

Classification for SDS Junior Swimming

1. Eligibility

- The Junior Championships are open to swimmers under 18 years of age, on the day of the event who have a physical, sensory or learning disability.
- Eligible youngsters may attend a school or college and/or be a member of a mainstream swimming club or disability swimming club.
- There is a Junior Championships for swimmers who are deaf, blind/partially sighted or have a physical disability (cerebral palsy, spina bifida, amputee etc.). There is a Junior Championships for swimmers with a learning disability. If a swimmer has a physical and/or sensory disability plus a learning disability, the swimmer should be entered for the Championships for swimmers with a learning disability.
- Swimmers must be able to swim 25 metres without assistive devices to be entered for either of the Championships.
- If area contact personnel, teachers or coaches are uncertain about the eligibility of a swimmer, the matter should be referred to Richard Brickley, the SDS Classification Coordinator for a ruling. Staffs are reminded that eligible swimmers must have a physical, sensory or learning disability.

2. Time Bands And Information On Open Events

- i. Free Style Front, Free Style Back, Adapted Breast Stroke – physically impaired and VI / blind swimmers

Free Style Front, Free Style Back, - swimmers with a learning disability.

Time bands are as follows:

25 metres Pool

Class	Distance	From	To
1	50 metres	Up to	49.99 secs
2	50 metres	50.00	56.99 secs
3	50 metres	57.00	66.99 secs
4	50 metres	67.00	78.00 secs
5	25 metres	28.00	32.99 secs
6	25 metres	33.00	37.99 secs
7	25 metres	38.00	43.99 secs
8	25 metres	44.00	50.99 secs
9	25 metres	51.00	57.99 secs
10	25 metres	58.00	and up

Swimmers may not be entered in more than one class for each stroke

- ii. 75 Metres Individual Medley – physically impaired and VI / blind swimmers only

Class	From	To
1	Up to	1.29.99
2	1.30.00	1.44.99
3	1.45.00	1.59.99

4 2.00.00 3.00.00

iii. Breast Stroke – swimmers with a learning disability only

Class	Distance	From	To
1	50 metres	Up to	56.99 secs
2	50 metres	57.00	66.99 secs
3	50 metres	67.00	78.00 secs
4	25 metres	28.00	32.99 secs
5	25 metres	33.00	37.99 secs

iv. Butterfly – physically impaired, VI / blind and swimmers with a learning disability

Class	Distance	From	To
1	50 metres	Up to	44.99 secs
2	50 metres	45.00	57.00 secs
3	25 metres	28.00	32.99 secs
4	25 metres	33.00	44.00 secs

3. 100 metres Individual Medley – Open Physically disabled, VI / blind and swimmers with a learning disability

- available only to swimmers who record a time of less than 28 seconds for 25 metres Butterfly.

4. 100 metres Free Style - Open Physically disabled, VI / blind and swimmers with a learning disability

- all swimmers who record a time of less than 42 seconds for 50 metres free style must enter this free style event only.

5. 50 metres Free Style Front, 50 metres Free Style Back, 50 metres Breast Stroke
50 metres Butterfly and 100 metres IM – OPEN

- Available to swimmers who are deaf. These events will be included in the Championships for physically disabled and sensory impaired swimmers.

- The 100 metres IM is available to swimmers who swim 25 metres butterfly in less than 28 seconds.