grants and donations	598,860	101,035	699,895	630,152
Membership subscriptions	3,100	–	3,100	3,100
Bank interest	241	–	241	257
<i>Incoming resources from charitable activities:</i>				
Events and activities	86,653	–	86,653	88,730
Other incoming resources	–	–	–	469
	688,854	101,035	789,889	722,708
Expenditure				
Charitable activities	674,932	83,290	758,222	802,657
Governance costs	23,961	–	23,961	25,880
	698,893	83,290	782,183	828,537
Net (expenditure) for the year	(10,039)	17,745	7,706	(105,829)
Funds brought forward	281,785	34,349	316,134	421,963
Funds carried forward	£ 271,746	£ 52,094	£ 323,840	£ 316,134

SUMMARISED BALANCE SHEET at 31 March 2012

	2013	2012
Tangible fixed assets	8,201	12,959
Current assets		
Stocks	2,857	2,151
Debtors	83,644	40,392
Cash at bank and in hand	266,305	300,743
	352,806	343,286
Creditors: Amounts falling due within one year	(37,167)	(40,111)
Net current assets	315,639	303,175
Net assets	£ 323,840	£ 316,134

Funds

Unrestricted funds	271,746	281,785
Restricted funds	52,094	34,349
	£ 323,840	£ 316,134

The summarised accounts are a summary of information extracted from the full annual accounts and therefore may not contain sufficient information to allow a full understanding of the financial affairs of the Charity. For further information the full annual accounts and the auditor's report on those accounts should be consulted; copies of these can be obtained from the Company Secretary.

GL McCormack OBE Chairperson

19 August 2013

Auditor's Statement

In our opinion the summarised accounts are consistent with the full annual accounts from which they are extracted. Our audit report on the full annual accounts was unqualified.

Michael Crerar (Senior Statutory Auditor)

For and on behalf of Geoghegans, Statutory Auditors

19 August 2013

Acknowledgements

Scottish Disability Sport acknowledges the many agencies that have supported its activities during the past year and wishes to thank the following in particular:

sportscotland
 The Robertson Trust
 Education Scotland
 Sainsbury's
 Barclays
 Skills Active
 Scottish Sports Aid Trust
 People's Postcode Lottery
 Barcaple Foundation
 Ecas
 Crerar Hotels Trust
 Football Foundation
 Garfield Weston Foundation
 Scottish Disabled Sports Trust
 Youth Sport Trust
 Scotland's Local Authorities and
 Scotland's Governing Bodies of Sport
and in particular
 Scottish Athletics and British Athletics
 GB Boccia
 The Royal Caledonian Curling Club
 Scottish Football Association
 Table Tennis Scotland
 Scottish Cycling
 Camanachd Association
BADMINTONscotland
Basketballscotland
 Scottish Swimming
 Tennis Scotland & Tennis Foundation
 JudoScotland
 Scottish Rowing
 Cricket Scotland
 Paths for All
 Scottish Sports Association
 Fife Sports and Leisure Trust
 Falkirk Council
 Glasgow City Council
 Scotland's Local Sports Councils
 Special Olympics Scotland
 Commonwealth Games Scotland
 Glasgow 2014
 British Paralympic Association
 Disability Sport Northern Ireland
 Disability Sport Wales
 English Federation of Disability Sport
 United Kingdom Sports Association
 Sports Coach UK



WORLD CLASS

sportscotland has one clear focus: to develop and support a world class sporting system at all levels. To find out more, visit www.sportscotland.org.uk

Awarding funds from
 The National Lottery®

sportscotland has invested over £500,000 in Scottish Disability Sport this year, helping them create events like this Paralympic Pathway Festival.

Ravenscraig Regional Sports Facility was built with the help of £7.3m funding from sportscotland and now provides a home for local sport in North Lanarkshire.

The local Active Schools team supported SDS at this event to give 80 children the opportunity to try a new sport.



Putting sport first

sportscotland
 the national agency for sport

Contact Addresses:

Head Office

Administrator
Caledonia House
South Gyle
Edinburgh EH12 9DQ
Tel: 0131 317 1130
E-mail: admin@scottishdisabilitysport.com

Fife Office

Administrator
Michael Woods Sports & Leisure Centre
Viewfield
Glenrothes
Fife KY6 2RD
Tel: 08451 555 555 ext 444 989
E-mail: norma.buchanan@fife.gov.uk

