



SCOTTISH DISABILITY SPORT

LEADING THE DEVELOPMENT OF SPORT IN SCOTLAND FOR PEOPLE OF ALL AGES AND ABILITIES WITH A PHYSICAL, SENSORY OR LEARNING DISABILITY

Annual Report

2009 - 2010





SCOTTISH DISABILITY SPORT

Scottish Disability Sport would like to acknowledge with sincere thanks the generous financial support received from the following Councils to assist with hosting the AGM and producing this Annual Report:



Chairman's Message

Welcome to the 2010 AGM of Scottish Disability Sport.

It just seems like yesterday when I last wrote to you about the forthcoming year and the exciting prospects of regionalisation, restructuring and of being on the right pathway and here we are another year on.

It's been a good year for SDS and we have achieved so much with your support especially at Branch and Regional levels and of course our ever growing staff group. It's also been a year of changing responsibilities, as Board members became staff and we completed a review and restructure of the core staffing.

The Board have worked tirelessly throughout their term and I would like to thank them all for their dedication and professionalism throughout. We have lost Lynne Glen who resigned as a Board Member as she took up her Regional post for Forth Valley as did Andrinne Craig for Aberdeen. Frank Duffy has once again taken on the mantle of disabled curling and sadly Jed Renilson who has been made redundant has decided he cannot represent the Borders area. We will be announcing our new Board tonight at the AGM and I wish them well in the exciting times ahead, in the lead up to London 2012 and of course the 2014 Commonwealth Games in Glasgow. Cynthia Claire continues to serve the Board as Company Secretary and we are grateful for her diligence and patience with all the legal and constitutional amendments we need to consider and we have been fortunate to hold onto Allison Pithie as our Board trainer and HR advisor.

Our staff numbers have grown considerably in the last year and we are privileged to have such a strong, dedicated, professional and highly motivated group. We have over the last year increased our staff numbers from nine to 17 and there is even room for one more later this year. We are delighted to welcome on board our regional staff, Lynne Glen for Central, Gary Fraser for the East, Becky Bisland and Lynn Allison for the West and Andrinne Craig and Claire Bonnar for Grampian. Within the National Office Claire Morrison was promoted to the new post of Pathways Manager, Russell Hogg (formally BADMINTONscotland) was appointed as Participation Manager and Heather Lowden (formally **sportscotland**) was appointed as our Coaching and Education Manager. Finally we were delighted to welcome Caroline Lyon as our Administrator in the Edinburgh office. For Gavin, the challenges of directing and managing all the ideas and enthusiasm are huge and very exciting and you will have heard of some of the successes through tonight's presentation. There's much more to come.

We continue to receive strong support and guidance from **sportscotland** and the Institute of Sport and our thanks in particular go to Calum Wood and Liz Mendl. Many thanks to our sponsors, in particular Capability Scotland, The Scottish Disabled Sports Trust, The Sportsman's Charity and Nationwide as without your financial commitment we would have difficulties in maintaining our programmes. Our partnerships with Governing Bodies of Sport have never been stronger and we are developing further opportunities for joint working.



On the sporting front, I am delighted with the many achievements over the past year as highlighted in our annual report. We were delighted to host the CPISRA European Football Championships in Glasgow last month and were supported by a host of funding partners and I believe we have set the bench mark

for future events. Particular thanks to all in the Scottish FA who have been outstanding in their support of the event and we congratulate the Scottish squad on their performance at these Championships. A full report on our athletes' performances is included in the annual report and newsletter and we should be proud of all that they achieve and I am delighted to say that our numbers are increasing.

The next two years will of course take us to '2012 and beyond' and whilst the countdown is exciting we have many challenges ahead and the biggest I believe will be the financial stability of the whole country which will undoubtedly have a huge effect on all that we do. Many of you may remember our Silver Jubilee in 1987 and as SDS reaches its 50th birthday in 2012 we are planning to host a celebration and sporting events prior to London and hope you will be involved.

And finally we have a great staff and with your support through branches, local authorities, governing bodies of sport and of course our volunteers we can achieve all we aspire to and more importantly develop sport for all disabled athletes.

Thank you.

Gordon McCormack
Chairman

CEO's Message 2010

I take this opportunity to wish you all a warm welcome to the 47th Annual General Meeting of Scottish Disability Sport (SDS). I remark every year at this time about the progress and developments within the Association but the last 12 months have seen some unprecedented changes.

Enhanced investment from **sportscotland** and a staffing restructure has allowed us to increase our staffing levels from nine to 17 and commence the introduction of a regional structure of Development Managers. We welcome Russell Hogg (Participation Manager), Heather Lowden (Coaching and Education Manager) and Caroline Lyon (Administrator) to the Head Office in Edinburgh and congratulate Claire Morrison on her promoted post of Pathways Manager within the Association. We also welcome our new Regional Managers, Gary Fraser (East), Rebecca Bisland (West), Lynn Allison (West), Lynne Glen (Central), Andrinne Craig (Grampian) and Claire Bonner (Grampian) and wish them all well for the future. At a time when we have fewer young athletes and players in squads and programmes than ever before, the importance of these new staff moving forward will be immeasurable.

Something that hasn't changed in the last year is the success and progress of Scottish athletes and players at all levels. I would like to take this opportunity to congratulate all those who have achieved during 2009/2010 and to thank the vast army of coaches, parents and volunteers who have significantly contributed to these successes. I would also like to pay tribute to the huge number of volunteers and local authority staff who work tirelessly at a local level to support the SDS branch structure. These branches must remain the breeding ground for new athletes and the source of grassroots activity for the majority at a time when the resources available to Scotland's local authorities are under huge pressure.

Special mention must be made of the successful staging of the CPISRA Football 7 a side European Championships in Glasgow during August. The Scottish FA were instrumental in the planning and co-ordination of these Championships and special thanks must go to Project Manager, Anne Marie Arthur for the huge amount of time and hard work that went into bringing this event to fruition.

I would also like to pay tribute to all those within sport in Scotland who contribute significantly to the development and inclusion of athletes and players with a disability. Our governing body of sport colleagues are key partners in this area and their staff and resources are vital to the future development of disability sport. The contribution made by **sportscotland** must also be recognised both in terms of financial investment and through the support and expertise of staff such as Calum Wood, Liz Mendl, Bob Wylie and John Gheel. Thanks must also go to our other funding partners including Capability Scotland, the Sportsman's

Charity, Nationwide and the Scottish Disabled Sports Trust for their continued investment in disability sport.

Congratulations and thanks must also go to the Management Board of SDS who have led the governance of our Association for the last 12 months. Particular thanks must go to the Association's Chairman, Gordon McCormack, who dedicated countless hours to fulfil his duties and support SDS staff in all areas of work. With the election of office bearers taking place at tonight's AGM we thank them all sincerely for their hard work during their two year term of office.

On a personal note, I would like to thank and acknowledge the staff of SDS for their hard work and dedication in the year gone by. We talk openly about the SDS family and the unique relationship that exists between staff and volunteers at all levels of the Association is testimony to how strongly committed we all are to the development and inclusion of athletes and players with a disability regardless of their sport, geography or ability.



As always, the year ahead will be littered with challenges and opportunities but 2010/2011 will be an important stepping stone towards London 2012 and Glasgow 2014. Work will commence on a new strategic plan for SDS that will direct the work

of the Association for the next four years and build a real legacy from 2014. The Commonwealth Games will take place in Delhi in October and we take this opportunity to congratulate Sean Fraser on his selection to the Scottish Swimming team. Our bowlers will compete at the IBD World Championships in South Africa, our footballers will be at the CPISRA World Championships in Holland, our athletes will compete in New Zealand at the IPC World Championships, our boccia players will travel to Belfast to compete in the CPISRA Boccia World Championships and our wheelchair curlers will look to regain their WCFC World Championships title in the Czech Republic. I wish you all well in the year ahead and look forward to sharing your successes whatever your sport.

A handwritten signature in black ink, appearing to read 'Gavin Macleod'. The signature is fluid and cursive, with a large initial 'G'.

Gavin Macleod
Chief Executive Officer

Review of the Year

A very warm welcome to the 47th Annual General Meeting of Scottish Disability Sport (SDS) which is once again held at the Windlestrae Hotel in Kinross. In the last year, much progress has been made towards achieving the outcomes and targets of the SDS Strategic Plan, 'Towards London and Beyond: 2006-2012', in the key areas of sports development, education & training, governance and communication. The Management Board and staff of SDS would like to take this opportunity to review the progress made during 2009/2010 and to look forward to the challenges and opportunities that lie ahead.

The opportunity was taken to undertake a comprehensive review of the SDS staffing structure to support the effective implementation of the new regional structure of Disability Sport Development Managers, as outlined at last year's AGM. This restructure has seen the establishment of a new Pathways Manager post, with a line management remit of the new Regional staff, as well as the recruitment of a Coaching and Education Manager and a Participation Manager. Investment from **sportscotland** has also enabled SDS to make substantial progress with the implementation of the new Regional structure, with Development Managers now in place in the East of Scotland, Grampian and West of Scotland in addition to the existing post in the Central Region. These officers will have the remit for identifying the next generation of Paralympic and international athletes and ensuring a seamless pathway from regional structures, through SDS squads and programmes, onto international representation.

Scotland's athletes with a disability have yet again enjoyed a year of success at international and UK level competitions. A comprehensive list of achievements is detailed within this report and we take this opportunity to congratulate all Scottish athletes, coaches and support staff on their

considerable successes in the last year. The SDS national events and squad training programmes continue to provide opportunities for Scotland's athletes and players to train and compete in sports as varied as athletics, boccia, bowls, football, swimming and wheelchair curling. Sporting opportunities for athletes with a disability have developed dramatically in recent years and Scottish athletes continue to represent their country with distinction at all levels of the sporting pathway.



The SDS member branches remain the primary point of entry for athletes with a disability in Scotland and we take this opportunity to pay tribute to the huge number of volunteers who support SDS branches throughout Scotland. We also thank those Scottish local authorities who provide vital support, in terms of officer time and resources, to SDS branches. The implementation of the SDS Minimum Operating Requirements and the new SDS Regional Structure will act to support existing branch structures at a time when local authority resources are under greatest pressure. The SDS branch structure remains a vital component to the future development of the Association.



Education & Training is an area of the Association's work that has witnessed huge steps forward in the last 12 months. The launch and implementation of the new UK Disability Inclusion



Training course along with the establishment of the Disability Sport Coaching and Education Group Scotland are two examples of progress being made in this area. In the last year, over 800 individuals have attended education and training courses run by SDS staff and volunteers and with the appointment of a full time Coaching and Education Manager, this area of work will flourish going forward.

SDS relies heavily on effective working partnerships with key organisations and bodies across Scotland. Scotland's national governing bodies of sport continue to provide vital support to our sport specific programmes and working groups continue to operate with the sports of athletics, badminton, football, swimming and wheelchair curling. A record number of SDS athletes now access the services provided by the **sportscotland** Institute of Sport across an ever increasing range of sports. SDS also continues

Review of the Year



to benefit from the skills and expertise of **sportscotland** staff members and special recognition and thanks must go to Calum Wood, Liz Mendl, Bob Wylie, and John Gheel.

The challenges associated with today's economic climate mean that the Association's funding partners play a critical role in ensuring a quality sporting experience for Scotland's

disabled athletes and players. SDS acknowledges the tremendous support that the Association receives from the various agencies and organisations that have financially supported our work throughout the year. We thank **sportscotland**, Capability Scotland, The Sportsman's Charity, Nationwide and the Scottish Disabled Sports Trust for their generous support of our athletes, teams and programmes.

The SDS Management Board has continued to lead the Association through policy making and strategic planning and was ably led throughout by Chairman, Gordon McCormack. As the current Board reaches the end of its two year term of office we thank Gordon along with Jim Thomson, Andrinne Craig, Lynne Glen, Dave Rhoney, Jed Renilson, Anna Tizzard, Charlie Forbes, Lauren Maclean, Eileen Ramsay, Millar Stoddart and Company Secretary, Cynthia Clare, for their support and commitment to the Association. We also take this opportunity to thank the rapidly growing ranks of SDS staff members for their hard work and commitment during 2009/2010.

As always, the year ahead will bring challenges and opportunities for all of us at SDS. Our athletes and players will have ample opportunity to compete on the world stage. The Commonwealth Games will be held in Delhi during October and we congratulate Sean Fraser on his selection to the Scottish swimming team for these Games. Our bowlers will travel to South Africa to compete in the IBD Lawn Bowls World Championships, our Cerebral Palsy

Football Squad will compete in the CPISRA Football 7 a side World Championships in Holland, our Boccia players will be part of Team GB at the CPISRA Boccia



World Championships in Northern Ireland, our athletes will have the opportunity to compete in the IPC World Athletics Championships in New Zealand and our wheelchair curlers will compete at the WCF

World Wheelchair Curling Championships in the Czech Republic. An exceptional year of competition ahead by any standard. Add this to the ever growing list of opportunities to participate, train and compete at Regional, national and UK level and the scale of work carried out by SDS staff, volunteers and partner organisations becomes evident.

These are indeed exciting times for SDS and the list of achievements that follows highlights just how much progress has been made by the Association in the last 12 months.



Photographic Record

CPISRA Football 7 a side European Championships



Scottish Disability Sport Awards



Fife Trophy

Coach of the Year Award

- 2000 Eddie McCluskie (Swimming)
- 2001 John Oulton (Swimming)
- 2002 Janice Eaglesham (Athletics)
- 2003 Ian Mirfin (Wheelchair Road Racing)
- 2004 Jane Sanderson (Wheelchair Curling)
- 2005 Anthony Stickland (Swimming)
- 2006 Tom Pendreigh (Wheelchair Curling)
- 2007 Jacqueline Lynn (Boccia)
- 2008 Stuart Sharp and Stuart Alexander (Football)
- 2009 Bob Dick (Bowls)

Glasgow Trophy

Service to Sport Award

- 2000 Gordon McCormack and Jacqueline Lynn
- 2001 Jim Thomson
- 2002 Jen Quinton
- 2003 David Thomson
- 2004 John Hood
- 2005 Jed Renilson
- 2006 John and Brenda Anderson
- 2007 Richard Brickley MBE
- 2008 Janice Eaglesham
- 2009 Cynthia Clare

Findlay Calder Trophy

Athlete of the Year Award

- 2000 Nicky Diatchenko
- 2001 Derek Frew
- 2002 Karen Lewis
- 2003 Stephen Payton
- 2004 Kenny Herriot
- 2005 Stephen Payton
- 2006 Stephen Payton
- 2007 Libby Clegg
- 2008 Allan Stuart
- 2009 Libby Clegg

Brian Dolan Memorial Trophy

Swimmer of the Year Award

- 2000 Kenny Cairns
- 2001 Andrew Lindsay
- 2002 Lara Ferguson
- 2003 Mhairi Love
- 2004 Jim Anderson
- 2005 Jim Anderson
- 2006 Rebecca Lee
- 2007 Andrew Lindsay
- 2008 Jim Anderson
- 2009 Jim Anderson

Special Award

SDS Plaque Award

- 2002 John Beattie (BBC Scotland) and Doug Gillon (The Herald)
- 2004 Millar Stoddart and Shirley Ann Harris
- 2005 Katie Still (BBC Scotland)
- 2006 Kate Caithness (Wheelchair Curling)
- 2007 Jim Fleeting (Scottish FA)
- 2008 Heather Lowden (**sportscotland**)
- 2009 Alan Dickson (CPISRA and Capability Scotland)

Angus Trophy

Sportsperson of the Year Award

Excluding athletics and swimming

- 2003 David Heddle (Bowls)
- 2004 Scottish Wheelchair Curling Team
- 2005 Aileen McGlynn (Cycling)
- 2006 GB Paralympic Wheelchair Curling Team
- 2007 Aileen McGlynn (Cycling)
- 2008 Scottish CP Football Squad
- 2009 Gordon Reid (Wheelchair Tennis)

Elspeth Watson Trophy

Individual outwith SDS who has contributed significantly to disability sport

- 2003 Bob Dick (Bowls)
- 2004 Jack Snowdon (Swimming)
- 2005 Pat Bennett (Swimming)
- 2006 Bernard Pirie (Swimming)
- 2007 Ena Stevenson (Wheelchair Curling)
- 2008 Angus Cameron (Athletics)
- 2009 Karen Ross (Tennis)

Gordon Brown Trophy

Athletes' Athlete of the Year Award

- 2004 Maggi McEleny (Swimming)
- 2005 Jim Anderson (Swimming)
- 2006 Rebecca Lee (Swimming)
- 2007 Kenny Cairns (Swimming) and Peter McGuire (Boccia)
- 2008 Aileen McGlynn (Cycling)
- 2009 Stephen and Peter McGuire (Boccia)

Capability Scotland Silver Salver

Most Promising Newcomer Award

- 2004 Bernadette Leslie (Boccia)
- 2005 Angela McCowan (Swimming)
- 2006 Michael Kerr (Wheelchair Rugby)
- 2007 Stephen and Peter McGuire (Boccia)
- 2008 Craig Rodgie (Swimming)
- 2009 Scott Walker (Cycling)

Key Achievements during the Past Year

Key Area 1 – Developing the Sports

- The all Scottish GB Wheelchair Curling team of Michael McCreddie, Tom Killen, Angie Malone, Aileen Neilson and Jim Sellars competed at the Winter Paralympic Games in Vancouver in March. Team GB finished the group stages with a 4-6 record and failed to qualify for the knock out stages. The curlers were supported throughout the Games by coaching staff Tom Pendreigh and Sheila Swan. 40% of the GB Winter Paralympics athletes who competed in Vancouver were Scottish.
- Four Scottish Boccia players, Peter McGuire, Stephen McGuire, Jamie McCowan and Scott McCowan, were selected as part of the GB Boccia squad to take part in the World Championships in Lisbon during June. Peter and Stephen secured a silver medal in the BC4 pairs event and Stephen then went on to win a silver medal in the BC4 individual event. The GB squad at these Championships was led by Head Coach, Jim Thomson.
- Scots Aileen McGlynn and Neil Fachie were part of the British Cycling Team taking part in the Para-Cycling Track World Championships in Manchester last November. Aileen retained her 1km Time Trial title in a world record time before winning bronze in the Pursuit. Neil, making his international debut at this level had a fantastic weekend winning gold in the Tandem Sprint and 1km Time Trial. The latter was won in a new world record time.
- The IPC World Swimming Championships were held in Eindhoven, Holland during August with Scots Jim Anderson and Sean Fraser competing as part of Team GB. Jim returned home with 3 bronze medals from the 50m and 100m Freestyle and the 50m Backstroke.
- Lauren Peffers was the only Scottish athlete to be part of Team GB during the 2010 Deaflympics which were held in Taipei, Taiwan. Lauren won individual silver medals in both the 400m and 800m.
- Helensburgh's Gordon Reid was selected by The Tennis Foundation to represent Great Britain in the 2010 Invacare World Team Cup in Antalya, Turkey, during May. Great Britain finished in fourth position after losing out in the third place playoff.
- The IPC European Swimming Championships were held in Iceland last October and Scots Jim Anderson, Sean Fraser and Craig Rodgie were selected as part of the GB Team. Jim returned home with a gold, two silvers and a bronze in the 50m Freestyle, 50m Backstroke, 50m Freestyle Relay and 200m Freestyle respectively. Sean won bronze in the 50m Freestyle, 100m backstroke and 400m Freestyle events. Craig, making his international debut at this level, performed remarkably well to win gold in the 100m Backstroke in a new British record time.
- The 2010 CPISRA Football 7 a side European Championships were held in Glasgow during August. Teams from Russia, Ukraine, Holland, Spain, Denmark, Finland, England, Republic of Ireland, Australia and Scotland competed over 14 days at the Toryglen Regional Football Centre. These Championships were staged in partnership with the Scottish FA and other LOC partners including Capability Scotland, UK Sport,



Event Scotland, Glasgow City Marketing Bureau, Glasgow Life and Glasgow City Council. The team from Ukraine emerged as Champions of Europe, with Scotland finishing the tournament in 5th place.

- Laura Kinder travelled to Croatia as part of Team GB for the INAS-FID European Athletics Championships in July. Laura put in some excellent performances making the finals of both the 100m and Long Jump. Laura was supported by her father, John Kinder, in a coaching role with the GB Team.
- Scotland's Kate Murray and John Murray represented GB at the Para-Archery European Championships in Vichy, France during August. John Murray was part of the men's compound team which won silver whilst Kate Murray also won silver in the mixed Recurve event.
- Three Scottish swimmers Jack McComish, Lucy Walkup and Euan Cheyne were part of the 12 strong GB Team who competed at the 10th European Deaf Swimming Championships in Dortmund during June. All three Scots performed magnificently in Germany with Jack McComish returning home with a bronze medal in 200m breaststroke and a bronze in 4 x 200m freestyle relay.
- The BT Paralympic World Cup was held in Manchester in May and two Scottish athletes were selected to compete. In athletics, Libby Clegg won the gold medal in the T12 100m with swimmer Sean Fraser winning silver in the S8 100m Backstroke.
- The Scottish National Cerebral Palsy squad returned from the CPISRA International Football Championships finishing in 7th place. The Championships were held in Holland during October and the Scots defeated Australia 5-1 to secure their 7th place finish. Richard Brickley MBE also attended these championships as part of a team of seven international classifiers.
- A young Scottish team of four players competed in the Cheshire International Boccia Championships in Wigan during May and finished in 10th place. Four Scottish players also attended this event with the GB team including Peter McGuire, Stephen McGuire and Jamie Docherty winning the BC4 team event.
- The Kinross Wheelchair Curling International returned for a second year at the end of October. Canada and Germany contested a closely fought final before the Canadians ran out worthy winners with USA finishing in third. Team GB and two SWCA Performance Squads also took part in the event but failed to reach the knockout stages.
- Scotland's Cerebral Palsy National Football Squad finished the International Invitation Tournament at Largs unbeaten and top of the table. National teams from Denmark, Holland,



Key Achievements during the Past Year

Northern Ireland and Finland competed in the tournament.

- In April, Jamie Docherty competed in the Czech Open in Prague as part of a GB Fast Track Team.
- The GB wheelchair curlers competed in the Fifth Annual Cathy Kerr Spiel in Ottawa, Canada during December. The team finished the competition in second place following a tightly fought final against the USA.
- Scotland's leading wheelchair tennis players, Gordon Reid and Kevin Simpson have had another busy year competing in tour events around the world. Kevin had notable successes in both singles and doubles events at the NEC Opens in Israel and Crete. Meanwhile, Gordon had victories in the Queensland Open and Camozzi Masters as well as reaching finals in Florida and Girona.
- The first ever French Badminton International was held in Toulouse during April 2010. A small Scottish contingent of Alan Oliver, Conor MacFarlane and Niall Jarvie flew the flag for Scotland. Alan Oliver won gold in the men's singles and silver with Conor MacFarlane in the men's doubles.
- Four Scottish Boccia Players, Peter McGuire, Stephen McGuire, Scott McCowan and Jamie McCowan, competed in the the Riverland Cup in Holland as part of Team GB.
- Scottish archers Kate Murray, John Murray and Alasdair Hamilton were part of the GB Team that took part in the 2010 Arizona Cup in the USA. John Murray and Alasdair Hamilton finished 4th and 7th respectively in the Compound Open Men's event whilst Kate Murray finished 4th in the Women's Recurve event.
- Nottingham was the venue in July for the 2010 Home International Bowls Championships and Fourth Test Match between Scotland and England. The Scottish physically disabled bowls team has improved considerably over the last two years and this was confirmed by Scotland's winning of the 2010 Home International title and the first Test Match win away from home. Scotland now lead the series 3 - 1.
- SDS and Table Tennis Scotland have selected ten players, identified through a series of Talent ID days, to form a National Talent Squad. A series of training weekends led by Terry McLernon culminated in two players, Kevin McCormack and Connor Gordon competing in the event in Newcastle during September and won a bronze and silver medal respectively.
- The Scottish Cerebral Palsy Future Football Squad competed in the Home Nations Championships in Dublin in July. The Scots benefited from three days of competition against teams from England, Northern Ireland and the Republic of Ireland .
- The 2010 Four Nations Disability Badminton Championships were hosted by BADMINTONscotland at Scotstoun Leisure Centre during February. Almost 100 competitors descended on Scotstoun for the Championships with Scottish players collecting 13 titles and 16 runners up places.
- A nine strong Scottish Athletics squad competed in the North West Open Championships in Manchester in April. The Scots returned home with an impressive 11 gold medals and ten silver medals. Louise Brett achieved personal bests



in the 100m and 200m as did Cal Docherty in the 100m.

- The Scottish Blind Bowling squad, led by Head Coach Ron McCarthur travelled to Gateshead to take part in the UKVIB Home International Singles Championships. The Scottish squad of 16 players recorded their best ever performance, achieving a fantastic medal tally of 15. The Scottish team finished the Championships by winning the Team Cup.
- A nine strong Scottish team travelled to compete at the British Boccia Championships in Nottingham last October. The title in the BC4 event was won by Stephen McGuire with Peter McGuire and Jamie McCowan contesting the bronze medal match. Peter's added experience clinched bronze in a tight match.
- The Scottish Learning Disabilities U19 Football Squad travelled to Belfast in April to compete in the Home Nations Championships. Scotland finished the event in bronze medal position.
- The British Open Wheelchair Curling Championships were held at Kinross Ice Rink last October. The winning rink of Michael McCreadie, Aileen Neilson, Tom Killin and Angie Malone fought off a determined team of Bill Masterton, Jim Elliott, Ian Donaldson and Jim Taylor to win the British title.
- A depleted Scottish squad attended the DSE Junior Boccia competition in Sheffield last November. However, the Scots enjoyed a very successful competition finishing 2nd in the medal table. Joshua Rowe won gold in the BC2 section, Scott McCowan silver in the BC3 section and Jamie Docherty silver in the BC4 section. Andrew Slack won gold in the BG7/8 section with Kirsty McCallum winning silver in the same section.
- Twenty Scottish swimmers attended the DSE Short Course Championships in Sheffield last November with the Scottish Team finishing in 4th place. Thirteen of the twenty swimmers won individual gold medals during the weekend with the squad returning home with 33 individual gold, 18 silver and 16 bronze medals. In addition there was also success with gold and bronze medal performances in the relays.
- A team of three athletes from the National Athletics Squad travelled to Blackpool for the DSE Junior Athletics Championships in July. Robert Ferrol, Meggan Dawson-Farrell and Louise Brett were led by coach, Ian Mirfin and had a fantastic Championships returning home with ten medals between them.
- SDS, in partnership with the Scottish FA, has established regional schools leagues across three separate Scottish FA Regions. Regional Squad programmes have also been successfully developed this year, with more than 130 players across three Regions participating in regular activity and inter region games.
- SDS has worked in partnership with Scottish Archery to prepare a position paper for the development of the sport for disabled archers. Areas for potential future action include competitive opportunities, participation programmes and coach development.
- SDS has been working in partnership with Scottish Volleyball,

Key Achievements during the Past Year

GB Volleyball and Glasgow Life to initiate support for the Glasgow Mets Sitting Volleyball Club and to hold a number of talent identification initiatives.

- The SDS Summer Sports Camp was held at the National Sports Centre Inverclyde during July. 51 young athletes with physical disabilities and sensory impairments were in attendance for what was the tenth anniversary of the camp.
- A West of Scotland Talent Development Day was held during May for new athletes and those identified at the National Talent ID Days. The day focused on the sports of table tennis and athletics in the first instance and attracted 34 participants.
- A Paralympic Pathways Festival was co-ordinated in partnership with Glasgow City Council and **sportscotland** during June at Scotsoun Leisure Centre. A total of 36 pupils with physical and sensory disabilities from schools across Glasgow received coaching from qualified and experienced coaches on sports as varied as athletics, badminton, basketball, football, judo and table tennis.
- Scottish Athletics in partnerships with UK Athletics hosted the Aviva Parallel Success event alongside the National Senior Track and Field Championships at Pitreavie in July. A number of the National Athletics Squad took part in the event to gain increased competition experience.
- SDS in partnership with the Scottish FA has successfully delivered eight Roadshows throughout Scotland attracting more than 150 players with a range of ambulant disabilities. A UEFA Grassroots Disability Football Festival was also held during May at Toryglen Regional Football Centre, Glasgow. The Festival attracted over 200 players with visual impairments, learning disabilities and physical disabilities.
- The 2010 National First Shinty Festival was held at Aviemore in partnership with the Camanachd Association. The event was open to children aged 12-18 with learning disabilities with seven teams and 72 players taking part.
- The third schools disability badminton carnival was held at Scotstoun Leisure Centre, Glasgow and hosted by Glasgow Life during March. 73 pupils from schools in the west of Scotland attended.
- A review and update has taken place in relation to the SDS INAS/UKSA Eligibility Policies & Procedures. A comprehensive consultation process and training programme has been put in place.
- SDS in partnership with Scottish Athletics and UK Athletics delivered a UKA classification clinic to physically disabled athletes during February. Nine athletes were invited to attend and receive a UKA recognised classification.
- Two Scottish Boccia players, Josh Rowe and Jamie Docherty have been selected for the 2012 GB Fast Track Squad. Claire Morrison will also be part of the GB coaching team throughout the Fast Track process.
- Scotland's top athletes with a disability have continued to receive excellent support from the **sportscotland** Institute



of Sport during their training and competition schedules. The Institute is now operating a one network approach towards the delivery of support services and 32 athletes across ten sports have received ongoing support during the last year.

- The SDS Athlete Academy continues to work with Scotland's most promising athletes looking to progress into GB Squads and Teams. This year 13 athletes across five sports have received support with a total of six new athletes being inducted. Two athletes have progressed from the Academy onto World Class programmes.
- Key partnerships continue to be developed with Scotland's Governing Bodies of Sport and joint working groups remain in place with Scottish Athletics, the Royal Caledonia Curling Club, BADMINTONScotland and the Scottish Football Association.
- SDS continues to co-ordinate comprehensive national events and squad training programmes across a wide variety of sports. In the past year a total of 19 National Championships involving nine sports have been organised. This included the successful reinstatement of the National Senior Physical Disability & Sensory Impairment and Learning Disability Swimming Championships.
- SDS continues to work closely with all of Scotland's Local Authorities and continues to work in partnership with the 19 Authorities who support local SDS branches.
- SDS has supported the development of sport specific clubs in the sports of badminton, shinty, wheelchair curling and wheelchair basketball.

Key Area 2 – Education & Training

- SDS continues to play an active role in the UK Disability Sport Coaching Learning and Leadership (UKDSCL&L) Group which aims to ensure that inclusion is a priority, through sport coaching, learning, and leadership throughout the UK. In April 2010 the group produced a Recommendations and Goals paper which provides the underpinning principles and key areas for action for inclusion in sport coaching, learning, and leadership.
- Richard Brickley MBE stood down as chair of the UKDSCL&L Group at the end of 2009. He was instrumental in leading the group and its ideas.
- SDS has been involved in a home nations working group to develop a UK Disability Inclusion Training Course. The course has been developed in partnership with home nations disability sport partners, Sports Coach UK and Sports Leaders UK. Comprehensive participant and tutor resources have now been produced thanks to Typhoo who have agreed to sponsor the UK DIT course.
- All of Scotland's DIT current tutors have now received training to support the delivery of the new UK DIT course. A quality assurance framework has also been introduced to assess and develop the training delivery of SDS UK DIT tutors.

Key Achievements during the Past Year

- SDS is working with **sportscotland** and the University of Stirling to develop a 'Coaching Matters' programme to support coaches working with high performance athletes and players. It is anticipated that it will provide high performance coaches the chance to share best practice, discuss issues affecting high performance coaching and access learning & development opportunities supported through the Coaching Matters Programme.
- In July, SDS in conjunction with **sportscotland** held the inaugural Scottish Disability Coaching and Education Scotland group meeting which brought together the key organisations in this field to consider priorities for action.
- SDS was responsible for the development of a Disability Badminton Fact sheet for presentation to the UKDSCL&L Group. It is anticipated that this factsheet will be adopted by the group and used to promote the sport across the UK.
- In the last year a total of 24 Disability Inclusion Training courses have been run in conjunction with Scotland's local authorities and governing bodies of sport involving 289 participants. An additional eight courses were co-ordinated as part of the SDS Education & Training Calendar. These courses covered topics and issues relevant to disability sport in Scotland and included boccia, pool work and classification. 123 participants attended.
- SDS continues to work closely in partnership with Scotland's Governing Bodies of Sport. SDS personnel have supported the delivery of coach education courses and disability inclusion training with the sports of athletics, archery, badminton, football and sailing.
- John Shearer, BADMINTONScotland's Coaching and Development Officer and Alan Oliver attended a Disability Badminton Coach workshop tutor training weekend during June. They formed part of the tutoring staff which ran the Technically Coaching Badminton to Players with Physical Impairments Workshop held in September at the Glasgow School of Sport.
- A Powerchair Football In-Service day was held during February with 27 candidates on the course. Ricky Stevenson from the FIPFA delivered a six hour course to coaches and volunteers from across Scotland.
- SDS has contributed to the Glasgow University PGCE for all Primary School PE specialists. In April and May, SDS delivered to 151 candidates to support them in being more inclusive within the PE curriculum.
- Disability Inclusion Training was delivered to students and staff at Edinburgh University, University of the West of Scotland and West Lothian College. Approximately 53 students benefited from this training.
- SDS was invited to present at the Scottish Qualifications Authority Access to PE Conference during March. This was an opportunity to talk to over 60 PE teachers from special and mainstream education. As a direct result of this presentation, SDS was invited on the Qualifications Design Team for Physical Education.



- SDS, through Richard Brickley MBE, delivered a classification presentation at the European Athletics Coaches Conference in Glasgow at the end of October as part of the UK Athletics team of four speakers.
- SDS was invited by the Scottish Government to present at the Learning at Work Week. A workshop was delivered during May to staff from a wide variety of Government Departments.
- SDS, through Richard Brickley MBE, prepared and tutored the first athletics classification workshop for UK Athletics Paralympic coaches in Manchester.
- The roll out of the UK DIT to education personnel, co-ordinated in partnership with **sportscotland** and the Youth Sport Trust, started in August. SDS will deliver 42 courses, specifically for the education sector, across all 32 local authorities in the next three years.
- SDS personnel have continued to be involved in the tutoring of Sports Coach UK courses across Scotland. In the last year a total of 15 courses have been run attracting 133 participants.
- SDS are in the process of centralising all technical data. Through support from sportscotland's SGB Data Management project, it is hoped that an effective and efficient Customer Relationship Manager system will be identified and implemented over the next 18 months.
- SDS has been successful in securing monies from Future Jobs Funds to support administration regarding the Data Management project and the expanding Coaching and Education Programme.

Key Area 3 – Governance

- A staffing restructure has taken place in the last 12 months to facilitate the effective introduction of the new SDS regional structure. A new Pathways Manager post has been created and has been taken up by Claire Morrison. Heather Lowden has joined SDS as Coaching & Education Manager and Russell Hogg has taken up post as Participation Manager. The recruitment of a new Administrator post has also taken place in the last year. Cover for the post was provided by Katie Macleod in the interim and the full time post has now been taken up by Caroline Lyon.
- Considerable progress has been made in relation to the implementation of the new SDS regional structure. Regional Manager posts have been successfully recruited for the East (Gary Fraser), Grampian (Claire Bonner and Andrinne Craig) and the West (Rebecca Bisland and Lynn Allison). All Regional staff now have work programmes and clearly identified targets in place. Consultation has commenced with the key partner organisations in the Highlands & Island with a view to establishing a regional post. SDS has also taken over the line management role for the SportCentral Regional Manager's post held by Lynne Glen.
- The roll out of the SDS Minimum Operating Requirements (MOR) for governance, child and vulnerable adult protection

Key Achievements during the Past Year

and sports development for all local branches has continued. Position reports produced for each branch were considered by the SDS Board and four SDS branches were considered to have fully met the MOR. Ongoing support will be provided to all remaining branches to enable them to meet the MOR.

- The SDS Operational Plan and budget for 2010/2011 was produced and submitted to **sportscotland** for approval of investment. The plan is aligned to the outcomes and targets of the SDS strategic plan 'Towards London and Beyond: 2006-2012' and has also been used to support the development of SDS staff work programmes.
- In partnership with the appropriate Scottish Governing Bodies of Sport, Sport Specific Action Plans have been produced for the sports of athletics, boccia, bowls, football and wheelchair curling. All five action plans reflect the targets identified through the current four year Sport Specific Performance Plans.
- SDS is in the process of submitting for the Preliminary Level of the Equity Standard for Sport. SDS is being supported through the process by Kristi Long who has been contracted by **sportscotland**. An Equity Task Plan has been produced and an Equity Action Plan and Training Needs Analysis are in the process of being created. The SDS Equity Policy is also currently under review.
- An extended SDS Equity Group has been established to address key issues identified in the SDS audit for Foundation Level of the Standard. The expected outcomes from the group in the year ahead are achieving the Preliminary Level Award of the Equality Standard for Sport and improving engagement with under-represented groups.
- The SDS Ethics and Equity Policies & Procedures have been reviewed and amended to take into account changes in legislation and government policy.
- SDS Board training was held during May at Caledonia House, Edinburgh with a focus on Equity. This training was delivered by Kristi Long and was an important step towards attainment of the Preliminary Level of the Equity Standard for Sport.
- SDS continues to meet with **sportscotland** and Commonwealth Games for Scotland staff through the Glasgow Mission 2014 process. These meetings provide an assessment of readiness for SDS athletes and coaches in relation to Delhi 2010 and Glasgow 2014.
- SDS has extended the current partnership agreement with Capability Scotland for an additional year. Capability Scotland funding will be used to support the work of the Association in areas such as sports development and education & training. SDS is also indebted to the Sportsman's Charity, Nationwide and the Scottish Disabled Sports Trust for their ongoing support.
- SDS continues to be represented on the UK Disability Sport CEO Group. This group provides a forum for the development of strategic direction and innovative approaches for disability sport policy in the UK.
- The **sportscotland** integrated investment programme continues to support the work of the Association at all levels.
- SDS continues to provide support for the development of the 14 local branches across Scotland.
- SDS continues to receive substantial support, from Scotland's Local Authorities, Governing Bodies of Sport and Local

Sports Councils.

- SDS continues to work in partnership with **sportscotland** and the Scottish Government on all matters relating to disability sport in Scotland.

Key Area 4 – Communication

- SDS has updated and refreshed the Association website taking advantage of advances in web technology. The new website was launched in time for the 2010 AGM and SDS is indebted to Sport Focus for its continued support.
- The SDS promotional DVD is well under construction with production company, Weeflee, filming numerous events across the country and interviewing athletes and coaches involved in disability sport. The DVD will be used as an education and training tool and to promote SDS with all key partners.
- SDS delivered a presentation at the **sportscotland** annual partners meeting in November to key partners from across Scotland. The presentation focused on the implementation of the new SDS Regional Structure.
- SDS met with the Minister for Public Health & Sport, Shona Robison, last November. This meeting focused on the issues affecting young people with disabilities when accessing PE and school sport programmes.
- SDS was invited to present at the Scottish University Sports Conference in Aberdeen during June. This allowed the opportunity to promote the work of the Association to new and existing partners.
- The SDS Professional Officers Group and the Active Schools Inclusion Group will now join together for six monthly meetings. This will allow both groups to share best practice and discuss issues affecting disability sport.
- The **sportscotland** Good Practice Guide have now been produced highlighting numerous examples of inclusive and excellent practice within disability sport. Leeds Metropolitan University was commissioned to produce the guide through consultation with the key partners involved in each case study.
- The SDS newsletter 'Changing with the Times' continues to be produced annually to promote the work of the Association to all key partners.
- SDS continues to produce a bi-annual Calendar of Events and an annual Education & Training Calendar.
- SDS continues to communicate with key partners on a weekly basis and through the Association web site.



Summarised Accounts

SCOTTISH DISABILITY SPORT (SDS) (Company Limited by Guarantee)

SUMMARISED STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2010

	Unrestricted Funds	Restricted Funds	Total Funds 2010	Total Funds 2009
Income				
<i>Incoming resources from generated funds:</i>				
Grants and donations	53,827	666,007	719,834	392,954
Membership subscriptions	2,900	–	2,900	3,350
Bank interest	505	–	505	13,779
<i>Incoming resources from charitable activities:</i>				
Events and activities	38,481	–	38,481	49,636
	<u>95,713</u>	<u>666,007</u>	<u>761,720</u>	<u>459,719</u>
Expenditure				
Charitable activities	85,613	514,330	599,943	531,305
Governance costs	22,019	–	22,019	18,860
	<u>107,632</u>	<u>514,330</u>	<u>621,962</u>	<u>550,165</u>
Net income/(expenditure) for the year	(11,919)	151,677	139,758	(90,466)
Funds brought forward	164,259	158,583	322,842	413,288
Funds carried forward	<u>£ 152,340</u>	<u>£ 310,260</u>	<u>£ 462,600</u>	<u>£ 322,842</u>

SUMMARISED BALANCE SHEET at 31 March 2010

	2010	2009
Tangible fixed assets	<u>8,422</u>	<u>5,966</u>
Current assets		
Stocks	717	2,190
Debtors	82,550	50,898
Cash at bank and in hand	767,833	574,988
	<u>851,100</u>	<u>628,076</u>
Creditors: Amounts falling due within one year	<u>(396,922)</u>	<u>(311,200)</u>
Net current assets	454,178	316,876
Net assets	<u>£ 462,600</u>	<u>£ 322,842</u>
Funds		
Unrestricted funds	152,340	164,259
Restricted funds	<u>310,260</u>	<u>158,583</u>
	<u>£ 462,600</u>	<u>£ 322,842</u>

The summarised accounts are a summary of information extracted from the full annual accounts and therefore may not contain sufficient information to allow a full understanding of the financial affairs of the Charity. For further information the full annual accounts and the auditor's report on those accounts should be consulted; copies of these can be obtained from the Company Secretary.

GL McCormack, Chairperson

6 September 2010

Auditor's Statement

In our opinion the summarised accounts are consistent with the full annual accounts from which they are extracted. Our audit report on the full annual accounts was unqualified.

Michael Crerar (Senior Statutory Auditor)
For and on behalf of Geoghegans, Statutory Auditors

6 September 2010

Acknowledgements

Scottish Disability Sport acknowledges the many agencies that have supported its activities during the past year, and wishes to thank the following in particular:



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Scottish Disabled Sports Trust
Capability Scotland

Scottish Sports Aid Foundation
The Sportsman's Charity
Nationwide

Youth Sport Trust

Scotland's Local Authorities

Scotland's Governing Bodies of Sport
and in particular

Scottish Swimming and British Swimming

Scottish Athletics and UK Athletics

The Royal Caledonian Curling Club

Scottish Football Association

Camanachd Association

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Fife Council

Fife Sports and Leisure Trust *and*

The Fife Institute of Physical and Recreational Education

Falkirk Council

Scotland's Local Sports Councils

United Kingdom Sports Association

UK Sport

EventScotland

Glasgow City Marketing Bureau

Glasgow Life

Glasgow City Council

Disability Sport Events

Geoghegans & Co

Special Olympics Scotland

Sport Focus

Commonwealth Games Council for Scotland

Glasgow 2014

Paralympics GB

Children 1st

Centre for Sport & Recreation, University of Stirling

Sports Coach UK

Vision Procurement and Outsourcing Specialists

Photographs taken by:

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sportscotland and Scottish FA.



ParalympicsGB

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procurement and outsourcing specialists



SCOTTISH DISABILITY SPORT

LEADING THE DEVELOPMENT OF SPORT IN SCOTLAND FOR PEOPLE OF ALL AGES AND ABILITIES WITH A PHYSICAL, SENSORY OR LEARNING DISABILITY

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