



SCOTTISH DISABILITY SPORT

LEADING THE DEVELOPMENT OF SPORT IN SCOTLAND FOR PEOPLE OF ALL AGES AND ABILITIES WITH A PHYSICAL, SENSORY OR LEARNING DISABILITY



Annual Report

2008 - 2009





SCOTTISH DISABILITY SPORT

Scottish Disability Sport would like to acknowledge with sincere thanks the generous financial support received from the following Councils to assist with hosting the AGM and producing this Annual Report:



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Chairman's Message

Welcome to the 2009 AGM for Scottish Disability Sport. Yet another year has flown by and you just wonder where the time has gone.

We are again indebted to the many volunteers who work tirelessly in promoting Scottish Disability Sport, who in turn support our excellent staff throughout the year. As usual it's been a busy year and many challenges have been faced throughout. We started the year with four new board members and I would like to thank all of them for their support and assistance throughout the year. We even managed three training sessions through the Modern Sports Programme, funded by **sportscotland**, where we discussed many of the issues within SDS, the future programme and way forward. It's important to mention Jed Renilson at this point and we are all delighted that he has made a full recovery and we hope to see his cheerful face at meetings and events in the not too distant future.

I am delighted that following the restructure of **sportscotland** we have finally moved into our new offices and for once we have space, hot desks and even enough space for a meeting and growth. Sadly we lost Gill Penfold, Emma O'Callaghan and Eliza Watson, however the rainbow was having Heather Lowden return as our partnership manager and meeting the new senior staff at **sportscotland** including Jacqueline Lynn, a long time supporter of SDS.

Throughout the year we have been bidding to host the CPISRA Football 7-a-side European Championships in August 2010 and hope to officially announce a successful bid sometime in October. The support and guidance from our partners the Scottish Football Association, Capability Scotland, Event Scotland, Greater Glasgow Marketing Bureau, UK Sport and Culture and Sport Glasgow has been outstanding and we look forward to hosting a good event.

We found two new venues for our National Events Programme and our congratulations go to Dundee for hosting the Carpet Bowls Championships and Dumfries and Galloway the Senior Swimming Championships.

In hosting the International Bowls Test Match in July, Scotland was truly in winning form with a clear victory over England. Hopefully this is a good indicator for future events and indeed the Commonwealth Games in 2014. Sadly we lost James Smith who died suddenly a few days before the event and it is a credit to the team and organisers, in particular Richard Brickley, who worked tirelessly to ensure the success of the Test Match.

Many of our branches have been working hard in ensuring the MOR programme (minimum operating requirements) has been achieved and we look forward to supporting their progress and further development throughout the next year.

I am delighted to say that for many, the partnerships between the professional officers within local authorities and the branch have never been stronger.

Our staff members continue to excel and we were delighted to welcome Grieg Taylor as our Assistant Football Development Officer. Throughout the summer we have three weddings, Board member Lauren McTaggart, and staff members Ruari Davidson and Claire Mands. We send our congratulations to all and wish them all the best for many years to come.

The most exciting development and challenge for SDS in the year ahead is 'Regionalisation'. Through **sportscotland** we have been offered funding to secure four additional SDS posts, to work in partnership with local authorities sourcing potential athletes for 2014. There is also a possibility of further posts in 2010 and in the first stage we are looking at the West (two posts), the East and Grampian. We will also take this opportunity to reassess the staff structure and responsibilities within SDS.

It's been a busy year and I must record our thanks to our staff team of Claire, Ruari, Caroline, Ailien, Greig, Cynthia, Norma and Richard all led by Gavin who have worked hard throughout the year.

For the coming year it's all about restructuring, regionalisation and the CPISRA European Championships and with your continuing support I believe we are on the right pathway.



Gordon McCormack
Chairman



CEO's Message 2009

SDS is now at the midpoint of the current Strategic Plan, 'Towards London and Beyond' and the past year has seen a number of major developments and achievements that will pave the way for the later phases of this plan. 2008 / 2009 has seen record levels of investment in the Association, the implementation of an exciting new regional structure, a drive to identify new talent and a fresh commitment to investment in education & training.

The success of Scottish athletes at the Beijing Summer Paralympic Games is still fresh in our mind and as we progress towards London 2012 and Glasgow 2014, our athletes have continued to compete and achieve at UK and international level. I would like to take this opportunity to congratulate all those athletes, along with their coaches, parents and support staff, who have trained, competed and represented SDS with distinction in the last year. I would also like to thank the vast army of volunteers and paid staff across Scotland who support SDS branches and sport specific programmes. These individuals are the life blood of SDS and contribute a vast amount of time and energy to ensure that Scottish athletes with a disability have the opportunity to meet their full potential.

The implementation of the new SDS regional structure is an extremely exciting development for the Association and over the next year we will see Development Manager posts introduced in the East, Grampian and West regions with a remit for talent identification and development. These posts will be directly linked to the Glasgow 2014 Commonwealth Games and will be responsible for developing the next generation of high performance athletes with a disability. The three Talent Identification Days that were held this year has already commenced this process and a number of athletes who attended these day have already been identified as having the potential to reach the very top of their chosen sport.

Another exciting initiative in the last year was the hugely successful SDS National Conference 'Challenge to Change' which undoubtedly raised awareness of the issues affecting children and young people with a disability in accessing physical education and sport. In response to this agenda, SDS in partnership with **sportscotland** will be offering disability inclusion training to education staff across Scotland in the year ahead.

I would like to take this opportunity to thank the SDS Management Board for their hard work and commitment during 2008 / 2009. The Board is ably led by our Chairman Gordon McCormack and much of the work undertaken by this committed group of individuals goes unnoticed. I would also thank all the SDS staff for their loyalty and support in the last year along with the numerous **sportscotland** staff that support the Association in all areas of our work. We were all saddened to bid farewell to **sportscotland** staff Emma O'Callaghan, Gill Penfold and Eliza Watson



this year as they undertake new challenges but I take this opportunity to wish them all well for the future. I would also like to thank all those local authority, governing body of sport and funding partners who continue to share the SDS vision and strive to provide the very best structures and pathways for athletes with a disability.

The past year has brought success and progress in all areas of the Association's work but 2008 / 2009 has not been without its challenges. Increased investment in performance sport must be applauded and has undoubtedly benefited many Scottish athletes with a disability. However, this investment must be balanced with support throughout the sporting pathway if we are truly to achieve a sustainable legacy for disability sport in Scotland post 2012 and 2014. Traditionally strong partnerships are being threatened and shared values are being challenged at a time when resources at a local level are being squeezed and many children and young people with disabilities are not receiving a fully inclusive experience in physical education and sport. Within SDS we must strive to ensure that the needs of all athletes with a disability are taken into account and that all athletes are supported to progress through a robust and sustainable sporting pathway.

The year ahead promises much as SDS athletes once again seize the opportunity to compete across the globe. Our wheelchair curlers will compete in Canada, our footballers in Holland, our swimmers will be in Iceland and our boccia players will travel to Portugal. We will also learn if we have been successful in our bid to host the CPISRA Football 7-a-side European Championships in Glasgow next August. I wish you all every success wherever your sport may take you and I look forward to celebrating your success and development throughout 2009 / 2010.

Gavin Macleod
Chief Executive Officer

Review of the Year

SDS is delighted to welcome you to the 46th Annual General Meeting of the Association at the Windlestrae Hotel in Kinross. 2008 / 2009 has been a year of excitement, frustration and significant development as we continue to work toward the implementation of the outcomes and targets within our strategic plan 'Towards London & Beyond: 2006-2012'. The success of the Summer Paralympic Games in Beijing has provided SDS with the foundations to build upon as we head towards London 2012. There were 11 Scottish debutants within Team GB in Beijing and we must now add to this number if we are to reach our target of 10% Scottish representation within Team GB in London.

SDS is already starting to reap the benefits of Glasgow's successful bid to host the Commonwealth Games in 2014. Increased resources are being made available and many working partnerships are being strengthened to ensure that 2014 will be the most successful Games ever for Scottish athletes with a disability. There will be unprecedented levels of support and publicity in the run in to the Glasgow Games and this will be a once in a lifetime opportunity for SDS athletes to compete in front of a home crowd. In the last year Glasgow 2014 resources have been made available to enable SDS to establish a regional structure of Development Managers with a remit to identify and develop sporting talent. These officers will have the responsibility for ensuring a seamless pathway for sporting talent to progress from regional structures, through SDS squads and programmes, onto international representation.

These new regional posts will link closely to the established SDS branch structure which continues to drive the development of opportunities at a grass roots level. In the last year, SDS has worked closely with all 15 branches and special recognition must go to the army of volunteers who continue to give their time to create opportunities for athletes with a disability to participate and compete in their local area. All 15 SDS branches have been involved in the implementation of Minimum Operating Requirements in the last year ensuring best practice in governance, sports development and child & vulnerable adult protection. The SDS branch structure continues to receive substantial support from Scotland's local authorities and staff. This support of the volunteer network is critical and we take this opportunity to thank Scotland's local authorities.

SDS is also reliant on strong working partnerships at all levels of our sport specific pathways. Our sport specific performance plans are produced in conjunction with the mainstream governing body of sport to ensure best use of resources, manpower and expertise. Scottish athletes with a disability continue to benefit from their inclusion in the Scottish and Area Institute of Sport networks as they progress to representation on UK programmes.

Perhaps most importantly, SDS continues to benefit from the expertise, skill and knowledge of the large number of volunteer co-ordinators, coaches, carers and support staff who support our athletes within their sport specific programmes. We thank you all for your ongoing support.



The eight medals won by Scottish athletes at the Summer Paralympic Games in Beijing were the highlight of last year's achievements but Scottish athletes with a disability have continued to achieve on the international stage during 2009 / 2009. A comprehensive list of achievements can be seen later in this Annual Report but successes that merit special mention include Peter and Stephen McGuire's gold medals at the European Boccia Championships, the eight medals won by Scottish athletes at the INAS-FID Global Games, the 4th place finish for Scotland's Blind Bowlers at the World Blind Bowls Championships and the 5th place finish for Team Scotland at the World Wheelchair Curling Championships. SDS would like to congratulate all those athletes who continue to be exceptional ambassadors for their country whilst competing on the international stage and act as an inspiration for all those wishing to pursue a career in sport.

SDS also continues to co-ordinate and deliver a comprehensive programme of opportunities for athletes with a disability to participate, train and compete in their chosen sport. In the last year, SDS has run 17 national events, covering nine different sports and attracting almost 1,500 competitors. National squads have trained and competed throughout the year and an International Bowls Test Match was also staged in Fife this summer. SDS has also supported Scottish teams to compete in UK and international level competitions in the sports of athletics, badminton, boccia, bowls, football, swimming and wheelchair curling. Specific projects were also run in the last year in an endeavour to identify new sporting talent and to introduce this talent to the SDS family. Three Talent Identification Days were run in Dundee, Glasgow and Stirling, a new partnership has been established with the Spinal Injuries Unit at the Southern General Hospital and the well established Summer Sports Camp was once again held at the National Sports Centre Inverclyde.

Review of the Year

Education and training remains a key priority for SDS and in the last year over 600 participants have attended courses run by Association personnel. SDS has also been actively involved at a UK level in influencing the roll out of the UK Coaching Framework and in the development of a new UK Disability Inclusion Training Course. Perhaps the highlight of 2008 / 2009 was the staging of the SDS National Conference, 'Challenge to Change' which attracted over 200 delegates to the Edinburgh Conference Centre, Heriot Watt University. This Conference debated and addressed some of the issues currently affecting children and young people with a disability when accessing physical education and sport.

SDS is proud of the large number of key partners who continue to support the work of the Association at all levels. The downturn on the economy has had a significant impact on our finances in the last year so more than ever, we extend our thanks to the large number of organisations and agencies who continue to support the work of the Association. **sportscotland**, Capability Scotland, Nationwide and the Scottish Disabled Sports Trust along with Scotland's local authorities and governing bodies of sport have provided much needed resources to support the development of disability sport across Scotland and we thank them all most sincerely. Special thanks this year go to the Sportsman's Charity whose support of SDS will end after six years. The Sportsman's Charity have supported local and sports development programmes during this time and we hope that we will be able to resurrect this partnership in the future.

SDS continues to enjoy a special working relationship with **sportscotland** and this has been maintained following their recent relocation to their new base in Glasgow. **sportscotland** have always been a key partner for SDS and we would extend special thanks to Heather Lowden, Andy Bruce and John Gheel in particular for all their support

during 2008 / 2009. We would also like to extend our thanks and wish every success in the future to Gill Penfold, Emma O'Callaghan and Eliza Watson all of whom have left **sportscotland** for pastures new in the last year.

2009 / 2010 promises to be another exciting year for the Association with significant developments both at national and international level. We look forward to the successful implementation of the SDS Regional Structure and the undoubted benefits this initiative will bring, we will continue to support our branches through the implementation of the minimum operating requirements and we eagerly await the roll out of Disability Inclusion Training to education staff across the country. Scotland's wheelchair curlers will compete for Team GB at the Winter Paralympic Games in Vancouver, we will learn if our bid to host the CPISRA Football 7-a-side European Championships in Glasgow next summer has been successful, Scottish swimmers will feature in the GB team at the IPC European Swimming Championships in Iceland, our cyclists will compete at the UCI World Cycling Championships in Manchester and the World Boccia Championships in Portugal will provide our boccia players with the opportunity to compete against the world's best.

The list of achievements that follow describe in more detail just how much has been achieved during 2008 / 2009 and these successes are testament to the hard work and commitment of athletes, coaches, volunteers and staff and the strong working partnerships that always have and always will be the key to success for disability sport in Scotland. There are numerous threats and challenges to these partnerships at this time so it is more important than ever that every effort is made to ensure that shared agendas are developed and implemented to ensure the best possible environment of athletes with a disability in Scotland to participate, train, compete and achieve.



SDS's Photographic Record – Talent Identification Day



Scottish Disability Sport Awards



Fife Trophy

Coach of the Year

- 2000 Eddie McCluskie (Swimming)
- 2001 John Oulton (Athletics)
- 2002 Janice Eaglesham (Athletics)
- 2003 Ian Mirfin (Wheelchair Road Racing)
- 2004 Jane Sanderson (Wheelchair Curling)
- 2005 Anthony Stickland (Swimming)
- 2006 Tom Pendreigh (Wheelchair Curling)
- 2007 Jacqueline Lynn (Boccia)
- 2008 Stuart Sharp and Stuart Alexander (Football)

Glasgow Trophy

Service to Sport

- 2000 Gordon McCormack and Jacqueline Lynn
- 2001 Jim Thomson
- 2002 Jen Quinton
- 2003 David Thomson
- 2004 John Hood
- 2005 Jed Renilson
- 2006 John and Brenda Anderson
- 2007 Richard Brickley MBE
- 2008 Janice Eaglesham

Findlay Calder Trophy

Athlete of the Year

- 2000 Nicky Diatchenko
- 2001 Derek Frew
- 2002 Karen Lewis
- 2003 Stephen Payton
- 2004 Kenny Herriot
- 2005 Stephen Payton
- 2006 Stephen Payton
- 2007 Libby Clegg
- 2008 Allan Stuart

Brian Dolan Memorial Trophy

Swimmer of the Year

- 2000 Kenny Cairns
- 2001 Andrew Lindsay
- 2002 Lara Ferguson
- 2003 Mhairi Love
- 2004 Jim Anderson
- 2005 Jim Anderson
- 2006 Rebecca Lee
- 2007 Andrew Lindsay
- 2008 Jim Anderson

Special Award

SDS Plaque

- 2002 John Beattie (BBC Scotland) and Doug Gillon (The Herald)
- 2004 Millar Stoddart and Shirley Ann Harris
- 2005 Katie Still (BBC Scotland)
- 2006 Kate Caithness (Wheelchair Curling)
- 2007 Jim Fleeting (Scottish FA)
- 2008 Heather Lowden (**sportscotland**)

Angus Trophy

Sportsperson of the Year

Excluding athletics and swimming

- 2003 David Heddle (Bowls)
- 2004 Scottish Wheelchair Curling Team
- 2005 Aileen McGlynn (Cycling)
- 2006 GB Paralympic Wheelchair Curling Team
- 2007 Aileen McGlynn (Cycling)
- 2008 Scottish CP Football Squad

Elsbeth Watson Trophy

Individual outwith SDS who has contributed significantly to disability sport

- 2003 Bob Dick (Bowls)
- 2004 Jack Snowdon (Swimming)
- 2005 Pat Bennett (Swimming)
- 2006 Bernard Pirie (Swimming)
- 2007 Ena Stevenson (Wheelchair Curling)
- 2008 Angus Cameron (Athletics)

Gordon Brown Trophy

Athletes Athlete of the Year

- 2004 Maggi McEleny (Swimming)
- 2005 Jim Anderson (Swimming)
- 2006 Rebecca Lee (Swimming)
- 2007 Kenny Cairns (Swimming) and Peter McGuire (Boccia)
- 2008 Aileen McGlynn (Cycling)

Capability Scotland Silver Salver

Most Promising Newcomer

- 2004 Bernadette Leslie (Boccia)
- 2005 Angela McCowan (Swimming)
- 2006 Michael Kerr (Wheelchair Rugby)
- 2007 Stephen & Peter McGuire (Boccia)
- 2008 Craig Rodgie (Swimming)

Key Achievements during the Past Year

Key Area 1 – Developing the Sports

- Brothers Peter and Stephen McGuire were members of the GB team competing in the European Boccia Championships in Portugal. The pair were awarded gold medals in the BC4 Pairs event following victory over the Portuguese Paralympic silver medallists in the final by 4-3. Debutant Scott McCowan competed in the BC3 competition and finished runner up in his group.
- With Michael McCreddie as skip the Scottish team travelled to Vancouver for the World Wheelchair Curling Championships. After a disappointing start, Scotland won their last three games against China, Italy and Switzerland to finish the group stages with a 4-5 record. A play-off win against Norway secured a 5th place finish.
- The 2009 INAS-FID Global Games were held in the Czech Republic and three Scottish athletes were part of the 25 strong GB team. Athlete Allan Stuart won two individual gold and one individual silver medal. Swimmer Craig Rodgie won two gold, one silver and one bronze relay medal. Cyclist Scott Walker won a cycling combined bronze.
- The Third International Bowls Test Match was held at the Beveridge Park, Kirkcaldy, in July. Scotland's top 12 physically disabled and visually impaired bowlers hosted England in triples, pairs and singles. After two days of quality play the score was 43 points to 21 in favour of Scotland. Scotland now lead 2-1 in the series.
- GB wheelchair curling has selected the long squad for the 2010 Winter Paralympic Games in Vancouver. Michael McCreddie, Tom Killin, Rosemary Lenton, Angie Malone, Aileen Neilson and Jim Sellar are the six Scots in the squad. The squad will be cut to five in advance of the Games in March 2010.
- GB sent an experienced squad of 12 to the IPC World Archery Championships in the Czech Republic during August. The squad included Scottish archers Kate Murray and John Murray, John returned home with a silver medal from the compound team competition.
- The BT Paralympic World Cup was held in Manchester in May and six Scottish based athletes were selected to take part. In swimming, Jim Anderson and Charlotte Henshaw won gold in the 50m Backstroke and 100m Breaststroke respectively and Sean Fraser won bronze



in the 400m Freestyle. Cyclist Aileen McGlynn, with new tandem pilot Vicky Begg, won double gold in the 1km time trial and 3km pursuit. Neil Fachie won double silver in the 1km time trial and sprint events in his first competitive outing as a cyclist. Paralympic silver medallist, Libby Clegg won gold in the T12 100m.

- Scottish archer Murray Elliot was part of the GB Paralympic Team that travelled to the USA to compete in the Arizona Cup. Murray was a member of the Men's Recurve Team that won team bronze. The GB Paralympic Squad competed in the IPC World Invitational Shoot at Stoke Mandeville and John Murray won gold as a member of the Men's Compound Team. Kate Murray won bronze in the Ladies Recurve Team event
- Helensburgh's Gordon Reid has had another successful year winning North East Challenge, Cruyff Foundation International, Esporta Cardiff and North West Challenge titles as well as clinching his first NEC Tour title at the Polish Open Championships. Gordon was also confirmed as GB No. 1 and World Junior No. 1 in rankings published by the International Tennis Federation.
- Two of Scotland's top BC4 boccia players were part of the GB team that competed in the the Czech International Championships. Stephen McGuire emerging as winner of the BC4 section whilst debutant Jamie McCowan topped his group before losing out in the quarter final stages.
- The Scottish CP Football squad travelled to the Danish Invitational Tournament for the third time in five years. The Scots were undefeated throughout the competition finishing in silver medal position, only losing to Holland on goal difference. Involvement in this tournament was part of the squad's preparations for the 2009 CPISRA Football 7-a-side International Championships to be held in Holland in October.
- The GB and Scotland wheelchair curling squads took part in a bonspiel in Utica, USA and then travelled to British Columbia for the Richmond International Cashpiel. The GB team made the semi finals in both events while the Scottish team had some close games and gained further valuable experience of international competition.
- The Scottish Blind Bowling squad travelled to Victoria, Australia to compete in the 2009 World Blind Bowls Championships. The squad of ten bowlers finished

Key Achievements during the Past Year

- 4th overall and Harry Harris returned home with an individual silver medal following an excellent display in the B2 section.
- SDS, in partnership with the Scottish FA, has now submitted a joint bid to CPISRA to host the Football 7-a-side European Championships in Glasgow in August 2010. Key partners in the bid include Capability Scotland, Event Scotland, Glasgow City Marketing Bureau, UK Sport, **sportscotland** and Glasgow City Council. CPISRA will announce the host nation for these Championships in early October.
 - The inaugural Kinross Wheelchair Curling International was held at Kinross Ice Rink with teams from Canada, Russia, Norway, Switzerland, England, Wales, Scotland and GB competing. The competition culminated in an all Canadian final with the Canada 1 rink emerging victorious.
 - Following this year's British International Swimming Championships in Sheffield, four Scottish based swimmers have been selected to represent GB at the IPC European Swimming Championships in Iceland in October. Jim Anderson, Sean Fraser and Charlotte Henshaw will be joined in the GB squad by S14 swimmer Craig Rodgie. Swimmers with a learning disability have been included in a GB swim team for the first time since the Sydney Paralympics in 2000.
 - The Scottish CP Football squad travelled to Finland to compete in international friendly matches with the host nation. The 12 man Scotland squad included a mix of senior and development players. Scotland recorded three victories of 9-1, 4-0 and 2-0.
 - The 2009 UK School Games were held in Wales during September. A total of eight swimmers and one wheelchair athlete from Scotland were involved in the games.
 - The Special Olympics GB Summer Games were held in Leicester during July with over 2,700 athletes, 1,200 coaches and 1,500 volunteers representing 19 Special Olympic Regions across the UK. The eight Scottish regions sent around 800 athletes and 200 coaches to the Games.
 - Gordon Reid and Kevin Simpson were both selected to represent Team GB at the Invacare World Team Cup in Nottingham in July. The GB Team came in fifth overall.
 - The selections have been made for the GB Boccia squad and once again Stephen and Peter McGuire are included in the senior squad. In addition, three of the younger members of the Scottish squad, Joshua Rowe, Scott McCowan and Jamie McCowan have also been invited to attend the training squads for a six month trial period.
 - Angie Malone, skipped her rink of Ian Donaldson, Jim Elliot and Jim Taylor to a 6-4 win over Jim Gault's rink to win the British Open Wheelchair Curling Championships at Kinross last November.
 - Team Scotland travelled to the British Senior Short Course Swimming Championships with a 21 strong squad. The Championships were once again held at Ponds Forge in Sheffield and the Scots finished the Championships in 3rd place.
 - The Scottish Senior and Future CP Football Squads competed in the Home Nations Development Tournament in England in June. The Senior Squad was involved in two close games with England and the Republic of Ireland losing 1-0 and 3-2 respectively. The futures squad results included defeats to England and Northern Ireland 2-1 and 5-2 and a 1-0 victory over the Republic of Ireland.
 - The four Nations Badminton Tournament was hosted by Badminton Scotland at Largs with almost 80 players in attendance. The event was supported by Scottish players from Aberdeenshire, Ayrshire, Fife, Forth Valley, Glasgow, Lothian and South Lanarkshire.
 - SDS Academy athletes, Colette Martin and Robert Ferrol travelled to Blackpool to compete in the DSE Junior Athletics Championships. Robert won two silvers and a bronze medal while Colette finished the competition with three gold medals and a Championship record in the 100m.
 - The Scottish Learning Disability under 19 Football Squad travelled to Dublin to compete in the Home Nations Football Championships. The Scottish squad finished the Championships in silver medal position following a 4-2 victory over Northern Ireland and a 4-1 defeat to the Republic of Ireland.
 - The 2009 British Junior Swimming Championships attracted over 200 competitors from the UK and overseas. Scotland selected a team of 15 young swimmers for Sheffield and finished in 5th place in the team competition, with 11 Scottish swimmers winning individual gold medals.
 - In the last 12 months, three Talent Identification days were held in Dundee, Glasgow and Stirling. The aim of these days was to identify talented athletes with potential to progress to Commonwealth Games and Paralympic Games selection. A total of 62 participants attended and 15 have been identified for further training and development.
 - SDS has formed a partnership with the Scottish Table



Key Achievements during the Past Year

- Tennis Association to increase opportunities for players with a disability. A draft development plan has been produced and this will be rolled out in the coming months.
- The first Active Schools Open Boccia tournament was held at Easterhouse Sports Centre in Glasgow last November with 79 participants from across Scotland.
 - The third annual Sports Hall athletics event was held at Grangemouth Sports Centre in partnership with **scottishathletics**. Nine teams and over 100 players attended. The team event was won by Highland.
 - This year's National First Shinty Festival was held at Carronvale House, Larbert in partnership with the Camanachd Association. The event was open to children aged 12-18 with learning disabilities with eight teams and 78 players from seven different local authorities taking part.
 - The second schools disability badminton carnival was hosted by Sport Glasgow at the National Badminton Centre. Over 70 pupils from schools in the west of Scotland attended.
 - A wheelchair football development day was organised in partnership with the Scottish FA at Stirling University. The day proved to be a big success with 18 participants and four coaches in attendance.
 - The Spinal Injuries Unit at the Southern General Hospital in Glasgow held a Paralympic week for present and past patients in a wide variety of sports. Several sessions were delivered by SDS personnel and a partnership has now been established between SDS and Spinal Injuries Unit.
 - The SDS Summer Sports Camp was held at the National Sports Centre Inverclyde during July. 38 young athletes with physical disabilities and sensory impairments were in attendance. This was the ninth year that the camp has been held.
 - SDS, in partnership with **scottishathletics**, has introduced a new National Athletics Squad structure. Regional centres in the West, East and Highlands will offer athletes regular training opportunities and support services. A wheelchair racing squad has been established. Athletes from the centres will then come together for squad selection for events and competitions.
 - SDS athletes continue to benefit from services provided through the Scottish Institute of Sport. In the last year 25 athletes from seven sports have benefited from support programmes provided through the Scottish Institute network
 - The Area Institute of Sport (AIS) / SDS High Performance Group meets to discuss athlete selections to the AIS Network. There are currently 19 athletes across 11 sports supported through the AIS Network
 - The SDS Academy Performance Group has continued to make strategic decisions about the SDS Athlete Academy. The group considers selections, selection criteria and the appropriate delivery of athlete services. In the last year the SDS Athlete Academy has provided individualised support programmes for 17 athletes across six sports.
 - Key partnerships continue to be developed with Scotland's Governing Bodies of Sport and joint working groups remain in place with **scottishathletics**, the Royal Caledonia Curling Club, Badminton Scotland and the Scottish Football Association.
 - SDS continues to co-ordinate comprehensive national events and squad training programmes across a wide variety of sports. In the past year a total of 21 National Championships involving nine sports have been organised.
 - SDS works closely with all of Scotland's Local Authorities and continues to work in partnership with the 21 Authorities who support local SDS branches.
 - SDS has supported the development of sport specific clubs in the sports of badminton, boccia, football, shinty, wheelchair curling and wheelchair basketball.



Key Area 2 – Education & Training

- In the last year a total of 15 Disability Awareness Training courses have been run in conjunction with Scotland's local authorities and governing bodies of sport involving 256 participants. An additional 14 courses were co-ordinated as part of the SDS Education & Training Calendar. These courses covered topics and issues relevant to disability sport in Scotland and included athletics, boccia, football, pool work, classification and badminton. 151 participants attended.
- The SDS Disability Inclusion Training programme, co-ordinated in partnership with **sportscotland** and the Youth Sport Trust, has now been extended to be offered to education staff across Scotland. A total of 42 courses are being offered to Scotland's 32 local authorities starting from August.

Key Achievements during the Past Year

- Disability Inclusion Training was delivered to students and staff at Edinburgh University, Glasgow University, St Andrews University, Kilmarnock College and West Lothian College. Approximately 200 students benefited from this training.
- SDS continues to work closely in partnership with Scotland's Governing Bodies of Sport. SDS personnel have supported the delivery of coach education courses and disability inclusion training with the sports of athletics, boccia, football, sailing, swimming and wheelchair curling.
- SDS was heavily involved in the UK Coaching Summit that was held in Glasgow during April. SDS personnel were involved in workshops and panels which contributed to the inclusion theme which ran throughout the Summit.
- SDS has been involved in a home nations working group to develop a UK Disability Inclusion Training Course. The course has been developed in partnership with our home nation's disability sport partners, Sports Coach UK and Sports Leaders UK.
- SDS has teamed up with Sport Tayside and Fife (STF) to facilitate the involvement of sports coaches in the well established STF Coach Scholarship Programme. This programme has now been accessed by the four SDS branches in the area as well as coaches who are known to be active in disability sport.
- In the last year, SDS has run two mainstream coaching awards for those active within disability sport. A Badminton Level One Course was run in partnership with Badminton Scotland in Dunfermline in February attracting 12 participants. A Table Tennis Leaders Course was then run in partnership with the Scottish Table Tennis Association in Glenrothes in April attracting 15 participants.
- SDS continues to Chair the UK Disability Sport Coaching Learning and Leadership (UKDSCL&L) Group which aims to ensure that inclusion is a priority, through sport coaching, learning, and leadership. The group aims to co-ordinate the quality of disability sport coaching, working in conjunction with Sports Coach UK, to ensure that the key principles of the UK Coaching Framework vision and the five strategic action areas, are fully inclusive.
- SDS delivered a short presentation on behalf of the UKDSCL&L Group to the UK Coaching Strategy Group in Glasgow in March. The aim of the presentation was to agree a strategic approach to addressing inclusion within the UK Coaching Framework.
- SDS delivered a two hour workshop at the Scottish Sports Development Conference in Aviemore in May. The presentation focused on an inclusive approach to



sports development and participants completed several interactive tasks to support this process.

- SDS personnel have continued to be involved in the tutoring of Sports Coach UK courses across Scotland. In the last year a total of 26 courses have been run attracting 318 participants.

Key Area 3 – Governance

- SDS, in partnership with **sportscotland**, has now begun to roll out of an ambitious new six region structure across Scotland. Regional Development Managers will be employed with the remit to establish seamless pathways for sportsmen and women to progress from regional structures through to SDS Squads and programmes. In the first phase of implementation two posts will be established in the West of Scotland and single posts in the East of Scotland and Grampian.
- The SDS Minimum Operating Requirements (MOR) for governance, child and vulnerable adult protection and sports development have now been introduced across all 15 local branches. Three Branch MOR Roadshows were held followed by individual meetings with all branches. SDS officers have now produced update reports on all branches and have passed these to the SDS Management Board for their consideration.
- The SDS Operational Plan and budget for 2009 /2010 was produced and submitted to **sportscotland**. The plan has been produced to reflect the outcomes and targets of the SDS strategic plan 'Towards London and Beyond: 2006-2012' and has also been used to support the development of SDS staff work programmes.
- Sport Specific Action Plans have been produced for the sports of athletics, boccia, bowls, football, swimming and wheelchair curling. All six action plans reflect the targets identified through the current Sport Specific Performance Plans.
- SDS has appointed an Assistant National Football Development Officer with a remit to develop, promote and implement regional structures and infrastructures for footballers with a disability throughout Scotland. The funding for this post has been provided by **sportscotland** and the Scottish FA and is linked to the SDS bid to host the CPISRA Football 7-a-side European

Key Achievements during the Past Year

- Championships in Glasgow in August 2010.
- In April, SDS moved into new office accommodation within Caledonia House in Edinburgh. The move was necessitated by the need for greater office and storage space to reflect the growth of the Association's workforce.
- Following a comprehensive review of the Association's IT systems, conducted by Rodair Ltd, SDS has now installed a new server, backup system and anti-spam software.
- Work has now commenced on the submission for the Preliminary level of the Equity Standard for Sport. A task plan has been produced and actions have been agreed to progress this work.
- The SDS Management Board was involved in a two day training and development opportunity at the National Sports Centre, Inverclyde during March. This training was led by Alison Pithie and was co-ordinated through the **sportscotland** Modern Sport Programme
- SDS continues to be represented on the UK Disability Sport CEO Group and the UK Disability Sport Performance Development Group.
- SDS has provided oral and written evidence to the Scottish Government's Pathways into Sport enquiry and has also been closely involved in the Glasgow 2014 Legacy – Sport Sub Group.
- Capability Scotland, The Sportsman's Charity, Nationwide and the Scottish Disabled Sports Trust have financially supported SDS programmes, events, squads and athletes during the last year.
- The **sportscotland** integrated investment programme continues to support the work of the Association at all levels.
- SDS continues to provide support for the development of the 15 local branches across Scotland.
- SDS continues to receive substantial support, from Scotland's Local Authorities, Governing Bodies of sport and Local Sports Councils.
- SDS continues to work in partnership with **sportscotland** and the Scottish Executive on all matters relating to disability sport in Scotland.
- The late Isabel Newstead MBE was inducted into the Scottish Sports Hall of Fame last November becoming the first athlete with a disability to be awarded this accolade.
- Leeds Metropolitan University have been working with **sportscotland** and SDS to produce a Good Practice Guide for Disability Sport containing a variety of detailed case studies as well as a comprehensive literature review. It is hoped that the final copy of both publications will be produced by the end of the year.
- SDS has commenced work on the production of a promotional DVD highlighting the work of the Association and opportunities available to athletes and coaches.
- The Scottish FA's National Development Manager – Disability, Stuart Sharp was invited to deliver a presentation to the 8th UEFA Grassroots Conference in Germany. Stuart's presentation highlighted best practice in Scotland and emphasised the importance of the close working partnership with SDS.
- Two of Scotland's Beijing Paralympic heroes were further honoured with the awarding of OBEs in the last year. Cyclist Aileen McGlynn received her award in the New Year Honours list and swimmer Jim Anderson received his award in the Queen's Birthday Honours list.
- The SDS Professional Officers Group continues to meet on a six monthly basis offering local development officers with a remit for disability sport the opportunity to share best practice and discuss issues affecting disability sport.
- The Active Schools Inclusion group, established in partnership with **sportscotland**, has met twice in the last year. All of Scotland's local authorities have nominated an officer with a remit for inclusion to attend these meetings to inform, discuss and share good practice on issues affecting the inclusion of pupils with disabilities.
- The SDS newsletter 'Changing with the Times' continues to be produced annually to promote the work of the Association to all key partners.
- SDS continues to produce a bi-annual Calendar of Events and an annual Education & Training Calendar.
- SDS continues to communicate with key partners on a weekly basis and through the Association web site.

Key Area 4 – Communication

- The 2009 SDS National Conference, 'Challenge to Change' was held at the Edinburgh Conference Centre, Heriot Watt University in February. The Conference focused on the issues affecting children and young people in accessing physical education and sport. The conference attracted 218 delegates from schools, universities, sports development and governing bodies of sport.

Summarised Accounts

SCOTTISH DISABILITY SPORT (SDS) (Company Limited by Guarantee)

SUMMARISED STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 March 2009

	Unrestricted Fund	Restricted Funds	Total Funds 2009	Total Funds 2008
Income				
<i>Incoming resources from generated funds:</i>				
Grants and donations	56,145	336,809	392,954	388,484
Membership subscriptions	3,350	–	3,350	3,550
Bank interest	13,779	–	13,779	20,775
<i>Incoming resources from charitable activities:</i>				
Events and activities	48,911	725	49,636	50,424
	<u>122,185</u>	<u>337,534</u>	<u>459,719</u>	<u>463,233</u>
Expenditure				
Charitable activities	115,173	416,132	531,305	442,884
Governance costs	17,412	1,448	18,860	15,925
	<u>132,585</u>	<u>417,580</u>	<u>550,165</u>	<u>458,809</u>
Net movement in funds before transfers	(10,400)	(80,046)	(90,446)	4,424
Transfers	5,532	(5,532)	–	–
Net movement in funds after transfers	<u>(4,868)</u>	<u>(85,578)</u>	<u>(90,446)</u>	<u>–</u>
Funds brought forward	169,127	244,161	413,288	408,864
Funds carried forward	<u>£ 164,259</u>	<u>£ 158,583</u>	<u>£ 322,842</u>	<u>£ 413,288</u>

SUMMARISED BALANCE SHEET at 31 March 2009

	2009	2008
Tangible Fixed Assets	<u>5,966</u>	<u>3,032</u>
Current Assets		
Stocks	2,190	1,425
Debtors	50,898	29,875
Cash at bank and in hand	574,988	487,332
	<u>628,076</u>	<u>518,632</u>
Creditors: Amounts falling due within one year	<u>(311,200)</u>	<u>(108,376)</u>
Net Current Assets	<u>316,876</u>	<u>410,256</u>
Net Assets	<u>£ 322,842</u>	<u>£ 413,288</u>
Funds		
Unrestricted	164,259	169,127
Restricted funds	158,583	244,161
	<u>£ 322,842</u>	<u>£ 413,288</u>

The summarised accounts are a summary of information extracted from the full annual accounts and therefore may not contain sufficient information to allow a full understanding of the financial affairs of the Charity. For further information the full annual accounts and the auditor's report on those accounts should be consulted; copies of these can be obtained from the Company Secretary.

GL McCormack, Chairperson

31 August 2009

Auditor's Statement

In our opinion the summarised accounts are consistent with the full annual accounts from which they are extracted. Our audit report on the full annual accounts was unqualified.

Geoghegan & Co

Chartered Accountants and Registered Auditors

31 August 2009

Acknowledgements

Scottish Disability Sport acknowledges the many agencies that have supported its activities during the past year, and wishes to thank the following in particular:



sportscotland



equality • choice • control



sportscotland

Scottish Disabled Sports Trust
Capability Scotland

Scottish Sports Aid Foundation
The Sportsman's Charity
Nationwide

Youth Sport Trust

Scotland's Local Authorities

Scotland's Governing Bodies of Sport
and in particular

Scottish Swimming and British Swimming

Scottish Athletics and UK Athletics

The Royal Caledonian Curling Club
Glasgow 2014

Scottish Football Association

Camanachd Association

United Kingdom Sports Association

Badminton Scotland

Fife Council *and*

The Fife Institute of Physical and Recreational Education

sportscotland Institute of Sport and Area Institutes of Sport

Scotland's Local Sports Councils

SportCentral

UK Sport

Disability Sport Events

Geoghegan & Co

Special Olympics Scotland

Multiprint (Scotland) Limited

Sport Focus

Commonwealth Games Council for Scotland

Paralympics GB

Children 1st

Centre for Sport & Recreation, University of Stirling
Sports Coach UK



scottishathletics



SCOTTISH SWIMMING



sportscotland
institute of sport
high performance expertise



THE
Sportsman's
CHARITY



Photographs taken by:
SDS Officers, Steph Brown, Andy Kelly
and Alistair Stephen.



SCOTTISH DISABILITY SPORT

LEADING THE DEVELOPMENT OF SPORT IN SCOTLAND FOR PEOPLE OF ALL AGES AND ABILITIES WITH A PHYSICAL, SENSORY OR LEARNING DISABILITY

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Scottish Disability Sport is a registered Scottish Charity
Charity No: SC009609 Company No: SC246327



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