



SCOTTISH DISABILITY SPORT

LEADING THE DEVELOPMENT OF SPORT IN SCOTLAND FOR PEOPLE OF ALL AGES AND ABILITIES WITH A PHYSICAL, SENSORY OR LEARNING DISABILITY

Annual Report

2010 - 2011



www.scottishdisabilitysport.com



Scottish Disability Sport would like to acknowledge with sincere thanks the generous financial support received from the following Councils to assist with hosting the AGM and producing this Annual Report:



Chairman's Message

A warm welcome to the 2011 AGM of Scottish Disability Sport.

Once again the past year has flown in and as an organisation we have achieved so much. I am delighted with the way our staff have grown, the professionalism they have shown in this past year, the additional programmes they have developed, assisting our new found athletes, the growth in training & development, the additional numbers in events, the summer camp, it's all outstanding and there is so much more to do.

I start by congratulating Gavin and our HQ staff as we undertook an Audit & Review of all our procedures through **sportscotland** and we were delighted to achieve 'Reasonable Assurance' on all our policies and procedures. The communication with our partners, in particular Governing Bodies of Sport and Local Authorities, continues to grow and our Regional Managers are producing a strong and healthy programme. A particular mention of Russell Hogg who has throughout the last year had serious health issues and we are all delighted to see his cheery face back at his desk and look forward to his ongoing work in supporting the Branches in MOR. We also congratulate Becky Bisland and look forward to hearing how she takes to motherhood.

I am grateful for the support the Board has given me and the staff throughout the year. They have worked tirelessly and I am delighted to say we now have eight sub-committees with Board and staff members supporting each other in fundraising, HR, health and safety and so on. Sadly Tom McFarlane had to leave us earlier in the year due to work commitments. Whilst tonight is a non voting year we would be keen to source additional members who have fundraising, business and PR qualities and could find the time to support SDS.

sportscotland and the **sportscotland** Institute of Sport continue to give excellent support and advice and a particular thank you to Partnership Manager Jo Bell who attends all Board meetings and is also at the other end of the phone for advice and guidance.

Our 2012 – 2017 strategy is with you tonight for approval and we are delighted with the response and guidance we have received from the three open meetings throughout the country during the summer. The strategy will be formally launched next April and a huge thank you must go in particular to Heather and Gavin who along with the Staff and Board have pulled this together. It is an exciting time for SDS as London 2012 and Glasgow in 2014 are now firmly in our sights and the opportunities they bring for athletes with a disability.

I hope you like our new website and its regular updates. More importantly I hope you use it on a regular basis as it becomes our main method of communication to all within disabled sport in Scotland. A big thank you to Richard who works tirelessly in the background refreshing and uploading all the information you pass on for the website.



On the sporting front we have had great successes over the past year and the key achievements are featured later in this report. I was delighted to hear of our Bowlers achieving second place in the World Championships, of our Footballers moving up the World Rankings to 6th place and of the success our Special Olympics athletes had in Athens at the World Games. We have lots of talent and potential in Scotland and we should be proud of them all.

2012 promises to be an exciting year for us all, we start with our Strategic Plan '2012 – 2017', the Olympics and Paralympics in London and to finish SDS celebrates being 50 years old.

To all our Branches, Volunteers, local Authorities, sponsors and staff – THANK YOU, for without your support, energy and professionalism we could not achieve the pathways and opportunities for all our athletes.

As always

Gordon McCormack
Chairman

CEO's Message 2011

I wish you all a very warm welcome to the 48th Annual General Meeting of Scottish Disability Sport (SDS). We celebrate a year that has seen success and progress for the Association and look forward to a historic 12 months that will redefine public perceptions of disability sport across the UK.

As always, Scottish athletes and players have enjoyed considerable success at home and abroad during 2010/11. Notable successes include the 2nd place finishes for the Scottish Bowls and Wheelchair Curling Squads and the 6th place finish for the Cerebral Palsy Football Squad at their respective World Championships. We also celebrate with the 104 Scottish athletes and players who returned from the 13th Special Olympics World Summer Games with an amazing 84 medals. I congratulate all those who have achieved at all levels of their chosen sport and also thank those coaches, parents and volunteers who have supported the athletes in these successes.



The support of our key partners is vital to the ongoing success of the Association and I would thank **sportscotland** along with Scotland's Governing Bodies of Sport and Local Authorities in particular for their contributions during 2010/11. I would also like to thank the Robertson Trust for their financial contribution to our junior development programme this year and to Capability Scotland, Nationwide, The Scottish Sports Aid Trust and the Scottish Disabled Sports Trust for their continued investment in disability sport.

I would also like to recognise the contribution made by the wider SDS family and in particular, the volunteers and local authority staff who work at a local level to support the SDS branch structure. Our member Branches remain the main entry point to disability sport in Scotland for the majority and in these days of financial pressures on Scotland's local authorities, their role in terms of

representing the interests of children, athletes and players is as important as ever.

Recognition must be given to the huge amount of work undertaken by the SDS Management Board which often goes unrecognised. The Board provide the strategic lead for the work of the Association and particular thanks must go to SDS Chairman, Gordon McCormack, who continues to provide leadership, guidance and support to staff and volunteers alike. I would also like to thank the SDS staff group for their hard work and support in the last year.

The year ahead offers disability sport in the UK a once in a lifetime opportunity to benefit from the hosting of the Summer Paralympic Games. This will undoubtedly result in unprecedented media coverage, an increased profile for disability sport, the birth of a new generation of sporting role models and demand for access to opportunities from an inspired population of potential athletes and players. These Games coincide with the launch of the new SDS Strategic Plan which will direct the work of the Association beyond the Glasgow 2014 Commonwealth Games. The Plan sets out the aims, objectives and key areas of work for the Association and will go live from April 2012. This plan has been collated over a six month period and following extensive consultation with key partners, will be presented to tonight's AGM for approval.

I thank you all for your attendance this evening and for your ongoing support and commitment to SDS.

Gavin Macleod
SDS CEO



Review of the Year

As we approach the conclusion of the current SDS Strategic Plan, 'Towards London and Beyond: 2006-2012', we take the opportunity to reflect on a year that has seen considerable progress towards achieving the outcomes and targets of the plan in the key areas of sports development, education & training, governance and communication.

Scotland's athletes and players with a disability have again tasted success at International and UK level competitions. It would be remiss not to single out the second place finish for the Scottish Bowls Team at the IBD World Bowls Championships in South Africa and the silver medal for the Scottish Wheelchair Curling team in the Czech Republic as worthy of special mention. The Scottish CP Football Squad's 6th place finish at the CPISRA Football 7-a-side World Championships in Holland should also be recognised along with the 104 Scottish athletes and players who returned from the 13th Special Olympics World Summer Games with a fantastic 84 medals. We take this opportunity to congratulate all Scottish athletes, players, coaches and support staff on their triumphs during 2010/11. The SDS member branches remain central to the grassroots development of disability sport in Scotland and we take this opportunity to thank those volunteers and local authority staff who contribute at a local level.

The Association's Education & Training Programme continues to grow and is an area of work that has witnessed huge steps forward in the last 12 months. Sport

specific coaching modules have been developed with the governing bodies for athletics, basketball, bowls, walking and table tennis and the UK Disability Inclusion Training module continues to be rolled out to teachers and education staff across Scotland and has been placed on the Scottish Credit and Qualifications Framework at level 6 during the last 12 months. In total, SDS has delivered 63 education and training opportunities to 950 course participants during 2010/11.

From a governance perspective, SDS has been through the **sportscotland** Scottish Governing Body Audit and Assurance Programme in the last 12 months emerging with a 'Reasonable Assurance' rating. A Management Board Sub Group structure has been established with the aim of providing strategic direction for the Association's key areas of development. A new strategic plan, that will lead the work of the Association up to 2017, has been developed in recent months. Following a comprehensive consultation process with key partners, this plan will be presented at this year's AGM for formal approval.

Partnership working is central to all that SDS does and we take this opportunity to thank Scotland's Governing Bodies of Sport and Local Authorities and leisure trusts in particular for their continued invaluable support. We also thank **sportscotland** for their continued investment in the work of the Association and highlight the invaluable support received from **sportscotland** staff members



Review of the Year

Jo Bell, Liz Mendl and Bob Wylie in particular. Our thanks also go to Capability Scotland, The Robertson Trust, Nationwide, The Scottish Sports Aid Trust and the Scottish Disabled Sports Trust for their generous support in these times of financial uncertainty.

The SDS Management Board continues to lead the Association through policy making and strategic planning under the leadership of Chairman, Gordon McCormack. We thank Gordon along with Jim Thomson, Dave Rhoney, Anna Tizzard, Charlie Forbes, Lauren Maclean, Eileen Ramsay, Janice Eaglesham, Emma O'Callaghan, Sandra Proudfoot, Catherine Goodfellow, Tom McFarlane and Company Secretary, Cynthia Clare, for their support and commitment to the Association. We also take this opportunity to thank the SDS staff group for their hard



work during the last year.

With the hosting of the Paralympic Summer Games in London during 2012, we are nearing an historic year for disability sport in the UK. The profile of these games will inspire a new generation of athletes and players and will raise public perceptions of disability sport to a new level. SDS must be ready to seize this opportunity and build on the achievements of 2010/11.

Photographic Record



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Scottish Disability Sport Awards



Fife Trophy

Coach of the Year Award

2000	Eddie McCluskie (Swimming)
2001	John Oulton (Swimming)
2002	Janice Eaglesham (Athletics)
2003	Ian Mirfin (Wheelchair Road Racing)
2004	Jane Sanderson (Wheelchair Curling)
2005	Anthony Stickland (Swimming)
2006	Tom Pendreigh (Wheelchair Curling)
2007	Jacqueline Lynn (Boccia)
2008	Stuart Sharp and Stuart Alexander (Football)
2009	Bob Dick (Bowls)
2010	Jim Thomson (Boccia)

Glasgow Trophy

Service to Sport Award

2000	Gordon McCormack and Jacqueline Lynn
2001	Jim Thomson
2002	Jen Quinton
2003	David Thomson
2004	John Hood
2005	Jed Renilson
2006	John and Brenda Anderson
2007	Richard Brickley MBE
2008	Janice Eaglesham
2009	Cynthia Clare
2010	John de Courcy

Findlay Calder Trophy

Athlete of the Year Award

2000	Nicky Diatchenko
2001	Derek Frew
2002	Karen Lewis
2003	Stephen Payton
2004	Kenny Herriot
2005	Stephen Payton
2006	Stephen Payton
2007	Libby Clegg
2008	Allan Stuart
2009	Libby Clegg
2010	Lauren Peffers

Brian Dolan Memorial Trophy

Swimmer of the Year Award

2000	Kenny Cairns
2001	Andrew Lindsay
2002	Lara Ferguson
2003	Mhairi Love
2004	Jim Anderson
2005	Jim Anderson
2006	Rebecca Lee
2007	Andrew Lindsay
2008	Jim Anderson
2009	Jim Anderson
2010	Sean Fraser

Special Award

SDS Plaque Award

2002	John Beattie (BBC Scotland) and Doug Gillon (The Herald)
2004	Millar Stoddart and Shirley Ann Harris
2005	Katie Still (BBC Scotland)
2006	Kate Caithness (Wheelchair Curling)
2007	Jim Fleeting (Scottish FA)
2008	Heather Lowden (sportsotland)
2009	Alan Dickson (CPISRA and Capability Scotland)
2010	Andrew Niven (Scottish FA)

Angus Trophy

Sportsperson of the Year Award

Excluding athletics and swimming

2003	David Heddle (Bowls)
2004	Scottish Wheelchair Curling Team
2005	Aileen McGlynn (Cycling)
2006	GB Paralympic Wheelchair Curling Team
2007	Aileen McGlynn (Cycling)
2008	Scottish CP Football Squad
2009	Gordon Reid (Wheelchair Tennis)
2010	Stephen McGuire (Boccia)

Elsbeth Watson Trophy

Individual outwith SDS who has contributed significantly to disability sport

2003	Bob Dick (Bowls)
2004	Jack Snowdon (Swimming)
2005	Pat Bennett (Swimming)
2006	Bernard Pirie (Swimming)
2007	Ena Stevenson (Wheelchair Curling)
2008	Angus Cameron (Athletics)
2009	Karen Ross (Tennis)
2010	Colin McDonald (Swimming)

Gordon Brown Trophy

Athletes' Athlete of the Year Award

2004	Maggi McEleny (Swimming)
2005	Jim Anderson (Swimming)
2006	Rebecca Lee (Swimming)
2007	Kenny Cairns (Swimming) and Peter McGuire (Boccia)
2008	Aileen McGlynn (Cycling)
2009	Stephen and Peter McGuire (Boccia)
2010	Neil Fachie (Cycling)

Capability Scotland Silver Salver

Most Promising Newcomer Award

2004	Bernadette Leslie (Boccia)
2005	Angela McCowan (Swimming)
2006	Michael Kerr (Wheelchair Rugby)
2007	Stephen and Peter McGuire (Boccia)
2008	Craig Rodgie (Swimming)
2009	Scott Walker (Cycling)
2010	Jack McComish (Swimming)

Key Achievements during the Past Year

Key Area 1 – Developing the Sports

- Sean Fraser won a silver medal in the S8 100m Freestyle event for Elite Athletes with a Disability (EAD) at the 2010 Delhi Commonwealth Games. Sean, who finished second in a new British record time, also competed in the 50m Freestyle where he finished 6th.
- The Scottish Physically and Visually Impaired Bowls Team finished runners up to hosts South Africa at the IBD World Bowls Championships in Pretoria. Gold medals were won by Irene Edgar and Robert Conway (B2 Mixed Pairs), Kevin Wallace (B7/8 Men's Singles) and Maria Spencer (B4 Women's Singles). Bronze medals were won by John Hughes (B7/8 Men's Singles), Kevin Wallace and Michael Simpson (B7/8 Pairs) and Shirley Ann Harris (B3 Women's Singles).
- The Scottish Team of Angie Malone, Aileen Neilson, Tom Killen, Gregor Ewan and Michael McKenzie won silver at the WCF World Wheelchair Curling Championships in Prague. Led by coach Sheila Swan, team Scotland lost to Paralympic Champions Canada in the final by 7-3.
- Libby Clegg was a member of the Great Britain Team at the IPC World Athletics Championships in Christchurch, New Zealand in February. Libby competes in class T12 and won gold for 100m and bronze in 200m.
- Five Scots (Jim Anderson, Sean Fraser, Craig Rodgie, Scott Quin and Andrew Mullen) were part of the GB Team that competed at the IPC European Swimming Championships in Berlin in July. International debutant, Andrew Mullen (class S5), won silver in the S5 50m Butterfly and bronze in 200m Medley. Sean Fraser won bronze for 4x100m freestyle relay and Jim Anderson won three bronze medals for the S2 50m Freestyle, 100m Freestyle and 50m Backstroke.
- Lauren Peffers was Scotland's sole representative at the European Deaf Athletics Championships held in Kayseri, Turkey in July. The Dunbar runner returned home with a bronze medal in the 400m.
- The Scottish Team for Players with Cerebral Palsy, Head Injury or Stroke, led by Coach Stuart Sharp of the Scottish FA, competed at the CPISRA 7-a-side Football World Championships in the Netherlands in June. The Scots enjoyed victories over Finland, Canada and the USA and secured a 6th place finish.
- Four Scottish players were selected to compete for Team GB at the Boccia World Cup in Belfast in August. Scott McCowan, Stephen McGuire, Peter McGuire and Jamie McCowan competed in the pairs and individuals events.
- Athlete Owen Miller from Dunfermline and tennis player Alistair Daniels from Stonehaven are the only Scots selected for the GB squad for the INAS-FID Global Games in Italy in September/October.
- The GB Special Olympics Team consisting of 157 athletes and 56 volunteer coaches competed at the 13th World Summer Games and returned with 187 medals across 17 sports. The GB Team included 104 Scottish athletes and players who contributed 54 medals to the GB Team total.
- Six Scots have been included on the GB 7-a-side Cerebral Palsy Football extended short list for London 2012. Six Scots are included in the GB Boccia Squad.
- The Para-Cycling World Track Championships were held in Italy in March and two Scots were part of Team GB. Neil Fachie won gold medals in the Tandem Sprint and 1km Time Trial and Aileen McGlynn won silver in the 1km Time Trial.
- Three Scots were included in the British Team for the World

Deaf Swimming Championships in Portugal during August. Lucy Walkup, Jack McComish and Callum Ross were selected following outstanding individual results at the Great Britain Deaf Swimming Championships in Crawley.



- Scotland's Karen Darke won two hand cycling silver medals at the Road World Cup event in Australia.
- The Scottish Wheelchair Curling Squad competed in the Kinross International Wheelchair event in October. The Scots finished in 3rd place behind Norway and Switzerland. Three Scottish development teams also took part in the competition.
- Alan Oliver won gold in the men's singles at the Spanish Parabadminton International Championships. Alan also picked up a silver medal in the men's doubles with partner Niall McVeigh from Ireland.
- A Scottish Team of seven players competed at the Cheshire International Boccia Tournament in Wigan in June and gained valuable international experience. An additional three Scottish players competed at the event as part of the GB team. Peter and Stephen McGuire won the BC4 section and Scott McCowan partnered England's Ce Turk to win the BC3 section.
- The Scottish Deaf Football Team competed in Switzerland at a 23 nation international tournament. This was the first time the team has competed under the Scottish FA banner.
- Archers Kate Murray and Murray Elliot were selected to represent GB at the World Paralympic Championships in Italy in July. Both archers progressed through the qualifying rounds and qualified for the final stages.
- Jo Pitt won team gold and an individual bronze in the Grade Two event at the Para Dressage World Championships in the USA in October.
- Scotland's wheelchair tennis ace, Gordon Reid, was selected for the squad of 11 players for the 2011 World Team Cup in South Africa during April.
- Five Scottish Boccia players competed at the Czech Open Boccia Championships with Jamie McCowan winning Gold and Stephen McGuire picking up Bronze in the BC4 individual event.
- Steven Moodie, Connor McFarlane and Niall Jarvie travelled to Dortmund in June to compete in the German Para-Badminton International Championships. Inverness based Moodie won gold in the STL3a Men's Singles event and a silver in the Men's Doubles.
- Scottish rower Dave Smith won gold as a member of the GB Mixed Adaptive Coxed Four at the World Cup in Munich.
- Scotland's leading wheelchair tennis players had another incredibly busy year. Amongst the events they attended were the French Open, Polish Open, South African Open and Israel

Key Achievements during the Past Year

Open. Gordon Reid is currently ranked 12th (personal best) in the world and Kevin Simpson is ranked 42nd.

- The BT Paralympic World Cup was held in Manchester in May, three Scottish athletes returned home with medals. Libby Clegg won T12 100m gold and T12 200m bronze in athletics. Swimmer Sean Fraser won bronze in the S8 400m Freestyle and Kirsty Wallace helped Team GB win the Women's Basketball gold medal.

- The Scottish team of 18 swimmers participated in the DSE Junior and Youth Swimming Championships in Sheffield in February and finished second in the team competition.



The Team returned home with a host of medals and personal best performances with outstanding performances in particular by Andrew Mullen, Jack McComish and Hope Gordon.

- The Scottish Cerebral Palsy Future Squad competed in the Developmental Home Nations Tournament against England, Republic of Ireland and Northern Ireland in August. The tournament was held at Inverclyde National Sports Training Centre.
- A Scottish Team of 22 swimmers competed at the DSE Short Course Swimming Championships in November. The Team finished in 4th place and there were many exceptional performances throughout and a number of Scottish and GB records broken.
- SDS Academy athletes Meggan Dawson-Farrell and Robert Ferrol travelled to Blackpool to compete in the DSE Junior Athletics Championships in July. Meggan returned home with five gold medals in the 100, 200, 400, 800 and 1500m respectively. In addition she was awarded athlete of the competition by the event organisers. Robert Ferrol also had an excellent Championship with a gold in the 400m and silver in the 100 and 200m.
- Members of the Scottish Disability Table Tennis Squad have had another busy year. Six of the squad have been invited to train with the GB Development Squad at the High Performance Centre in Sheffield. For the first time ever disability events were included in Table Tennis Scotland's national championships. Kevin McCormack and Conor Gordon also travelled to Belgium with members of the Drumchapel Table Tennis Club for their first experience of International Competition.
- The UK School Games held in Sheffield during September had excellent Scottish representation in two sports. Meggan Dawson-Farrell, Colette Martin, Louise Brett and Owen Miller were all selected to compete in athletics events. Kevin McCormack, Conor Gordon, Ryan Hughes and Iona MacLean were also selected to take part in the table tennis event.
- The **sportscotland** Institute of Sport in partnership with SDS launched the Gold4Glasgow Powerlifting Talent Search in an attempt to discover talented lifters ahead of Glasgow 2014. In total four lifters have been identified with potential and will now work with individual coaches and the GB Development Squad as part of their ongoing progression.
- Ross Low, Meggan Dawson-Farrell and Keith Gardner

successfully competed in the Welsh Athletics Championships in Cardiff in June. The Championships are fully inclusive and form part of UK Athletics Aviva Parallel Success.

- The Scottish Cerebral Palsy Football Squad travelled to Turkey for a two week intense training camp in preparation for the World Championships in the Netherlands.
- SDS hosted the GB Boccia Championships in Stirling in October. Scotland's Stephen McGuire, Jamie McCowan and Peter McGuire won gold, silver and bronze medals respectively in the BC4 competition. SDS Academy athlete Josh Rowe won a bronze medal in the BC2 competition.
- A Scottish Squad competed in the Under 19 Four Nations Football Championships for players with a learning disability which were held at Loughborough University. The Scots enjoyed a victory over the Republic of Ireland and finished in 2nd place overall.
- The Scottish Boccia Squad attended the DSE Junior Championships in Sheffield finishing in second place. Joshua Rowe won the BC2 title and Jamie McCowan secured the BC4 title. Jamie Docherty won silver and Kieran Steer bronze in the BC4 class to complete a clean sweep of medals for Scottish players. Kirsten Law won gold in the under 16's event for players with a learning disability.
- Richard Brickley MBE was appointed Chief IPC Athletics Classifier for the Welsh Track and Field championships in Cardiff in June.
- Stuart Sharp, the Scottish FA's National Football Development Manager for Disabilities has continued to act as CPISRA's Head of Technical Control and is also a member of the International Paralympic Sports Council Committee.
- The Scottish Boccia Group was officially launched during April with the purpose of developing the future strategic direction for the sport in Scotland.
- An SDS Policy and Procedures Paper for the classification of athletes with a learning disability was finalised and approved by the SDS Board. A team of officers and psychologists have been identified to take forward UKSA and INAS-FID classifications for performance Scottish athletes across sports.
- A partnership has been established with Glasgow Caledonian University to classify blind and visually impaired performance athletes and players. The new system was first used for the bowlers competing in the IBD World Bowls Championships in South Africa.
- The Scottish FA Schools Football League for players with a learning disability continues to grow. There are now 28 teams competing over five leagues. The national final was held at the new Ravenscraig Sports Facility. Abercorn were crowned Scottish Champions.
- The SDS Summer Sports Camp was held at the National Sports Centre Inverclyde during July. 37 young people with a physical or sensory disability attended.
- A Football Festival for secondary school pupils with visual impairments was held at Uddingston Grammar School in South Lanarkshire with 25 players participating.
- A Paralympic Pathway Festival was held in Glasgow in March with 70 young pupils with physical or sensory disabilities from schools across the West of Scotland in attendance.
- A Regional Forum has been established with representatives from all 13 Local Authorities in the West of Scotland. The forum is made up of Active Schools Co-ordinators, Managers and Sports Development Officers.
- Sport Specific Regional Development Plans for athletics, swimming and football, developed in partnership with the

Key Achievements during the Past Year

relevant Sport Specific Regional Development Managers (RDMs), are in place across four SDS regions.

- New West of Scotland Regional Squads have been established in swimming and boccia. Grampian Sport Specific Regional Squads have been established in Football and Table Tennis. An East of Scotland Boccia Squad has also been established.
- The Regional Football Squad programme now has a squad in five Scottish FA Regions with squads competing in three National Development Days per season.
- A new Regional Development Swimming Gala has been established for swimmers within regional and Scottish squads.
- Joint working groups have been established between SDS Regional Managers and RDMs from Scottish Athletics and Scottish Swimming.
- A series of Talent Development sessions have been held across four SDS Regions identifying 57 athletes. 36 have progressed into regional squads and 25 into Scottish national squads.
- Swimming Talent Identification days have been held in three SDS regions.
- Two new disability badminton clubs have been established in the East and West of Scotland.
- A new Wheelchair Curling Club has been established at the Galleon Sports Centre, Kilmarnock.
- New football participation centres have been established in Falkirk and Moray.
- The new Forth Valley Flyers athletics club was launched during May.
- A partnership has been developed with Table Tennis Scotland to deliver table tennis to pupils at Ashcraig School. Talented players have already been identified and signposted appropriately.
- Scotland's top athletes with a disability have continued to receive excellent support from the **sportscotland** Institute of Sport during their training and competition schedules. 36 athletes across 10 sports have received ongoing support during the last year.
- The SDS Athlete Academy continues to work with Scotland's most promising athletes looking to progress into GB Squads and Teams. This year 18 athletes across five sports have received support with a total of eight new athletes being inducted. The sport of table tennis has seen athletes included for the first time and one athlete has progressed from the Academy onto a World Class Programme.
- Key partnerships continue to be developed with Scotland's Governing Bodies of Sport and joint working groups are in place with Scottish Athletics, the Royal Caledonia Curling Club, **BADMINTON**Scotland, Basketball Scotland, JudoScotland and the Scottish Football Association.
- SDS continues to co-ordinate comprehensive national events and squad training programmes across a wide variety of sports. In the past year a total of 21 National Championships involving eight sports have been organised. This included the successful reinstatement of the Scottish Indoor Championships for Physically Disabled Archers and the further development of an Inter Area Test Match for bowlers with a Learning Disability.
- SDS continues to work closely with all of Scotland's Local Authorities and continues to work in partnership with the 19 Authorities who support local SDS branches.
- SDS has supported the development of sport specific clubs in the sports of basketball, badminton, and archery.

Key Area 2 – Education & Training

- SDS continues to play an active role in the UK Disability Sport Coaching Learning and Leadership (UKDSCL&L) Group. The Group's strategic priorities for including disabled people in and through coaching, learning and leadership in the UK have now been published and distributed to all partners.
- The Disability Sport Coach and Education Group – Scotland (DSCEGS) continues to bring together the key partners in the field to lead the strategic direction of inclusive coaching in Scotland.
- SDS worked closely with **sportscotland** to consider inclusion within the refreshed Coaching Scotland Framework that was launched last November.
- A needs analysis was undertaken with the nine SDS High Performance Coaches covering seven sports. The results have identified generic and individual needs which has resulted in a planned series of workshops for high performance coaches working with SDS National Squads. In conjunction with **sportscotland**'s Coaching matters programme a series of workshops were organised focusing on research and best practice, psychology, talent ID and profiling and mentoring.



- An inaugural High Performance Coaches Conference organised through **sportscotland**'s Coaching Matters programme was held at the University of Stirling attracting 28 delegates.
- Two SDS High Performance Coaches, Jim Thomson (Boccia) and Stevie Duff (Wheelchair Basketball), attended the Canadian Coaching Conference in November.
- SDS has been supported by Skills Active Scotland and the Scottish Qualifications Authority to place the UK Disability Inclusion Training course (UKDIT) on the Scottish Credit and Qualifications Framework at level 6. The UKDIT was also amended in line with new legislation being introduced through the Equality Act and to align the course with the Curriculum for Excellence.
- The annual Coaching and Education Calendar was prepared, publicised and delivered. 14 generic, 15 sport specific and 34 UK DIT courses were delivered in the last 12 months attracting 950 participants.
- The audiences for the 34 UKDIT courses were: 8 for further and higher education; 5 to the Education sector in Local Authorities; 2 to leisure service providers; 12 to coaches and volunteers; 5 sport specific, and one to physiotherapists.
- SDS has commenced the roll out of 42 free UKDIT courses to education staff across Scotland. To date 71 candidates have

Key Achievements during the Past Year

- attended five courses across five local authorities.
- SDS has worked in partnership with the University of Glasgow to deliver Disability Inclusion Training to students on the Postgraduate Certificate in Primary Physical Education. The course was delivered to 118 students across six venues in May.
- A walking module has been developed in conjunction with Paths for All and was successfully piloted during April prior to rollout across Scotland.
- In July the inaugural UKDIT Cycling course was held in conjunction with Cycling Scotland and Cycling Projects. The course was a great success and it was the first occasion that delegates attained an SCQF award.
- In August the inaugural UKDIT Basketball course was delivered to Basketball Scotland tutors. Basketball Scotland is only the second governing body to work as a source group to ensure disability is a golden thread throughout the UKCC Level 2 Basketball qualification.
- A Disability Inclusion Module has been developed in partnership with JudoScotland and a well received pilot was delivered to Judo coaches in April.
- An inclusive coaching module has been developed in partnership with UK Athletics and Scottish Athletics. The course was piloted during July prior to being rolled out across the UK. SDS and Scottish Athletics are also advising on inclusion within the UK Athletics Coach Assistant and Club Coach qualifications.
- SDS has worked closely with Table Tennis Scotland, the English Table Tennis Association and Glasgow Life to introduce a disability table tennis module.
- A Bowls Workshop was developed in partnership with Bowls Scotland and piloted in April.
- A successful Archery Development Day was held in March with 16 participants taking part.



- The Scottish FA continues to be recognised for best practice in terms of coach education for players with a disability with consultations taking place in Turkey, Finland, Argentina, USA, Northern Ireland and Wales.
- SDS has been formally recognised as the governing body for boccia in Scotland. In this capacity, SDS has joined with the other home nations to form a source group to develop a UKCC Level 1 Boccia qualification and review the Boccia Leaders Award.
- National Training was held for SDS Regional Managers to support the implementation of the UKSA/INAS-FID classification system in Scotland.

- All SDS staff attended equity training during January led by Jessica Lindohf.
- All SDS staff were engaged in training relating to the introduction of the new Database Management System in January and February.
- A two day team building programme was held with Regional staff during May in Aberdeen. Three Regional Managers also attended the Paralympic World Cup in Manchester during May as part of their on-going personal development programmes.
- Four individuals successfully undertook the International Boccia's referees course in Wigan in June and Shona Malcolm and Russell Hogg have been selected to officiate at the Paralympic Games in 2012.

Key Area 3 – Governance

- Work has been undertaken to produce a new strategic plan for SDS which will direct the work of the Association up to 2017. Consultation has taken place with key partners through open forums, targeted meetings and individual feedback via the SDS website. The final draft of the new plan will be presented at the SDS AGM in September for approval before going live in April 2012.
- The SDS Operational Plan and budget for 2011/2012 was produced and submitted to **sportscotland** for approval of investment. The plan is aligned to the outcomes and targets of the SDS strategic plan 'Towards London and Beyond: 2006-2012' and has also been used to support the development of SDS staff work programmes.
- SDS has been subject to a review, undertaken by Moore Stephens as part of the **sportscotland** Scottish Governing Body Audit and Assurance Programme. On the basis of the audit work undertaken reasonable assurance was provided on the effectiveness of the SDS governance and management framework.
- The SDS Management Board has overseen the establishment of a sub group structure with the aim of providing strategic direction for the Association's key areas of work. Sub groups are now in place for communication, education & training, audit, fundraising, finance & human resources, and branch minimum operating requirements. Short life working groups have also been established for the development of the new strategic plan and the SDS 50th anniversary programme.
- SDS has taken up membership of the Cerebral Palsy International Sport and Recreation Association (CPISRA) representing the interests of Scottish athletes and players on the international stage.
- In partnership with the appropriate Scottish Governing Bodies of Sport, Sport Specific Action Plans have been produced for the sports of athletics, boccia, bowls, football and wheelchair curling. All five action plans reflect the targets identified through the current four year Sport Specific Performance Plans.
- The roll out of the SDS Minimum Operating Requirements (MOR) for governance, child and vulnerable adult protection and sports development for all local branches has continued. One additional SDS Branch has now fully met the MOR bringing the total to five. Ongoing support will be provided to all remaining branches to enable them to meet the MOR.
- The SDS Equity Group has continued to meet to address key issues in this area of work. The SDS Equity Policy was updated in the last year which has also led to the production of an Equity Action Plan and the development of a Training Needs Analysis for key SDS personnel.
- Following extensive evidence gathering by Richard Brickley MBE,

Key Achievements during the Past Year

- supported by Kristi Long, SDS has been informed that the Association has been awarded the Preliminary Level of the Equity Standard for Sport.
- SDS has worked in partnership with the Tennis Foundation and Tennis Scotland to support the appointment of Andrew Raitt to the post of Disability Tennis Development Manager with Tennis Scotland.
- SDS in partnership with the other Home Nations Disability Sport organisations and Paralympics GB have been in discussions with representatives of the London 2012 funding partners including Coke, Cadbury, Deloitte, EDF and Sainsbury's to examine the possibility of legacy support for the grassroots development of disability sport across the UK.
- SDS continues to be represented on the UK Disability Sport CEO's Group and the Paralympic Stakeholders Forum. These groups provide a forum for the development of strategic direction and innovative approaches for disability sport policy in the UK.
- SDS is in membership of and is represented on the appropriate committees of Paralympics GB, Boccia GB, GB Disability Football Association and the UK Sports Association for People with Learning Disability.
- SDS continues to meet with **sportscotland** and Commonwealth Games for Scotland staff through the Glasgow Mission 2014 process. These meetings provide an assessment of readiness for SDS athletes and coaches in relation to Glasgow 2014.
- The SDS Safeguarding Children, Young People and Vulnerable Adults Policies and Procedures was updated and distributed during February in line with new Protecting Vulnerable Groups (PVG) legislation. The new PVG procedures have been adopted for all new staff/volunteers along with the introduction of standardised application forms and uptake of references.
- The SDS Human Resources Handbook was reviewed during the last 12 months taking into account changes in legislation. This work was undertaken by McGrigors LLP on a Pro bono basis.
- Two days of SDS Board training were held during February in Edinburgh, facilitated by Alison Pithie. This training focused on the role and responsibilities of Board membership and the strategic planning process.
- SDS has met with representatives from Deloitte and the Winning Scotland Foundation to examine ways to work more closely in partnership.
- Funding was secured from **sportscotland** this year to support a 12 month contract extension for the SDS Database Administrator post.
- SDS has been in discussions with key partners in the Highlands & Islands regarding the establishment of a part time Regional Manager's post for the area. It is envisaged that this post will be appointed towards the end of the year.
- Discussions have been initiated with the Tayside & Fife Regional Partnership regarding the introduction of a Regional programme in the area.
- The **sportscotland** integrated investment programme continues to support the work of the Association at all levels.
- Funding has been secured from the Robertson Trust to support the SDS Junior Development Programme. Funding has been used to support the SDS Summer Sports Camp, Talent Identification Programmes and specific events.
- The Scottish Sports Aid Trust has provided financial support to 16 SDS athletes and players across six sports in the last

- 12 months.
- SDS has benefited from a Pro bono agreement with McGrigors LLP. This agreement provides legal support to the SDS Board and access to legal services.
- SDS continues to provide support for the development of the 14 local branches across Scotland.



- SDS continues to receive substantial support, from Scotland's Local Authorities, Governing Bodies of sport and Local Sports Councils.
- SDS continues to work in partnership with **sportscotland**, the Scottish Government and the Scottish Parliament on all matters relating to disability sport in Scotland.

Key Area 4 - Communication

- The SDS Communications Sub Group has been established to lead the strategic development of the Association in this area of work.
- The SDS website has been refreshed to facilitate online course registration and access to course materials through a library module. SDS remains indebted to SportFocus for its continued support in this area of work.
- SDS launched a new electronic newsletter during June with the inaugural edition being distributed to over 300 individuals and agencies. This newsletter will publicise the work of the Association at local, regional and national level and will be published on a quarterly basis.
- A joint networking day was held for the Active Schools Inclusion Group and the Professional Officers Group at Ratho International Climbing Centre during February attracting 54 participants.
- A comprehensive and robust system of data management has been developed for SDS. The Association now has a central information system with the ability to provide individual reports and training for all staff took place during February.
- The SDS promotional DVD is nearing completion in partnership with production company, Weeflee. The DVD will be used as an education and training tool to promote SDS with all key partners.
- SDS was invited to present at the Scottish University Sports Conference in St Andrews during June. This allowed the opportunity to promote the work of the Association to the higher and further education sector.
- SDS Vice Chair and GB Boccia Coach, Jim Thomson won **sportscotland's** Coach of the Year for 2011 for his coaching of Boccia at both Scottish and GB level.
- Lothian swim coach Pat Agnew won a torchlight trophy which was presented in London during November for services as a volunteer coach.
- SDS continues to produce a bi-annual Calendar of Events and an annual Education & Training Calendar.
- SDS continues to communicate with key partners on a weekly basis and through the Association web site.

Summarised Accounts

SCOTTISH DISABILITY SPORT (SDS) (Company Limited by Guarantee)

SUMMARISED STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2011

	Unrestricted Funds	Restricted Funds	Total Funds 2011	Total Funds 2010
Income				
<i>Incoming resources from generated funds:</i>				
Grants and donations	69,389	616,842	686,231	719,834
Membership subscriptions	3,350	–	3,350	2,900
Bank interest	580	–	580	505
<i>Incoming resources from charitable activities:</i>				
Events and activities	45,230	–	45,230	38,481
	<u>118,549</u>	<u>616,842</u>	<u>735,391</u>	<u>761,720</u>
Expenditure				
Charitable activities	93,163	658,310	751,473	599,943
Governance costs	24,555	–	24,555	22,019
	<u>117,718</u>	<u>658,310</u>	<u>776,028</u>	<u>621,962</u>
Net (expenditure)/income for the year	831	(41,468)	(40,637)	139,758
Funds brought forward	152,340	310,260	462,600	322,842
Funds carried forward	<u>£ 153,171</u>	<u>£ 268,792</u>	<u>£ 421,963</u>	<u>£ 462,600</u>
SUMMARISED BALANCE SHEET at 31 March 2011			2011	2010
Tangible fixed assets			18,699	8,422
Current assets				
Stocks			463	717
Debtors			54,893	82,550
Cash at bank and in hand			387,022	767,833
			<u>442,378</u>	<u>851,100</u>
Creditors: Amounts falling due within one year			<u>(39,114)</u>	<u>(396,922)</u>
Net current assets			403,264	454,178
Net assets			<u>£ 421,963</u>	<u>£ 462,600</u>
Funds				
Unrestricted funds			153,171	152,340
Restricted funds			268,792	310,260
			<u>£ 421,963</u>	<u>£ 462,600</u>

The summarised accounts are a summary of information extracted from the full annual accounts and therefore may not contain sufficient information to allow a full understanding of the financial affairs of the Charity. For further information the full annual accounts and the auditor's report on those accounts should be consulted; copies of these can be obtained from the Company Secretary.

GL McCormack, Chairperson

6 September 2010

Auditor's Statement

In our opinion the summarised accounts are consistent with the full annual accounts from which they are extracted. Our audit report on the full annual accounts was unqualified.

Michael Crerar (Senior Statutory Auditor)

For and on behalf of Geoghegans, Statutory Auditors

6 September 2011

Acknowledgements

Scottish Disability Sport acknowledges the many agencies that have supported its activities during the past year, and wishes to thank the following in particular:



sportscotland
Capability Scotland
The Robertson Trust
Nationwide
McGrigors LLP
SportFocus
Skills Active

Vision Procurement and Outsourcing Specialists
Scottish Sports Aid Trust
Scottish Disabled Sports Trust
Youth Sport Trust

Scotland's Local Authorities and
Scotland's Governing Bodies of Sport
and in particular

Scottish Athletics and UK Athletics
Scottish Swimming and British Swimming
The Royal Caledonian Curling Club
Scottish Football Association
Camanachd Association
BADMINTONscotland
Tennis Scotland
JudoScotland
Paths for All
Scottish Sports Association
Fife Sports and Leisure Trust *and*

The Fife Institute of Physical and Recreational Education
Falkirk Council

Glasgow City Council
Scotland's Local Sports Councils
Special Olympics Scotland
Commonwealth Games Scotland
Glasgow 2014
Paralympics GB

Disability Sport Northern Ireland
Disability Sport Wales
English Federation of Disability Sport
United Kingdom Sports Association
Sports Coach UK
Children 1st
Geoghegan & Co

Photographs taken by:

TBC will send a follow up email of photos used depending on photos used.





SCOTTISH DISABILITY SPORT

LEADING THE DEVELOPMENT OF SPORT IN SCOTLAND FOR PEOPLE OF ALL AGES AND ABILITIES WITH A PHYSICAL, SENSORY OR LEARNING DISABILITY

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Scottish Disability Sport is a registered Scottish Charity and Company Limited by Guarantee Charity No: SC009609 Company No: SC246327

