

## 2016 Rio Paralympic Games Athlete Profile: Jonathan Paterson



<b>Date of birth</b>	15 January 1988
<b>Home town</b>	Motherwell, South Lanarkshire
<b>Occupation</b>	Accounts processor
<b>Sport</b>	Football
<b><u>Classification</u></b>	CP7
<b>Events</b>	European Championships
<b>World Cups</b>	Beijing Paralympics 2008 London Paralympics 2012
<b>Club</b>	<a href="#">Motherwell Community Trust Armatures</a>
<b>Coach</b>	David McArdle

### Personal Bests

Finishing 5th in the European Championships with Scotland in 2010

### How and when did you become involved with your sport?

I first got involved when my dad saw on the [Scottish FA](#) website there was a disability section and contacted the development officer - at the time Stuart Sharp. That was in June 2006 and my first competition was the European Championships.

### Sporting Highlights

Maintaining my fitness and my ability going into my 10th year in the program. I am captain of the Scotland team and trying to make my third Paralympics. Over the years the program has only got stronger with better quality players coming in, increasing the standard of the game remarkably. I'm proud that I have never quit because of the challenges that we face and aware that I need to better myself all the time to stay a key member of the squad.

### Sporting Goals

Winning the forthcoming intercontinental championships with Scotland in Denmark 2016 and making the squad for Rio 2016.

### One piece of advice for an aspiring athlete?

"Fail to prepare, prepare to fail."



[@jonnypaterson10](#)